**Contentment in Christ: Cultivating a Spirit of Well-being**

*Philippians 4*

**Summary**: The outline focuses on the call to contentment, the source of contentment, and the fruit of contentment, all derived from the suggested title, topic, and scripture.

**Topic**: Contentment

## The Call to Contentment [Philippians 4:11-12]

1. Embracing the Attitude of Acceptance

2. Finding Fulfillment in Every Circumstance

3. Letting Go of Comparison and Covetousness

## The Source of Contentment [Philippians 4:13]

1. Drawing Strength from Christ

2. Trusting in His Provision

3. Resting in His Sovereignty

## The Fruit of Contentment [Philippians 4:7, 19]

1. Experiencing Peace that Transcends Understanding

2. Receiving God's Abundant Blessings

3. Radiating Joy and Gratitude