

Recognizing fear and shame in our lives

Hebrews 12:1

Summary: The verse reference [Hebrews 12:1] is divided into three parts (a, b, c) to correspond with each point in the outline.

Topic: Recognizing Fear and Shame in Our Lives

Identifying the Impact of Fear [Hebrews 12:1a]

1. The paralyzing power of fear
2. The consequences of living in fear
3. Overcoming fear through faith

Unmasking the Grip of Shame [Hebrews 12:1b]

1. Understanding the roots of shame
2. The destructive effects of shame
3. Embracing God's grace to break free from shame

Pursuing Freedom and Wholeness [Hebrews 12:1c]

1. Seeking healing through vulnerability and confession
2. Cultivating a healthy self-image in Christ
3. Walking in the freedom and victory found in Jesus