

# Finding Refuge in God

*Any*

**Main idea:** To encourage believers to seek refuge in God during times of fear and uncertainty

**Topic:** Fled and Scared

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Suggestions for moving forward with your sermon:

1. Build on the concept of the cave as a refuge:

- Explore the idea of God as our ultimate refuge, a safe place to flee to in times of fear and uncertainty.
- Highlight biblical examples of individuals seeking refuge in caves, such as David hiding from Saul in the cave of Adullam (1 Samuel 22:1-2).
- Emphasize the importance of finding refuge in God's presence, where we can find comfort, strength, and protection.

2. Expand on the theme of being fled and scared:

- Discuss the various situations in life that can make us feel scared and vulnerable, such as personal challenges, societal unrest, or global crises.
- Share examples from the Bible of individuals who experienced fear and uncertainty, like Elijah fleeing from Jezebel (1 Kings 19:1-9).
- Highlight how God's presence can provide courage and peace in the midst of our fears.

3. Include additional supporting Scripture verses:

- Psalm 46:1-3: "God is our refuge and strength, an ever-present help in trouble."

- Psalm 91:1-2: "Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, 'He is my refuge and my fortress, my God, in whom I trust.'"

- Isaiah 41:10: "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

#### 4. Utilize language suggestions from original languages:

- In Psalm 46:1, the Hebrew word for "refuge" is "machaseh," which conveys the idea of a shelter or a place of trust.

- In Isaiah 41:10, the Hebrew word for "fear" is "yare," which can also mean to revere or stand in awe of God's power and presence.

Remember to weave these ideas and Scripture passages into your sermon in a way that reinforces your main points. Use relatable examples, illustrations, and practical applications to help your audience connect with the message.