

YOUR PLACE TO VOLUNTEER



COULEE REGION
RSVP

Newsletter 2022



What motivates YOU to volunteer?

I would love to hear what motives you to volunteer?
You are our biggest recruitment tool and I want to share your feelings with others.

Maybe there are some of you wondering how to encourage your friends to volunteer.

Here are just a few of the reasons that someone might volunteer.

- A person might volunteer because they feel that it is important to help others
- Be a part of the community and make a difference
- Brings fun into your life
- Helps you meet new friends
- Provides you with a sense of purpose
- Provides physical and mental rewards

There truly are endless benefits of volunteering! Share your love of volunteering with someone you know. Do not keep your volunteer experience a secret! Volunteers are always needed to make a difference in YOUR community.

Coulee Region RSVP offers a variety of volunteer opportunities throughout your community; organizations where you can make a difference. You pick and choose when and where you want to volunteer.

If you haven't volunteered in a while take a look at the opportunities available to you and pick one that works with your schedule.

And in closing don't keep your love of volunteering a secret – SPREAD THE WORD. Volunteers are always needed to Make a Difference in YOUR Community and RSVP is the place to Volunteer.

Thank You for volunteering,

Ruth Kinstler

RSVP Director



Hello everyone! My name is Tessa Thurin, and I am the new RSVP Administrator.

I am originally from the La Crosse area and love this community so much that I don't plan to ever leave. Out of high school, I attended The University of Wisconsin- La Crosse studying psychology on the path to become a physician's assistant.

Two years later, I changed my route and began at Western Technical College for nursing. I worked at Gundersen Health System as a nursing assistant for about six months when I realized working in a hospital was not something I wanted to be doing long term. My inspiration to go into the medical field spiraled from my type one diabetes diagnosis when I was ten years old. Since that day, I have wanted to help others manage their lifelong changing illnesses. I have always wanted to find a career that helps others and makes a difference, but I never realized the vast options of careers that help others in some way.

When I found this job, I knew it would be the perfect fit for me because of my love for people, my highly organized tendencies, and the mission of this company resonated with my values in life. Volunteering has always been a passion of mine. I volunteered at Gundersen Health System for over four years in high school doing various jobs such as mail flower delivery, the gift shop, and post-operation transportation. I have also donated time to The American Red Cross, The Salvation Army, and countless hours to The Juvenile Diabetes Research Foundation (JDRF) to find a cure for type one diabetes. I am so excited to take on this new role and meet all the amazing volunteers we have in the community.

Thank you!

Tessa Thurin

RSVP Administrator

“Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.
~Author Unknown

July 1, 2021-
June 20, 2022



Welcome New Volunteers!

Ruth Adams	Kaye Johnston
Michele Bender	Renee Kastenschmidt
Sandi Bloom	Martha Kemp
Cindy Bluske	Randy Kemp
Steve Bluske	Carol Knox
Sue Chattington	Ted Lau
Terry Christopherson	Joy Martens
Mary Kay Collings	Olga Mc Anulty
Tamara Dovenberg	Tom Nigon
Daniel Dunn	Ardyth Norem
Brian Elder	Terry Oliver
Patricia Ellsworth	Linda Palmer
Sally Emerson	Candy Pearse
Rosalind Evans	Patricia Salvage
Patricia Fitzpatrick	LeeAnn Saylor
Katie Fleis	Tim Smaby
Karol Fox	Carmen Stout
Jean Francis	Holly Thomas
Robert Gamoke	Barbara Weibel
Ellen Gianoli	Jean Woods
Irma Hanson	Roger Young
Brian Hopkins	Paul Zielinski
Robin Jarrett	
Dee Johnson	

We are updating our badges with the new logo so please stop by the office to pick up your new badge if you haven't received one yet.

Also, don't forget to report your hours!

Phone: 608-785-0500

Ways to submit your hours monthly:

Online: rsvplax.org

Volunteer Hours Sheet:

Email - rkinstler@rsvplax.org

Please feel free to reach out to Ruth Kinstler if you have any questions.

Remember to submit your hours at the end of each month. This is very important for us to receive our Federal Grant Award from the AmeriCorps.

We report every 6 months on the amount of hours each of our volunteers submit.

Volunteer Recognition

2021 Recap

On Thursday, September 16, 2021 we held our Annual "RSVP Volunteer Recognition". The event was held at the Omni Center in Onalaska. The theme for the event was "Our Volunteers keep our community a FLOAT". Everyone was able to enjoy Big Boar Barbeque and of course Root Beer Floats. Yum, Yum!

The volunteers who were able to attend either took their meal to go or were able to sit and chat with their fellow volunteers or get to know new volunteers.

Kyle Clower, Serve Wisconsin was in attendance to pass out the 20 Years of Service Volunteer awards to the volunteers who were able to attend. The RSVP staff also took a day and traveled to Monroe county to hand out the awards and "goodies" to the Monroe county volunteers.



What's on the menu?

Sandwiches

Potato Salad, Chips, Dessert

RSVP volunteer: FREE

Guest/additional meal: \$10

Where:

Myrick Park Center-in Myrick Park

789 Myrick Park Dr.

La Crosse, WI

***Rain or Shine**

***Reservation is required**

**RSVP by Sept. 9th
by calling the office
at 608-785-0500**

Governor Service Award

The Governor's Service Award honors outstanding national service members, volunteers and programs that have helped to address serious social needs in their communities. Marti Clark was nominated and selected for Volunteer of the Year-West Central Wisconsin.

Below is her service description:

Marti Clark first came to volunteer with the Coulee Region RSVP and started serving on October 15, 2012 when she heard on the radio that they needed baby hats for a particular service campaign. Almost ten years later, she has volunteered over 7,500 hours at 27 different sites. While Marti has assisted numerous efforts, she has made the largest impact with their Handcraft Program. Each week she goes through the Handcraft items their volunteers drop off, inspecting them and logging the numbers and types of items and as well as the volunteers who brought them. She tags items to identify they were made by an AmeriCorps Seniors RSVP volunteer and puts them away for future distribution. Marti was the one volunteer that came into the office after it reopened following its closure due to COVID-19, continuing to sort all of the items while also making sure they were first held for 3-5 days before checking them in following the CDC hold times for fabric items. Marti organizes the Handcraft Open House each November, where local nonprofits, medical facilities, long term care facilities, and other agencies are invited to "shop" for items made by



the Handcraft volunteers at no cost to provide to those in need. These include quilts, baby items, cancer turbans, walker and wheelchair bags, scarves, hats, mittens, and several other items. Not to be deterred by the COVID-19 pandemic, she restructured it into a longer threeday event where organizations could make appointments to continue obtaining these items to give to others. Additionally, when Coulee Region RSVP was presented with the request of making twiddlemuffs, which are designed to provide a sensory experience for those suffering from Alzheimer's disease and dementia, Marti took on the project. She is currently the only volunteer to make these items, knitting four hours each day to make the twiddlemuffs. Since starting the project, over 125 of them have been given to local memory care units in La Crosse and Monroe, as well as two local hospitals including them in their dementia kits in their emergency rooms. Describing Marti's service, program director Ruth Kinstler shared that "Marti always has a smile on her face and has a passion for the mission of RSVP. She is not afraid to try something new. Marti has a passion for helping wherever there is a need. She has a very giving heart and is willing to assist whenever we ask."

The 2022 award ceremony was held on Thursday, May 26 at the Olbrich Botanical Gardens in Madison.

If you would like to watch the video recording of the ceremony go to the following link: <https://www.youtube.com/watch?v=858ml2wqVzg>

Governor's Service Awards

Hosted By:



Volunteers with 20+ years of service

Cynthia Ann Gluch
Laura Hubert
Carol Lee
Phyllis Miletto
Judy Ostreng
Dolores Roach
Gordon Stewart

2022 Volunteer Awards

BRONZE



100-249hrs

SILVER



250-499hrs

GOLD



500-3,999hrs

Shirley Anderson
Jeanie Blaschke
Sandi Bloom
Susan Bodenschatz
Philip Brochhausen
Jeanne Coerper
Helen Elsbernd
Rosalind Evans
Kathleen Fischer
Karol Fox
Irma Hanson
Karen Hanson
Ramona Kiehne
Ted Lau
Dawn Naas
Terry Oliver
Linda Palmer
Linda Schermerhorn
Bob Sewell
Thor Sundberg
Holly Thomas

Susan Bodenschatz
Barbara Buros
Kathleen Fischer
Irma Hanson
Ramona Kiehne
Dawn Naas
Connie Norris
Dale Norris
Eileen Riley
Diane Schumacher
Kathy Ticknor
Arlene Young

Carol Anderson
Sandra Cowen
Ruth Faulhaber
Cheryl Gilbertson
Darci Keenan
Theresa Koszarek
Jo Ann Nelson
Dea Oleson
Jean Sutter

RSVP Special Awards

(Recognized at 10,000 hours, 15,000 hours
20,000 hours, 25,000 hours, 30,000 hours)

Pat Blanchard - 15,553 hours

Sister Mary Morrissey - 12,318 hours



LIFETIME AWARD: 4,000+hrs

Sharon Berger, DuWayne Gust, Kathryne Humbel

All awards are calculated for the time period July 1, 2021 through June 30, 2022

RSVP Crossword Puzzle

X	S	D	I	F	F	E	R	E	N	C	E	B
E	T	A	E	M	O	R	E	U	D	H	T	E
K	U	L	L	R	R	T	F	L	I	E	A	V
A	N	O	O	A	K	M	I	B	A	R	L	E
M	A	R	T	I	D	N	T	N	U	Y	P	R
Y	E	A	S	S	E	T	R	T	K	L	V	Y
O	P	C	K	E	T	O	H	E	R	E	S	Y
U	Y	P	R	C	A	R	I	N	G	R	R	A
L	D	G	A	S	L	W	T	N	F	A	H	D
K	N	S	P	O	O	N	A	K	T	Y	E	S
E	A	I	P	L	C	R	H	I	M	A	Y	H
T	H	O	L	V	O	L	U	N	T	E	E	R
C	A	E	E	W	H	N	J	D	S	E	W	D
H	Y	Q	H	E	C	I	N	C	I	P	K	M
U	V	R	O	I	N	E	S	N	U	B	A	V
P	E	L	B	A	U	L	A	V	N	I	Y	Q

Invaluable	Senior	Orange	RSVP	Peanut
Pat	Ruth	Make	Help	Eat
Kind	Tessa	Difference	Park	Her
Handy	Caring	More	Spoon	Him
Eager	Red	Every	Picnic	Knit
Volunteer	Chocolate	Day	Chips	Ketchup
Marti	Yellow	Rely	Salad	Sew
Cheryl	Green	Bun	Meat	We
Carol	Blue	Plate	Fun	Yes
Kay	You	Fork	Aid	Lots

Word Search provided by: Sister Fran Browning



Program Spotlight



Handyman

Mission: Helping seniors age 55 and better live safely and independently in their own homes by providing minor fix-it repairs.

Skilled volunteer handyman and women are essential to the program. If you volunteer with the Handyman program you will truly make a difference in the community. If you have skills that would benefit this group we are always looking for more help.

Just send an email to Tessa Thurin
at tthurin@rsvplax.org

Check out the photos to see the GREAT work our Handyman and Women do in the community.



The two gentleman introduced themselves and explained why they were here and identified the tasks to be completed. They went to purchase items needed for the project. They winterized our living room bay window, which gave us comfort. And they installed a new handle that made it easier to open/close our sliding door. We were very happy with their work and found them VERY courteous to us. Thank you!



Is this program for you?

- Fits easily into your schedule
- Sign a Handyman agreement form
- RSVP office screens and emails out requests to the Handyman Volunteer
- Perform in home repairs and safety modifications
- Mileage reimbursement (current IRS reimbursement rate)



Program Spotlight



Telephone Reassurance

The RSVP Telephone Reassurance Program is offered to any older adult, persons with disabilities or veterans who are homebound that need socialization. It is a safety check and serves as a catalyst for home-bound citizens to socialize. RSVP volunteers offer reassurance to the participants, their families and their friends that someone will be calling them.

Is this program for you?

- Be available at times arranged between you and the client (weekdays only)
- Ask/record questions to track clients well being
- Turn in volunteer hours monthly
- Sign confidentiality agreement
- Immediate concerns should be brought to the attention of the coordinator

Transportation

DRIVERS NEEDED – FLEXIBLE SCHEDULE

RSVP volunteers participating in the Transportation program use their own vehicles to transport individuals to medical and personal appointments.

This program has a great need of more volunteer drivers. We are turning clients away daily due to our limited number of volunteer drivers. If you have 1 day a week and would love to make a difference in your community we would love to have you as a driver.

Is this program for you?

- Volunteer on a daily, weekly or on-call basis
- Receive mileage reimbursement (set yearly by the IRS)
- Accurately track and submit mileage reimbursement sheets monthly
- Provide copy of driver's license and proof of insurance
- Sign Volunteer Driver Agreement
- Have email access to receive ride requests from RSVP staff



Thank you for taking me to visit my husband while he was in the hospital and then transferred to transitional care. That was very important that I go visit him and I would not have been able to do it without you.



RSVP Key Areas of Service



Handcraft

Coulee Region RSVP Annual “Handcraft Open House” was held on 3 days in November for various organizations to call and sign up for a day/time that they were able to attend and pick up items for their clients. We had over 25 organizations attend over the 3 days and gave over 4,000 items away.

A big “THANK YOU” to the many handcrafter volunteers who spent countless hours creating the various items that were available. A small list of items that are available are hats, mittens, scarfs, wheelchair bags, walker bags, clothing protectors, twiddlemuffs, quilts, lap blankets, etc.

A note from Heather Miller at La Crosse Public Library thanking the RSVP Handcraft Volunteers “Thank you to the amazing volunteers from Coulee Region RSVP who created and donated these warm hats, scarves and gloves. We are so grateful to be able to share these handcrafted items in our Free Little Pantry, given freely to individuals in need in our community

Come join the weekly group that meets in the Board room at RSVP each Wednesday from 8:00 am -11:00 am. Any RSVP volunteer handcrafter is welcome to attend.

Mark your calendars and make sure to have ALL your handcraft items turned into the RSVP office by Monday, Nov. 7th.

Handcraft Open House 2022 will be held November 15, 16, and 17th from 9-3pm.



Ways to Stay Connected



Our Community Needs You.

What makes your heart happy? Whether it's spending time tutoring kids or helping stock shelves at a local food pantry, there are lots of opportunities to feel needed and appreciated. Ugetconnected.org is a great place to start. Nearly two hundred local non-profit organizations use this website to post volunteer opportunities. Some organizations are looking for ongoing help, others have a specific project they are recruiting volunteers to help with.

How Does It Work?

Ugetconnected.org is easy and safe to use. It's a local site run by Great Rivers United Way, UW-La Crosse, Western Technical College and Viterbo University. When you go to the site, click the Volunteer Now button and you'll see the needs each agency has posted. Clicking the filter button on the upper right lets you look for posts from a

specific agency, or you can put in your zip code and search for opportunities close to home. You can also use the filter button to find virtual volunteering options.

How Do I Sign Up to Volunteer?

You can sign up to volunteer right on the site by clicking the Respond button on a volunteer opportunity that interests you. You'll need a Ugetconnected account to volunteer. It's easy to set one up. You'll enter your name, email address and zip code and then you'll create a unique password. That's it! And unlike a lot of websites, we don't use your account information to send you emails you didn't ask for.

We'd love to have you join the Ugetconnected community! We're here to help you put your time and talents to good use on your terms and on your schedule.

Get Connected.

Stay Connected with Ugetconnected.org

Facebook

If you have Facebook, please LIKE and SHARE our page, "Coulee Region RSVP".

Rsvplax.org

There are many things you can do through our rsvplax.org website

- You can reach out to us through our general email
- You can find contact information for each staff member
- You can log into the website and view volunteer opportunities and submit hours
- You can look at the current newsletter and past newsletters

Constant Contact

One way we communicate with our volunteers on a regular basis is through our weekly emails.

We can update you on any new volunteer opportunities, what we are currently in need of, and anything else we want to share with our volunteers.



**Volunteers
in Action**



Habitat for Humanity

Our collaboration with Habitat for Humanity touches so many lives through our amazing volunteers that are able to volunteer at the Habitat Restore.

Coulee Region RSVP Portfolio Manager, Veronika Fournier based out of Kansas City, MO was in town for a visit in August and what better place to take her than Habitat Restore where we had 2 RSVP volunteers in the store that day. (Mary Greene and Kathy Bahr). Also in the photo is Veronika Fournier.



Western Technical College

Connecting RSVP volunteers with Western Technical College Human Services program. When we first decided to participate in this collaboration it was done virtually on zoom (2020) and this past spring we were able to make it happen in person and the results were amazing. The students at Western are paired up with an RSVP volunteer and are able to practice their interviewing skills. After the event the professor sends out a survey and she shared with us the response below:

What surprised you?

Honestly, what surprised me is that going into this, this was just a grade for me, but I had no idea how much I would get out of it and how

much my interviewee would teach me. This opportunity taught me a lot about listening and interviewing skills, but it also taught me how much others can teach you and how cool of stories others have if you just choose to listen.

The professor also wanted to let RSVP know how much this benefits the program:

It was so great to be able to do these interviews in person. Students had such a fantastic experience practicing their skills and also getting to know the RSVP volunteers. Thanks so much for helping to set up such a meaningful experience for the students.

Quilt Raffle

2022 Handmade Quilt Raffle
Donated by: Linda Hamilton

Tickets are available

1 ticket = \$1 or 6 tickets for \$5

Drawing to be held:

November 17th at 1:00 pm

The winner of the 2021 Quilt Raffle was
Mr. & Mrs. Kellicut and Thank you to all who
purchased raffle tickets

Stop by the RSVP office and
check out the beautiful quilt
and to purchase some tickets
for your chance to win!



Handcraft collaboration with Habitat for Humanity

*Thank you to the following RSVP Handcraft
volunteers (Linda Hamilton, Connie Norris and
Trempealeau United Methodist Church sewing
group) who responded to the need for creating
comforters for the family who will be moving into
their new home that Habitat remodeled.*

*The dedication and presentation of the pictured
blankets to the right were presented to the family
on Thursday, August 25th*



Upcoming Events

September 5th

Labor Day
(RSVP Office closed)

September 11th

National Day of Service & Remembrance

September 15th

Volunteer Recognition

November 15, 16 and 17th

Handcraft Open House

November 24-25th

Thanksgiving
(RSVP Office closed)

November 28th

Giving Tuesday

December 23 & 26th

Christmas Eve
(RSVP Office closed)

December 30th & January 2nd

New Years Eve
(RSVP Office closed)

Coulee Region RSVP Programs



Telephone Reassurance

The Telephone Reassurance Program provides adults with disabilities or those who live alone with a daily call from our volunteers.

The program offers support and peace of mind for individuals as well as their families and friends, knowing that someone is checking on their loved one. Our RSVP volunteers call participants Monday through Friday mornings to offer a daily safety check and socialization.



Handyman

The Handyman Program provides limited fix-it services for individuals in need in our community. The program is designed to help individuals with disabilities, those who are low income, veterans and seniors who are in need of minor home repair. Our volunteers donate their time and skills at no charge.

No job is too small!
All that is required is for the individuals requesting the service to provide/pay for the materials. Limited funds available for those unable to pay.



Driver Program

Volunteer drivers use their own vehicles to transport individuals to medical and personal appointments, Monday through Friday from 7:30 a.m. until 5:00 p.m.

Volunteer drivers receive mileage reimbursement and can volunteer on a daily, weekly, or on-call basis.



Study Buddy

Study Buddies volunteer in area schools sharing at least one hour of their time per week helping students academically and socially. Volunteer assistance includes reading and math tutoring, either in small groups or individually.

Board Member Spotlight **David Pierce, Jr.**

Attorney

Johns, Flaherty & Collins, SC



Hometown:

Tomah, WI

Family:

Two Dogs – Brutus and Titus

Favorite part of the Coulee Region:

I frequent the marsh trails with my dogs, and enjoy the many parks and bluffs

Why Coulee Region RSVP:

Coulee Region RSVP does two things phenomenally – (1) Make a positive difference in the community by helping out our area's many fine nonprofits; and (2) provide positive experiences for folks over 55 in our community. I am proud to be apart of an organization that does so much to give back to the community..

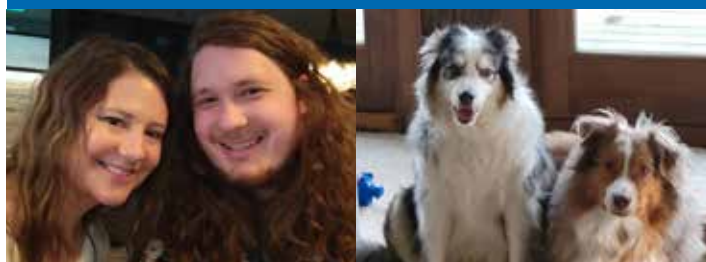
Accomplishments:

I graduated with my undergraduate degree from UW-Eau Claire with a degree in Political Science and graduated from UW-Madison Law School. I am a partner at Johns, Flaherty & Collins law firm in La Crosse. I also serve on the Mobile Meals Board of Directors. I serve District 3 on the La Crosse County Board, and I just began working as an adjunct instructor with WTC teaching Criminal Procedure to Paralegals.

Board Member Spotlight **Emily Reitz**

Dementia Care Specialist

ADRC of Monroe County



Hometown:

Fort Atkinson, Wisconsin

Family:

Husband: Thomas/Dogs: Lando & Remy/Cats: Cooper, Dobby, and Pipurr

Favorite part of the Coulee Region:

I'm not Catholic, but my favorite place is the Shrine of Our Lady of Guadalupe. The architecture is gorgeous and the views are phenomenal. It's amazing and I highly recommend a visit there.

Why Coulee Region RSVP:

I think it's so important to be a part of organizations that help facilitate helping people. People in Monroe County don't have a large amount of volunteers and I think it's time we change that because the desire to volunteer and help is out there.

Accomplishments:

I am really proud of how far I have come in my young adulthood. I didn't graduate from college until I was 30, and I was so blessed to graduate at the same time as my husband and my mom who went back to school online (so proud of them both!) Since then, my husband and I have purchased our first home and I am able to work with people living with dementia and their care partners, and that is really a dream come true for me.

Donations and Contributions

Individual Contributions

Beth Curtis	John & Dee Medinger
Timothy Adamson	Norita (Nel) Miller
Joan M. Anderson	Kurt & Mary Mueller
Joyce Arthur	Dale & Connie Norris
Conrad or Margaret Ann Awtrey	Judy Oestreich
Francie Biesanz	Elaine Patterson
Sister Fran Browning	Carol Peterson
Robert Caplan	Madonna Pralle
John Cartwright	Lillian Raabe
Mark & Minda Chamberlain	Mary Beth Rady
John & Kate Dunnum	Richard Record
Estate of Sandra Eckert	Riley Reinhart
Christopher Eickman	Angie Rhodes
Sherryl Gingerich	Jolene Rust
Mary Greene	Kelly Schiller
Sig & Jean Ann Gundersen	Mark J. & Kimberly A. Schneider
Mary Hall	Peter Shreier
Joe & Pat Heim	Samuel J. & Jean Skemp
Dan & Ruth Kinstler	Jeanne Smith
Catherine Kinyon	Kathy Ticknor
Sister Carrie Kirsch	Janet Virata
Carol Knudtson	Dorothy Wetterlin
Martin Kolar	Diane Wilson
Mitch & Misty Lown	
John & Linda Lyche	
Theresa Mann	
Caroline Mann	
Amy Marcou	

Business Contributions

Cleary-Kumm Foundation, Inc
Culvers La Crosse
Franciscan Sisters of
Perpetual Adoration
Good Shepherd Trust
Foundation
La Crosse Community
Foundation
La Crosse Loggers
Foundation, Inc
Lewis Valley
River Valley Jeans Day
Rotary Lights
St. Pat's Quilting Group
Yarn Cakes
Z93 & Dairyland Power
Cooperative Season of Giving

Without your gifts, Coulee Region RSVP would not be able to offer its many volunteer programs and services.

THANK YOU!

Please know that we make every attempt to include all donors on this list. If we inadvertently failed to include your name, please contact us and we will include your name in our next newsletter.

Thank you for being a friend of Coulee Region RSVP.

Ways to Donate

Your donations are important to help Coulee Region RSVP recruit and support the volunteers who serve their neighbors in communities throughout La Crosse and Monroe County.

**In -Person:**

Make a gift anytime with Cash, Check, Debit or Credit Card

**By Mail:**

Send check or money order to:
2920 East Avenue South, Suite 104
La Crosse, WI 54601

**Online:**

Make a one-time, monthly, quarterly or annual gift online
www.rsvplax.org
Click on “Donate Here” in the right corner

**Gifts In-Kind:**

In-kind gifts are contributions of goods, services & expertise
Some of our immediate needs are: Gift cards to home improvement, fabric or retail stores, sewing supplies and kids’ fabric. Please call 608-785-0500 to see our wish list.

**Legacy Gift:**

To support Coulee Region RSVP’s mission for the future, you may designate a gift to RSVP in your will or list Coulee Region RSVP as a beneficiary under a financial account, a retirement plan or a life insurance policy.

**Memorials or Tributes:**

You can dedicate your donation to recognize a volunteer, family member and friend with a tax-deductible gift to Coulee Region RSVP.

Other ways to Support RSVP



Kwik Trip Scrip

We have enrolled in the Kwik Trip Scrip program. How does this work? We have Kwik Trip gift cards in the office that you can stop by any time during office hours and purchase.

They are used like any other gift card, only a portion of the proceeds comes back to RSVP. If you would like to purchase multiple cards or want a card denomination larger than what we have in the office, we do have an order form that you can fill out.



Amazon Smile

When you shop at AmazonSmile, they will donate a portion of your eligible purchases to Coulee Region RSVP! RSVP can receive 0.5% of all purchases made on AmazonSmile.

To sign up – just visit the AmazonSmile page (smile.amazon.com) and follow these steps:

1. Log in to your account, and search for “Coulee Region RSVP” (look for the small orange “supporting” banner under the Search bar).
2. From there you can select RSVP as your charity recipient).
3. Its that easy!

Remember that when you make purchases, you must always do so from the Amazon Smile page (not the Amazon general page) in order for RSVP to receive the donation.

Tear this off and send in to us at
2920 East Ave S #104
La Crosse, WI 54601

Make a Gift Today

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Enclosed is a gift of:

☐ \$1,000 ☐ \$500 ☐ \$250 ☐ \$150 ☐ \$100 ☐ \$50 _____

Payment Information:

- Checks can be payable to Coulee Region RSVP
- To make a secure donation, go to www.rsvplax.org
- Please charge my card:

VISA

Mastercard

American Express

Credit Card Number: _____

Expiration Date: _____ Security Code: _____

Signature: _____

Optional:

This gift is in honor of: _____ memory of: _____

Please send an acknowledgement to:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Your donation is tax-deductible, thank you for your gift to
Coulee Region RSVP.



Through collaboration with community nonprofit organizations, we provide meaningful volunteer experiences for individuals age 55 and better in our community. We achieve this mission by identifying community needs, recruiting, and placing volunteers in diverse, intergenerational volunteer opportunities to over 90 different sites throughout La Crosse and Monroe Counties.

www.rsvplax.org

IF YOU DO NOT WANT TO RECEIVE FUTURE FUNDRAISING REQUESTS SUPPORTING COULEE REGION RSVP, PLEASE CALL OUR OFFICES BETWEEN 8:00AM-4:00PM MONDAY-FRIDAY AT 608-785-0500 OR INFO@RSVPLAX.ORG AND LEAVE A MESSAGE.

Board of Directors

The Friends of Coulee
Region RSVP, Inc.

President

Richard "Dick" Record

Retired – Midwest Family
Broadcasting

Vice President

John Medinger

Retired – Former Mayor of
La Crosse

Treasurer

Amy Marcou

Coulee Bank – VP Mortgage Lending

Coulee Region RSVP Staff

Ruth Kinstler

RSVP Director

rkinstler@rsvplax.org

Tessa Thurin

RSVP Administrator

tthurin@rsvplax.org



AmeriCorps
Seniors

Sister Fran Browning

Franciscan Sisters of Perpetual Adoration

Beth Curtis

Retired- Onalaska School District

Kate Dunnum

Mayo Clinic Health System

John Hamilton

Retired – Western Technical College

Joseph Heim, PhD

University of Wisconsin - La Crosse

David Pierce

Johns, Flaherty & Collins, SC

Emily Reitz

ADRC of Monroe County

Shayna Schertz

Gundersen Health System

Coulee Region RSVP, Inc.

2920 East Avenue South, Suite 104

La Crosse, WI 54601



Phone: 608.785.0500

Email: info@rsvplax.org

Website: www.rsvplax.org

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