

# Contentment in Christ: Cultivating a Spirit of Well-being

*Philippians 4*

**Summary:** The outline focuses on the call to contentment, the source of contentment, and the fruit of contentment, all derived from the suggested title, topic, and scripture.

**Topic:** Contentment

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## The Call to Contentment [Philippians 4:11-12]

1. Embracing the Attitude of Acceptance
2. Finding Fulfillment in Every Circumstance
3. Letting Go of Comparison and Covetousness

## The Source of Contentment [Philippians 4:13]

1. Drawing Strength from Christ
2. Trusting in His Provision
3. Resting in His Sovereignty

## The Fruit of Contentment [Philippians 4:7, 19]

1. Experiencing Peace that Transcends Understanding
2. Receiving God's Abundant Blessings
3. Radiating Joy and Gratitude