

# Contentment in Christ

*Romans 14:22*

**Main idea:** To teach the congregation about finding contentment in Christ, regardless of external circumstances.

**Topic:** Contentment in Christ

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Scripture verses to support contentment in Christ:

1. Philippians 4:11-13 - "Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me."

2. 1 Timothy 6:6-8 - "But godliness with contentment is great gain, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content."

3. Hebrews 13:5 - "Keep your life free from love of money, and be content with what you have, for he has said, 'I will never leave you nor forsake you.'"

Language suggestions from the original languages:

1. In Philippians 4:11, the Greek word for "content" is "autarkēs," which conveys the idea of self-sufficiency or being satisfied within oneself. Emphasize the importance of finding contentment in Christ rather than relying on external circumstances.

2. In 1 Timothy 6:6, the Greek word for "contentment" is "euthymia," which means a state of well-being or tranquility. Highlight the peace and fulfillment that comes from being content in Christ.

Other relevant passages:

1. Matthew 6:25-34 - Jesus' teaching on not worrying about material needs but seeking God's kingdom first.

2. Ecclesiastes 5:10 - Reflecting on the vanity of pursuing wealth and possessions.

3. Luke 12:15 - Jesus' warning against greed and the pursuit of material possessions.

To reinforce your current ideas without personal examples:

1. Share testimonies or stories from other individuals who have found deep joy and contentment in Christ.

2. Provide practical steps or exercises for your listeners to cultivate contentment in their own lives, such as gratitude journaling or focusing on God's faithfulness.

3. Offer specific prayers or affirmations that can help your audience shift their perspective towards contentment in Christ.

Remember to tailor these suggestions to fit your sermon's flow and the needs of your congregation.