



Your place to volunteer



Coulee Region RSVP
Summer/Fall Newsletter
2019

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Gratitude



We're RSVP... Where Volunteers Make a Difference

For over 45 years, The Retired and Senior Volunteer Program (RSVP) has been offering customized volunteer placement, matching volunteers age 55 and better with community service opportunities across La Crosse and Monroe County. Our volunteers share their wisdom, benefits, knowledge and vitality, furthering to the security of the local communities.

Coulee Region RSVP is a nonprofit, 501(c)(3) organization. Our funding is a combination of federal, state and private grants as well as gifts from local businesses and individual donors.

It has been my pleasure to be the Executive Director of Coulee Region RSVP since March 25, 2019. Previously, I worked for Shriner's Hospitals for Children, Winona Health and recently Gundersen Health System in Community & Preventive Care services, assisting with older adult programming and the Director for Children's Miracle Network Hospitals.

I grew up in Winona, MN and now I reside in Onalaska with my husband Bill Gilles and our two children, Sean -15 years old, freshman at Onalaska High School and Elin-9 year old, 4th grader at Northern Hills. I am a member of Rotary and active in the Onalaska School District and community. I enjoy exercising, watching my kids sports and spending time at our cabin on Lake Petenwell.

I look forward to meeting all the wonderful volunteers that make an impact for Coulee Region RSVP and this great community!

Heather Gilles
Executive Director



As the Volunteer Coordinator I am impressed by the many volunteers that I interact with here at RSVP. Whether it is a new volunteer that is interested in our many programs we provide or an individual who has been with RSVP for 10+ years, I am touched by their desire to offer something of themselves.

In my role I get to meet with people who are interested in how RSVP makes a difference in the community. Whether it is a volunteer who is dropping off a handcraft item they have been working on, attending a site visit with someone off campus, or a handyman submitting the hour sheet, I feel privileged to have the opportunity to chat with them or just say "hi".

I am blessed being with people who are happy to make a difference in other peoples' lives. A volunteers' first thought is often not for themselves but for others. However, the staff at RSVP wishes to recognize the many hours that you have invested in the community. It is overwhelming how your contributions have made the community better. I hope you will be able to make it to the Volunteer Recognition Event on Thursday, September 19th.

Thank you for making my job so enjoyable and fulfilling. I appreciate each and every one of you!

Ruth Kinstler
Volunteer Coordinator



I would like to introduce myself, my name is Rebecca Brueggeman and I am the new Program Specialist- Office Manager. I have been here at RSVP since January. In addition to making sure the office is running smoothly I am also in charge of the Transportation Program and Telephone Reassurance Program. I have very much enjoyed the 8 months I have been working here and it brings me much joy when I am able to interact with the volunteers when they stop by the office and share with me why they decided to be an RSVP volunteer.

I am overwhelmed by the amount of time that the RSVP volunteers give back to the community. As the Program Specialist I love what RSVP is doing for the seniors in La Crosse and am looking forward to helping make that happen by expanding our services to Monroe County. We only have a few volunteers in Monroe County right now and we are hoping to gain more volunteers and services in the future.

My time away from the office is spent at home, in Sparta, with my family. My husband, Alex, and I have been married for 5 years and met in high school. Our son, Ryan will turn 4 in November. I hope that my example of working at RSVP will teach our son what it is like to be a volunteer and give back to the community you live in.

Rebecca Kinstler
Office Manager/Program Specialist

Welcome New Volunteers!

From May 2018 - June 2019

Shirley Anderson
Gary G. Anderson
Bernadine Arena
Suzanne Baker-Young
Eleanor Beebe
Janet Beffa
Jeanie Blaschke
Joan Boak
Theresa Brohmer
Ursula Cejpek
Joan Deyo
Terry Digmann
Kathleen Faas
Joline Freisinger
Beverly Fuhrman
Mary Gallagher
Kathleen Gesley

Cheryl Gilbertson
Sue Gordon
Carol Greene
DuWayne Gust
Marilyn Hegge
Kathy Helgersen
Merlin Hennig
Merlin Hennig
Donna Huegel
Diane Jorstad
John Katrana
Robert King
Pamela Kohlmeier
Joan Kolterman
Susan Kronebusch
Dawn Kussman
Deborah Lee
Lynne Leuthe

Thomas Link
Patricia Lyons
Aly Martin-Lopez
Susan Milde
Beverly Miller
Lynnette Miller
Dawn Naas
Lisa Olsen
Babette Peterson
Rita Pittman
Mary Powell
George Renner
Marjorie Renner
Sharon Riness
Alan Ross
Odetta Ross
Margaret Rowan
A. J. Saunders

Janice Schneider
Annabelle Sharp
Theresa Sherwood
Janine Skemp
Ann Skemp
Phyllis Snider
Jean Sutter
Kimberly Sweet
David Turner
Jenny Walter
Margaret Waupoose
Dorothy (Dottie) Wells
Laura Wiedman
Arlene Young
Fred Zenz
Dianne Zenz
Paula Ziebell
Rita Zindorf

If you don't have a volunteer badge, please stop in the office so we can take your picture. Also, don't forget to report your hours!



Meet Marilyn and Carol. Marilyn and Carol have established a bond that goes beyond the rides that Marilyn provides Carol through Coulee Region RSVP. Marilyn describes Carol as a very nice person and shares that she enjoys doing things to help Carol. According to Carol, Marilyn is always pleasant, even when waiting, and she allows Carol to take the time she needs with medical appointments so that Carol doesn't have to worry. Carol further described Marilyn as a cautious, courteous driver that is always on time and goes above and beyond to help Carol, ensuring that she is comfortable. Describing the impact of Coulee Region RSVP and Marilyn's volunteer driver services, Carol stated, "I don't know what I'd do otherwise."

Marilyn has been a volunteer driver since 2010, and she chooses to take long-distance routes to transport people to medical appointments in other cities, such as Madison. Marilyn has logged more than 2,500 hours and over 65,000 miles. Marilyn volunteers for Coulee Region RSVP because she likes to drive and feels good helping people get places they couldn't on their own.

Carol is a rider that Marilyn drives to very early morning medical appointments in Madison. During one of Carol's appointments, after several hours, she was admitted to the hospital. Marilyn patiently waited until she was told that Carol would not be going home that day. On her way home from Madison, Carol was delayed by a bad accident and did not return home until after 10:00 pm. Marilyn called Coulee Region RSVP the very next morning and offered to go and get Carol to bring her home. Unfortunately, Carol spent the week in the hospital, but Marilyn called regularly to find out when Carol might be able to go home so she could be there for her.

Marilyn, thank you for your dedicated service to Coulee Region RSVP and riders like Carol!



Women in Philanthropy is a local, grassroots organization made up of women dedicated to serving the community in a variety of ways. Their mission is to enhance the quality of life in the La Crosse area. One of the ways they do this is by honoring people who make a significant contribution to others. The award is called the Myrna "Dee" and Lyle Peacock award. This year the award went to John and Linda Hamilton. Stacy Shapiro and Lynnetta Kopp attended the April 18, 2019 board meeting to present the award to John Hamilton.

On behalf of our group, today we would like to recognize and thank someone among you for their many hours of service to RSVP and to our community. As some of you know, we do this in memory of past Board Member Myrna "Dee" Peacock and in honor of her husband, Lyle. They were a great volunteer duo...and inspired us all.

One of these individuals has been an RSVP Member for over 15 years, serving in a number of capacities and the other has been a faithful volunteer. One has served as a volunteer driver, delivered Mobile Meals, and as President and Treasurer, and the other has been quietly handcrafting over twenty beautiful works of quilted art for the annual raffle.

Last, but most importantly, we hear that both of them are wonderful parents and even better grandparents.

On behalf of Women in Philanthropy, we want to salute John and Linda Hamilton. Thank you both for your efforts over so many years...and thank you for making a difference in our community. We want to honor you today with the Myrna "Dee" and Lyle Peacock Award...and give you this gift as a token of our appreciation, it is our way of saying thank you for being you.

Think you're smarter than a 5th grader?

What an amazing result of our 11th annual *Who will be smarter than a 5th grade event!* On March 16, 2019, 15 teams of local celebrities and area fifth graders participate in a friendly game show style competition to raise funds for Coulee Region RSVP. After two rounds, three teams proceeded to the final round: Nick Miller of Cheese Castle West Salem and Sam Volden of West Salem Middle School, Michael Eckstein of Mayo Clinic Health Systems and Lexi Fuchsteiner of St. Patricks, and Mike McKee of Gundersen Health System and Shiloh Wilk of SOTA 1: School of Technology and Arts.

After a very close final round the winners were Mike McKee of Gundersen Health System and Shiloh Wilk of SOTA 1: School of Technology and Arts. The winning school, SOTA 1: School of Technology of Arts received \$1,000 for a special project to be chose by Shiloh. Congratulations to Mike McKee and Shiloh.



Thank you also to our esteemed judges:
Maureen Grenisen, Arthur Barribeau, emcee Scott Robert Shaw, and Ben Wopat.



A special thank you!

Thank you to all of the contestants for sharing their time and talent to support Coulee Region RSVP! We also thank the celebrity contestants for their commitment to raising funds to support the services provided by RSVP and the many sponsors that support our work.

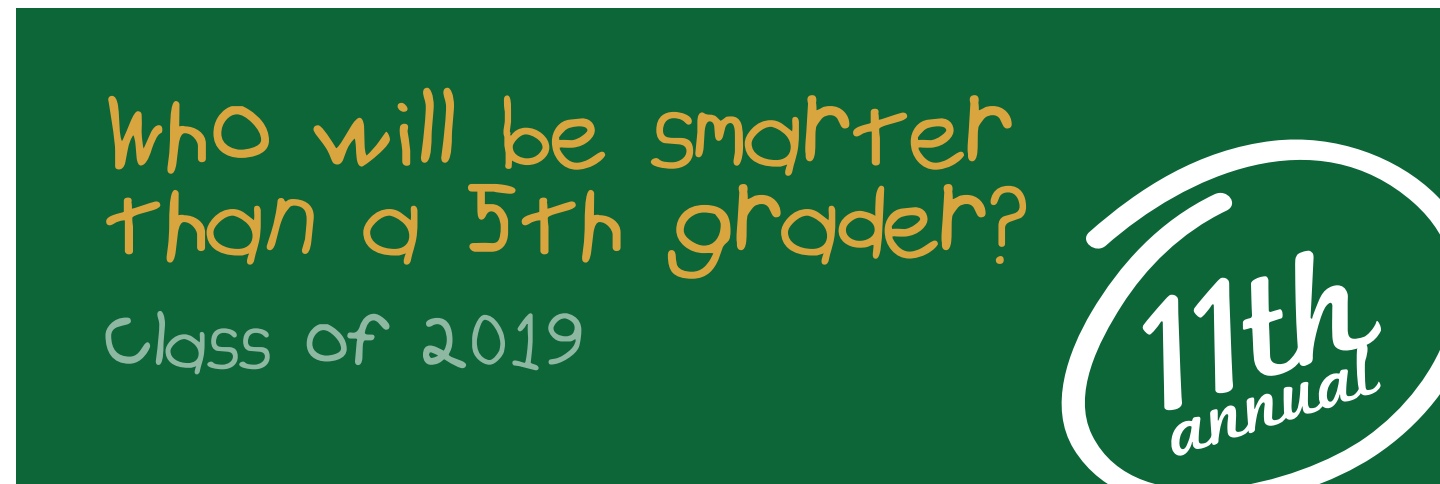
Thank you to everyone who helped us make our 11th year a success!



Dan Hudzinski
Elizabeth Smith Houskamp
Linda & John Lyche
Loren Carrell
Mark Glendenning & Margie Webster
Mary Jo & Shawn Werner
Mary Zaky
Mike McKee

Paul Fisch
Rose Wolbrink
Scott & Mary Rathgaber
St.Patrick School
Stephanie Carroll
Tom & Jan Brock
William Christensen

Mark your calendars for next year!
Who will be smarter than a 5th grader? returns on April 18, 2020!



**Mal Meyer &
Chloe Ackerman**
Southern Bluffs Elementary



**Matt Harter &
Luke Siegel**
Northern Hills Elementary



**Michael Eckstein &
Lexi Fuchsteiner**
St. Patrick



**Alexis Gilbertson &
Santi Toribio**
Hintgen Elementary



**Dimitar Dzikov &
Gretchen Osmundson**
Emerson Elementary



**Jesse Gomez &
Kaia DePaolo**
North Woods International



**Mike McKee &
Shiloh Wilk**
SOTA I: School of Technology
and Arts



**Nick Miller &
Sam Volden**
West Salem Middle School



**Sister Georgia
Christensen &
Oliver Buck**
Blessed Sacrament



**Joe Moua &
Owen Skiles**
Spence Elementary



**Kathy Helgersen &
Andrew Ellis**
Northside Elementary



**Ken Cooper & Max
Brubaker**
Coulee Montessori



**Sue Mravik &
Marcus Eber**
State Road Elementary



**Tina Antony &
Mia Gallant**
Eagle Bluff Elementary



**Zach Prelutsky &
Jonah Paglini**
Summit Environmental



On November 9, 2018 we were able to celebrate Veteran's Day at Spence Elementary School during their Veteran assembly. During the assembly we recognized two of our RSVP veteran volunteers with a Certificate of Appreciation for their service to our country and community. They each also received a Senior Corp Veteran pin.

David Bruha, US Army Antiaircraft unit in El Paso, TX for six years. RSVP volunteer driver since 2006

John, Cartwright, US Navy for three years. RSVP volunteer driver and Habitat for Humanity Restore volunteer since 2014

Coulee Region RSVP extends a heartfelt "Thank You" to all our veterans!



This year's Handcraft Open House was held on November 15th from 9:00 am – 3:00 pm. This event is for local non-profit social service agencies the opportunity to receive items such as hats, mittens, scarfs, wheelchair/walker bags, afghans and quilts. Over 1800 items were distributed to the organizations in our community! We also were able to give Head Start 339 pairs of hats and mittens for the children in their program.

Thank You to all the amazing RSVP Handcraft volunteers for all your hard work to make this program a success!!

Handcraft Collaboration with Viterbo Nursing Students

RSVP Handcraft volunteers "Knotty Knitters" meet every Wednesday from 8:00 am – 11:00 am for knitting, crocheting and socialization in the RSVP office board room. This past school year we collaborated with Viterbo Nursing students for an intergenerational volunteer opportunity. The nursing students came to the "knotty knitters" group and learned to knit, crochet and interact with the volunteers. If you are interested in joining the "knotty knitters" feel free to contact the RSVP office.

Congratulations 2018 Quilt Raffle Winners

1st Beth Curtis
2nd Kristy Nix
3rd Peggy Schelbe





Improving the Quality of Life for All Generations



Independent research sponsored by the Corporation for National and Community Service (CNCS) shows that Senior Corps volunteers are healthier, less depressed, and more connected compared with those who do not volunteer regularly.

Through its Foster Grandparent Program (FGP) and Senior Companion Program (SCP), Senior Corps provides national service opportunities for adults age 55 and older with low incomes. This is a group that is racially, educationally, and financially diverse; is at risk for poor health outcomes; and is often underrepresented in traditional volunteering opportunities – and they are making a difference in their communities:



22,000 FGP volunteers help more than 149,000 children each year

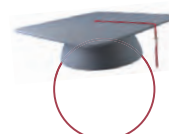


11,000 SCP volunteers provide 35,000 individuals with independent living services

Through a survey of more than 1,200 first-time FGP and SCP volunteers, the study found that:



80 percent of the volunteers report a household income of less than \$20,000 per year



16 percent have a college degree



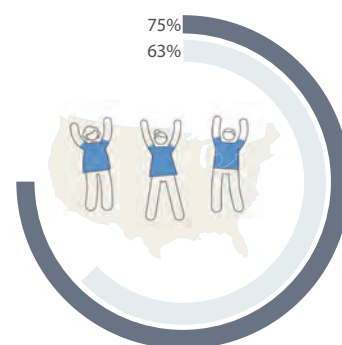
34 percent have a condition that limits their physical ability

Lack of physical activity, depression, and social isolation are often associated with older adults, and can contribute to a variety of negative health outcomes. However, the study found that after two years of volunteering with Senior Corps, participants had notable improvements:

- 62 percent reported that their health was stable, and 22 percent improved over a two-year period
- 78 percent of the volunteers reported fewer symptoms of depression
- 88 percent reported decreased feelings of isolation

Volunteers reported high satisfaction with their volunteer experiences, with most saying that they would recommend the program to a friend. Senior Corps volunteers also were likely to continue serving:

More than 75 percent of Senior Corps volunteers continue serving after their first year compared with 63 percent of other volunteers nationally



Improving the Quality of Life for All Generations

MAKING A DIFFERENCE ...

A new, independent report funded by the Corporation for National and Community Service (CNCS) took a deeper look at Senior Corps and how it's improving communities and the lives of its volunteers. In 2017, the Foster Grandparent Program (FGP) and Senior Companion Program (SCP) ¹:

Served at 9,800 service locations nationwide



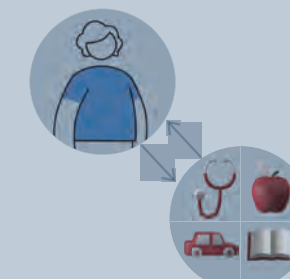
Mentored or tutored 150,000 children



Provided 35,000 individuals with independent living services

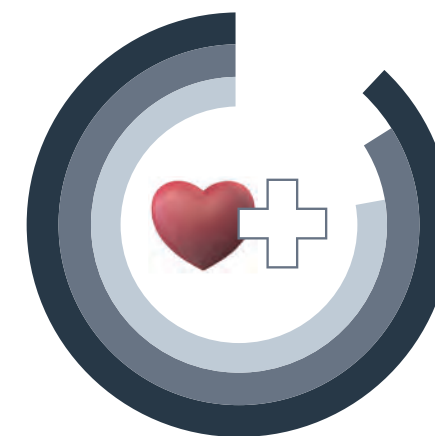


33,000 VOLUNTEERS MATCHED WITH SERVICE OPPORTUNITIES



IN THEIR LIVES ...

Comparing baseline scores with a second-year follow-up, Senior Corps volunteers were healthier, less depressed, and less socially isolated than those who did not serve:



LESS SOCIALLY ISOLATED
88 percent reported fewer feelings of isolation

BETTER HEALTH
84 percent reported stable or improving health

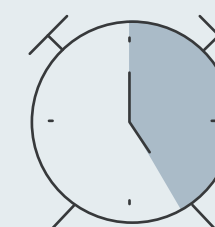
LESS DEPRESSED
78 percent reported fewer symptoms of depression

AND IN THE COMMUNITY

Two-thirds of new Senior Corps volunteers joined FGP or SCP to make a difference in their community:

FOSTER GRANDPARENT PROGRAM

Foster Grandparents spend an average of five hours a day supporting young people with exceptional needs



SENIOR COMPANION PROGRAM

Three-quarters of caregivers reported that respite services offered by SCP volunteers helped them better manage their lives



INTERESTED IN LEARNING MORE?

Visit www.seniorcorps.gov/healthyvolunteers to read the full report
Get involved in your community by visiting www.seniorcorps.gov
Contact seniorcorps@cns.gov for more information

Corporation for
NATIONAL & COMMUNITY SERVICE

Get involved with your community and learn more by visiting www.seniorcorps.gov/healthyvolunteers

¹ Source: 2017 Senior Corps Progress Report Supplement

Corporation for
NATIONAL & COMMUNITY SERVICE

Upcoming Events

September 2

Labor Day
(RSVP Office closed)

September 11

National Day of Service & Remembrance

September 19

Volunteer Recognition

November 2

New Volunteer Recruitment Social

November 14

WWBS Meet-n-Greet

November 21

Handcraft Open House

November 28-29

Thanksgiving
(RSVP Office closed)

Don't miss out on these volunteer programs!



Telephone Reassurance

The Telephone Reassurance Program provides adults with disabilities or those who live alone with a daily call from our volunteers.

The program offers support and peace of mind for individuals as well as their families and friends, knowing that someone is checking on their loved one. Our RSVP volunteers call participants Monday through Friday mornings to offer a daily safety check and socialization.



Handyman

The Handyman Program provides limited fix-it services for individuals in need in our community. The program is designed to help individuals with disabilities, those who are low income, veterans and seniors who are in need of minor home repair. Our volunteers donate their time and skills at no charge.

No job is too small!

All that is required is for the individuals requesting the service to provide/pay for the materials. Limited funds available for those unable to pay.



Driver Program

Volunteer drivers use their own vehicles to transport individuals to medical and personal appointments, Monday through Friday from 7:30 a.m. until 5:00 p.m.

Volunteer drivers receive mileage reimbursement and can volunteer on a daily, weekly, or on-call basis.



Study Buddy

Study Buddies volunteer in area schools sharing at least one hour of their time per week helping students academically and socially. Volunteer assistance includes reading and math tutoring, either in small groups or individually.

"RSVP Volunteers are unbe'leaf'able"

You're Invited: 2019 RSVP Volunteer Luncheon

Thursday, September 19, 2019

The Golf Club at Cedar Creek, Birch Room
2600 Cedar Creek Lane – Onalaska, WI 54650

Schedule: 11:00 doors open, 11:30 lunch, 12:00 Recognition Program

Reservations required (space is limited)

Cost: RSVP volunteers: FREE

Guests: \$20

Please call 608-785-0500 to confirm your attendance by Wednesday, September 4.

Assistance with parking at the event will be available.

Please call with any dietary or transportation needs.



Our Volunteers are a Hit was the theme for the 2018 Volunteer Recognition held at Radisson Hotel, La Crosse on Thursday, September 20th. We were able to celebrate 45 years of RSVP serving La Crosse and Monroe by honoring our many volunteers who give many hours of service to the community to make it a better place to live. The following were given special awards for 4,000 volunteer hours.

Lifetime Presidential Service Award Recipients
Linda Hamilton, Sr. Maris Kerwin, Jolene Rust, Sr. Antona Schedlo and Natalie Schoenfeld



Hometown: St. Louis Park, MN (suburb of Minneapolis). Now home is La Crescent.

Family: Husband, John. Daughters: Kristine, Jenna, Leah.

Favorite part of the Coulee Region:

The natural beauty. We love to walk, bike, and hike. There's nothing like hiking one of our local trails and having a breathtaking view of the city or a gorgeous valley as your reward for the climb. We've also canoed the Kickapoo River, and are so grateful such majestic scenery is so close to home.

Why Coulee Region RSVP:

Being actively engaged in your community and with others is such an important component of overall health and happiness. Our volunteers have so much to give, so it's easy to support an organization that's the bridge between individuals' time and talent, and those who benefit from what they have to offer.

Accomplishments:

Raising happy, healthy, successful kids. We're still in the midst of active parenting, and there's never a 'finish line' with kids, but we're very proud of where our girls are in their lives. I always say "Parenting is the hardest job you'll ever love," and we're seeing some of the dividends of our many parenting investments.

Other important facts about you or other things you would want our volunteers to know about you:

Our volunteers inspire me with the wide array of talents and gifts they provide to our community. It's so satisfying to see the different ways they contribute, and how their own contributions are a fit for them. Retirement is several years away for my husband and me, but we already know we want to find volunteer roles that are a fit for us and stay vital and engaged through serving others.

Ways to donate

Your donations are important to help RSVP recruit and support the volunteers who serve their neighbors in communities throughout La Crosse and Monroe County.



In -Person:

Make a gift anytime with Cash, Check, Debit or Credit Card



By Mail:

Send check or money order to:
2920 East Avenue South, Suite 107
La Crosse, WI 54601



Online:

Make a one-time, monthly, quarterly or annual gift online
www.rsvplax.org
Click on "Donate Here" in the right corner



Gifts In-Kind:

In-kind gifts are contributions of goods, services & expertise
Some of our immediate needs are: Gift cards to home improvement, fabric or retail stores, sewing supplies and kids' fabric. Please call 608-785-0500 to see our wish list.



Legacy Gift:

To support RSVP's mission for the future, you may designate a gift to RSVP in your will or list RSVP as a beneficiary under a financial account, a retirement plan or a life insurance policy.



Memorials or Tributes:

You can dedicate your donation to recognize a volunteer, family member and friend with a tax-deductible gift to Coulee Region RSVP.

Donations & Contributions

A & W Restaurant of La Crosse
Chloe Ackerman
Ad Aids
Kari Adank
Rachel Albrecht
Eddie Allen
Elizabeth Allen
Altra Federal Credit Union
Brant & Susan Amble
Susan Amble
Sue Amble
Norma Anderson
Sr. Marcella Anibas
Anonymous
Debbie Antoni
Tina Antony
John Antony
Linda Arentz
Sr. Mary Arnoldussen
Robert & Joyce Arthur
Associated Bank
Nico-Therese Atienza-Lim
Karen Banasik
Carol Barney
Joy Bauman
Carrie Baumgartner
Laura Baxter
Rich Beal
Judson Beck
Janet Beffa
Jennifer Berendes
Mary Lou Berg
Joshua Berry
Marylou Biddlestone
Marilu Bintz
Margaret Birchler
Linda Birkle
Laura Bishop
Pat Blanchard
Blessed Sacrament School Students
Mart Blocker
Renee Bogie
Gerald Bonsack
Bosshard Parke Ltd.
Deb Brazil
Bremer Bank
Bill & Betty Brendel
Brenengen Auto Group
Sr Clarone Brill
Tom & Jan Brock
Sr Fran Browning
Marion Brownrigg
Chadwin Brubaker
Ryan Brubaker
Max Brubaker

Joan Brueggeman
Jason Buck
Oliver Buck
Barb Bulman
Carla Burkhardt
Gail Burns
Burracho's LLC
Art Butterworth
Jocelyn Buxton
Mela Byerly
Lora Cadwell
Tina Caldwell
Kathy Callan
Vicki Campbell
Robert & Yvonne Caplan
Susie Carlson
Loren Carrell
Stephanie Carroll
Carroll's Popcorn and Frozen Yogurt
John Cartwright
Mark & Minda Chamberlain
Anthony Chergosky
Laura Christensen
Georgia Christensen
Shiona Christensen
William Christensen
Roger and Kenna Christians
Clearwater Farm
Coalition Drum Shop
Lori Coleman
Jane Comeau
Ken Cooper
JudithCorbett-Hutchens
Coulee Bank
Courtyard by Marriott
Cowgill Dental
Erika Crusan
Chiqui Cumayao
Ina Cunningham
Dave and Beth Curtis
Jodie Curtis
Beth Cuta-Swertfeger
Ninja Cvetkova
Dena Daentl
Mark Dahlke
Dairyland Power Cooperative
Amy Dale
Nancy Danou
Jamie Day
Caroline DeBruyckere
Kathy K Deml
Tony & Sara DePaolo
Kaia DePaolo
Sr. Helen Deppe
Sharon Derksen

Designz
Phonqueesha Diego
Charlene Dingeldein
Bojan Djikov
Carol Drury
Trudy Duffrin
Mary Ellen Dunford
Sr. Luanne Durst
Dynamic Lifecycle Innovations, Inc.
Dimitar Dzikov
Margaret Earsley
Marcus Eber
Mike Eckstein
Jodi Ehrenberger
Andrew Ellis
Sr. Helen Elsbernd
Employees of Coulee Bank
Bryan Erdmann
Sister Susan Ernster
Art Espiritu
Susan Evans
Linda Falat
Paul Fisch
Sr Rita Mae Fischer
Flanagan Financial
Sr. Lorraine Forster
Chris Fortsch
Fowler & Hammer Inc.
Fox 25/48
Franciscan Sisters of
Perpetual Adoration, Inc
Sr. Maria Friedman
Bruce Friell
Alex & Chastity Fuchsteiner
Julie Fuchsteiner
Linda Fuchsteiner
Lexi Fuchsteiner
Fuchsteiner
Tom and Chris Gaber
Thomas and Erica Gallant
Mia Gallant
Donna Garbers
Stacy Garves
Dirk Gasterland
Sr. Joann Gehling
Mary Genz
Charlie & Cindy George
Alexis Gilbertson
Linda Gillette
Bethany Girtler
Mardeana Glasel
Jerry Glocke
Sam Goeb
Teresa Goede
Jesse Gomez

Sr. Pat Gordon
Green Circle Recycling
Sr. Mary Ann Gschwind
Sig Gundersen
Gundersen Health System
Gundersen Partners
CORY GYLOCK
David Hackman
John & Linda Hamilton
Jean Hanson
Susanna Hanson
Tim Harbst
Matt Harter
Harter's Trash & Recycling, Inc
Vince Hatt
Stephanie Haugh
Mary Haupt
Dan & Sarah Havens
Joseph & Patricia Heim
Sr. Rita Heires
Andrew Helgerson
Kathy Helgerson
Michael J. Herro
Mary Jo Hess
Bonnie Hicks
Mary Hill
Marcia Hitz
Noreen Holmes
Sharon Holven
Shari Hopkins
Dan Hudzinski
Sr. Mary Ellen Huebsch
Sr Mary Eve Hytry
Interstate Sound
Andrew Ives
Boondi Iyer
Cindy Jacobson
Jay & Dawn Jaehnke
Coulee Bank Jeans for Charity
Mark Johnson
Melanie Johnson
Ryan Johnson
Marilyn Jorgenson
Krissy Kaiser
Loren Kannenberg
Karen Kappell
Sr. Jean Kasparbauer
Ladonna Kassmeyer
Shanen Kazynski
Martha Keeffe
Keller Williams
Vickie Kendle
Patrick & Linda Kerrigan
Maureen Kinney
Dan & Ruth Kinstler

Catherine Kinyon
Judy L Kirkpatrick
Sr. Carrie Kirsch
Sr. Romana Klaubauff
Mary Jo Klos
Laura Kloss
Kevin Knerzer
Brenda Kohl
Martha Koloski
Todd Kowalski
Carole Kraehenbuehl
Shirley Kramer
Sr. Mary Boniface Kriener
Lindsey Krueger
Jeff Kumfer
Sr. Dawn Kutt
Kwik Trip
Sr. Marie Kyle
La Crosse Community Theatre
La Crosse Loggers
La Crosse Symphony Orchestra
La Crosse Tribune (Jeans Day)
Tammy Larson
Alan Lauermann
Dawn LeClaire
Scott Leo
Jojo Leonardo
Lewis Valley WELCA
Logistics Health
Randy Lubahn
Sr. Karen Lueck
Edward Luker
Janine Luz
John & Linda Lyche
Jolie Lyfoung
Donald Mahr
Todd and Deb Mahr
Jennifer Maki
Theresa Mann
Marine Credit Union
Mark Glendenning & Margie Webster
Greg & Rita Maslowski
GeorgeMason
Kylie Mason
Suzanne Mason
Sr Marian Massman, FSPA
Andrea Matz
Mayo Clinic Health System -
Franciscan Healthcare
Mary Ellen McCartney
Linda McKee
Mike McKee
Eileen McKenzie
Daniel Medinger
Emily Medinger
John Medinger
Ellen Mehren
Merchants Bank- Onalaska
Elizabeth Merrill
Kim Metcalf
Sr. Lucy Ann Meyer

Mal Meyer
Dana Meyers
Midwest Family Broadcasting
Nick Miller
Terry Miller
Sally Miner
John Moore
Joe Moua
Reuben Mravik
Sue Mravik
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