**Dealing with Expectations from Others**

*John 6:35*

**Summary**: The verse John 6:35, 'Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty,'' serves as the foundation for each point, emphasizing the importance of finding true satisfaction in Christ and relying on Him to navigate the expectations of others.

**Topic**: Overcome

## Recognize the Real Source of Satisfaction [John 6:35]

1. Rely on the Bread of Life

2. Reject the Worldly Expectations

3. Refocus on God's Promises

## Release the Burden of Others' Expectations [John 6:35]

1. Understand the Nature of Human Expectations

2. Embrace Your Identity in Christ

3. Entrust Your Life to God's Guidance

## Respond with Grace and Authenticity [John 6:35]

1. Cultivate a Heart of Compassion

2. Communicate Openly and Honestly

3. Choose Love over Approval