

NACOR COMPETENCIES

Expires	Course	Competencies Third Edition	Competencies Fourth Edition
2027-11-25	Advanced Prism Applications		2.2.3, 2.5.4, 2.5.10, 3.2.5, 3.6.1
2028-03-18	Colour Vision: Do You See What I See?		3.1.1, 3.2.4, 4.1.1, 4.6.6
2028-03-18	Contact Lens Related Microbial Keratitis: Reducing the Risks and Optimizing Outcomes		4.1.4, 4.5.1, 4.5.3, 4.10.2, 4.10.7
2028-01-13	Head and Facial Asymmetry: Dispensing Considerations		3.2.1, 3.2.5, 3.5.1, 3.5.5, 3.6.1
2027-11-25	Looking Out For Trouble With Fitting Multifocals		3.3.5, 3.5.1, 3.5.4, 3.7.3, 3.7.6
2027-11-25	Multifocals: How We Got Here and Ideas For the Future		3.2.1, 3.2.3, 3.6.1, 3.7.5
2028-03-18	Optical Case Studies of the Rich and Famous: Troubleshooting from the Exam Room to the Optical		2.2.3, 3.2.5, 3.3.6, 3.5.5, 3.6.1
2028-03-18	Ortho-K, Myopia and the Evolving Scope of Opticianry		2.1.6, 4.2.1, 4.2.3, 4.6.5, 4.10.3

2027-11-25	Power Optics of Magnification	3.2.3, 3.13.2, 3.13.9, 3.13.12
2028-05-08	Power Optics: Nominal Versus 3D Position of Wear	2.1.2, 2.2.2, 2.2.3, 3.1.3, 3.2.1, 3.2.3, 3.12.2, 3.13.2, 3.13.9, 4.1.2, 4.2.1
2028-01-13	Role of Contact Lenses in Pediatric Population	4.1.1, 4.1.2, 4.1.3, 4.2.2, 4.3.2
2028-05-08	Six Keys to Sun Wear Sales	3.1.3, 3.1.6, 3.2.4, 3.7.5
2027-11-25	Solutions for Anisometropia	2.3.6, 3.13.4, 3.13.9, 4.2.3
2027-11-25	Solutions to Low Vision Beyond Magnifiers	3.1.1, 3.13.9, 3.13.10, 3.13.11, 3.13.12
2028-02-13	The History of Eyeglasses	3.2.1, 3.2.2, 3.2.5, 3.5.5, 3.7.1
2027-11-25	What is Glaucoma?	2.1.5, 3.1.5, 3.11.7
2028-05-08	What's New for Opticians and Technicians?	1.7.1, 2.2.1, 3.1.1, 3.7.4, 3.7.6

2028-01-13	Where Is My Money?	1.1.8, 1.1.9, 1.1.10, 1.1.11
2025-08-24	Customer Service - Top 10 Absolutes	
2025-07-14	Ocular Motility and Vision Testing	
2025-07-14	Ocular Surface Testing	
2025-10-05	Personalities in the Workplace	
2025-10-05	Pre-Testing Essentials	
2025-11-01	Put a Lid On It	
2025-10-05	Therapeutic Application of Various Tints in Ophthalmic Lenses	
2025-11-14	Visual Acuity Testing	2.5.1, 2.5.2, 2.5.4, 2.5.9, 2.5.10, 2.7.2, 3.1.2, 3.5.1, 3.5.4, 3.6.2, 3.10.2, 3.13.3, 3.13.4, 4.1.2, 4.5.3, 4.5.6, 4.6.1

2026-04-13	8 Proven Strategies That Increase Capture and Revenue	2.1, 2.2	1.1.3, 1.1.8, 1.7.2
2026-11-20	Colour Vision	6.2, 8.2	3.1.1, 3.2.4, 4.1.1, 4.6.6
2026-05-26	Conflict Avoidance and Resolution	1.1, 2.1, 2.2	1.1.1, 1.1.5, 1.1.9
2026-03-20	Digital Review of Ophthalmic Optics	6.2, 6.3, 7.1, 9.1	3.1.3, 3.2.1, 3.2.2, 3.2.4, 4.1.3, 4.2.1
2026-05-26	Eye-Opening Retail Team: Enhancing Social Intelligence in First Impressions	2.1, 2.2	1.1.5, 1.1.9
2026-09-27	Guiding Opticians: Navigating Ocular Emergencies in Patient Care	6.2, 8.1, 10.4, 11.3	2.5.9, 2.7.3, 3.1.7, 3.5.2, 3.13.1, 4.1.4, 4.1.7, 4.10.2, 4.11.7
2026-05-26	How to Be a Better Than Average Employee	2.1, 2.2	1.1.5, 1.1.9
2026-04-13	How to Build a Proficient and Profitable Practice	4.1, 4.4	1.1.8, 1.7.1, 1.7.2
2026-10-12	Mastering Macular Degeneration: A Comprehensive Guide for Opticians	6.2, 7.1	2.1.7, 3.1.5, 3.1.7, 3.11.7, 3.13.1, 3.13.4, 4.10.4

2026-03-20	Most Relevant Eye Diseases Every Optician Should Know	6.2, 8.1, 8.2, 11.3	2.1.5, 2.1.7, 2.5.1, 2.6.4
2026-02-09	Myopia Management	9.1, 10.2	2.1.6, 3.1.6, 3.6.1, 3.7.2, 3.7.5, 3.11.3, 4.2.1, 4.2.3, 4.6.5, 4.10.3
2026-11-08	Myopia Management: The Optician's Role in the Fight Against Myopia	7.1, 8.2, 9.1, 10.2, 11.3	2.6.3, 3.7.1, 3.11.3, 4.6.5, 4.10.3
2026-02-16	No Wonder You Don't See Well	6.2, 7.1	2.1.2, 2.1.5, 2.1.7, 3.11.7, 3.13.1, 4.1.3, 4.1.4, 4.1.7
2025-12-21	Rigid Lenses 101	10.2	4.3.2, 4.3.6, 4.6.2, 4.6.3, 4.6.6, 4.6.7, 4.6.8, 4.6.9, 4.9.1, 4.10.5
2026-01-11	Specialty Contact Lens Practice	10.1, 10.2	4.1.4, 4.2.1, 4.3.4, 4.3.6, 4.6.1, 4.6.3, 4.6.5, 4.6.6, 4.9.1, 4.10.1, 4.10.3
2026-03-20	Team Effort by Optometrists and Opticians in Primary Vision Care and Dispensing	2.1, 3.5, 7.1	1.1.4, 1.1.8, 1.1.9, 2.7.3, 3.11.1, 3.11.5, 3.11.6
2025-12-21	The Science of Blue Light - Unlocking the Impact On Our Health	7.2, 8.1	2.1.6, 2.2.2, 3.1.3, 3.1.6
2026-09-08	The Winning Formula: Mastering the Psychology of Sales with Emotional Intelligence	2.1, 2.2, 7.2	1.1.8, 1.1.9, 1.7.2

2026-06-16	Therapeutic and Compensatory Lenses and Prisms: Applications Outside Simply Correcting Refractive Error	6.3, 8.1, 11.2, 11.4	2.1.8, 2.2.3, 2.5.4
2026-07-04	Understanding Amblyopia: Causes, Diagnosis and Treatment	3.2, 6.2, 11.1, 11.2, 11.4	2.1.8, 2.5.3, 3.1.2, 3.1.7, 3.2.3, 4.1.7, 4.2.3
2026-10-12	Visual Stress and the Neurodiverse	6.2, 9.1	2.1.5, 3.2.4
2027-06-04	Anatomy and Physiology of the Eye	6.2	2.1.1, 2.1.3, 3.1.1, 3.1.3, 4.1.1, 4.1.3
2027-06-04	Cataracts and Premium IOLs	1.2, 6.2, 8.1	2.1.5, 2.5.1, 2.6.4, 3.1.2, 4.1.3
2027-01-12	Common Visual Disorders Every Optician Should Know	6.2, 8.1, 8.2, 11.3	2.1.5, 2.1.7, 2.3.6, 2.5.1, 2.6.4
2027-05-08	Culture Creation Commandments	2.1, 2.2, 3.2	1.1.4, 1.1.5, 1.1.8, 1.1.9
2027-06-13	Explaining Dry Eyes and Treatment Options to Patients: My Patients are Educated	6.2, 8.1, 10.1, 10.5, 11.5	3.1.1, 3.1.5, 4.1.1, 4.1.4, 4.1.5, 4.5.3
2027-07-30	Increasing Revenue Per Patient		1.1.1, 1.1.3, 1.1.4, 1.1.8

2027-03-28	Lens Materials and You	9.1	3.2.2, 3.7.3, 3.7.5
2026-12-22	Let's Strip Bare: Essentials for Progressives	3.5, 6.1, 8.1, 8.2, 9.1, 9.2	3.5.4, 3.5.5, 3.5.6. 3.6.1, 3.6.2, 3.7.3, 3.7.5, 3.7.6 3.11.1
2027-04-18	Measure Twice, Cut Once: Lens Measurement Troubleshooting	9.1, 9.2, 9.4	3.3.2, 3.3.6, 3.5.5
2027-05-08	Myopia Management Strategies	7.1, 9.1, 11.3	3.5.2, 3.5.6, 3.7.3
2027-07-08	Outcome Measures From In-Office Vision Therapy: A New Publication in 2024	6.1, 6.2	2.5.6, 3.1.1, 3.1.2
2027-06-13	Prisms: Compensatory and Therapeutic Applications	6.3, 9.1, 10.1	2.1.1, 2.1.2, 2.1.3, 3.2.5, 3.6.1
2027-03-19	Review of Optics in 3D	6.2, 9.1, 10.2	2.1.2, 3.1.1, 3.1.3, 4.1.3
2027-05-08	Stop the Revolving Door: How to Hire, Train and Keep Good Staff	3.7, 4.5	1.1.3, 1.1.4, 1.1.5, 1.1.9
2027-06-04	The ABCs of Sclerals	10.1, 10.2, 10.3	4.3.2, 4.6.2, 4.6.3, 4.6.6, 4.6.8, 4.6.9

2027-10-27	The Elderly: Dispensing Tips To Practice By	N/A	
2027-02-23	The Everyday Dispensing Issues That Drive Us Nuts	2.1, 7.1, 8.1, 9.1, 9.3	1.1.4, 3.2.2, 3.2.4, 3.5.1, 3.8.2