

# YOUR PLACE TO VOLUNTEER



COULEE REGION  
**RSVP**

Retired Senior Volunteer Program

Impact Report 2025

1973-2025



## Dear Volunteers,

As I reflect on another year of service and community connection, I want to take a moment to personally thank each and every one of YOU for the incredible difference YOU make in the Coulee Region.

Your time, your compassion, and your unwavering commitment to helping others do not go unnoticed. Whether you're mentoring students, driving clients to appointments, doing minor fix-it repairs, making reassurance phone calls, handcrafting various items, supporting local nonprofits, or offering a friendly smile to someone who needs it most-YOU are the heart of our community.

I am especially grateful for the many hours YOU have volunteered at the various organizations we are proud to collaborate with throughout La Crosse and Monroe counties. Your dedication strengthens these partnerships and helps ensure that vital services reach those who need them most.

I am also incredibly thankful for the time and energy YOU devote to the programs we offer within RSVP. Whether it's through our signature initiatives or newer efforts responding to emerging community needs, your involvement allows us to continue growing our impact and reaching more people each year.

Every hour YOU give helps build a stronger more connected Coulee Region RSVP. Your work may not always make headlines, but it makes a world of difference to those YOU serve. From the small acts of kindness to the major efforts YOU lead, YOU remind us all what it means to care.

I am deeply grateful for YOU- for your generosity, your wisdom, and your willingness to show up and serve. **YOU inspire me every day.**

On behalf of the entire Coulee Region RSVP staff and Board of Directors, thank YOU for being the change-makers our community is blessed to have.

Please feel free to contact me if you have any questions, concerns or feedback. I would love to hear from YOU!

Thank YOU!

**Ruth Kinstler**

*Executive Director*



Another year has passed, and we are busier than ever in our Transportation, Handyman, Telephone Reassurance and Handcraft programs.

These programs are essential to so many community members and it's through them that we make a significant impact on their daily lives.

Coulee Region RSVP (RSVP) volunteers are phenomenal and it's solely because of you that RSVP continues to adapt and grow while remaining a highly visible and valuable organization within our community. Through your commitment and dedication, generous donation of time and specialized skill sets, you connect with our fellow community members and touch their lives in so

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many ways. Whether it's the thousands of drives to and from medical appointments that we provide, the thousands of lovingly crocheted or knitted items donated, the regular and reliable, friendly, phone calls or the much-needed repairs to steps or installations of grab bars, you do it all.

Social connection is essential for our physical, mental and cognitive health and can help provide us with a sense of belonging and purpose. RSVP provides the opportunity, and you respond every time. Step by step, RSVP is working to promote a healthier and more engaged senior volunteer force prepared to meet the critical needs of our community head-on.

I am proud to say that I work with RSVP and that I am, in a small way, making our community a better place to live. Thank you for allowing me to serve you and thank you for all that you do. As I look forward to another year as your Administrator, please know that I remain dedicated and focused on serving you so that we may continue to serve others in our community.

Thank you!

**Alisa J. Feller Borden**

*RSVP Administrator*



Do you ever wonder what a Development Coordinator really is? Probably not, but I am going to tell you anyway: it means I create and manage fundraising projects. Mailed appeals,

auctions, raffles, grant writing, and the fiber arts garage sale all fall within my duties. RSVP Executive Director Ruth and I make decisions about what kind of fundraising to try, and then I "develop" it. Hopefully (but not always) with great results.

Support from individuals, businesses, and

foundations has always been a part of RSVP funding, and currently, we are looking at a future where it will become even more important. It appears increasingly likely that AmeriCorps Seniors will not be funded beyond the present fiscal year, ending March 31st. In ordinary times, we would have already received material for applying for next year's grant, so even though no official word has come, the lack of any information is telling.

Coulee Region RSVP has been a part of AmeriCorps since its inception in 1973. If AmeriCorps Seniors ceases to exist, we will be embarking on a new era. Despite federal assistance, RSVP has always been highly localized in its area of service, as we exist to serve the elders of La Crosse and Monroe Counties. If RSVP is to continue its mission of improving the quality of life in its service area, we will depend on increased regional support.

As a result, there will be increased fundraising activity, such as the Spring Appeal letter you received for the first time this year. For a first-time event, the response was impressive, with over \$4,000 raised. Give yourselves a pat on the back! It was the generosity of you, our supporters, that made that possible.

Along with efforts to raise immediate funds to address a budget shortfall, RSVP would like to remind you that you can support us with a planned gift in your will or estate plan. This is an act of generosity that you commit to now, which RSVP benefits from after your passing.

Legacy giving leaves a lasting impact on an organization that you already appreciate and support. It carries your relationship with RSVP into the future. A legacy gift is a promise that RSVP will be here for others the way it was here for you or your loved one.

If you would like to learn more about how you can secure RSVP's future with a promise of your own, please contact me, 608-785-7734.

Thank you!

**Peggy Derrick**

*Development Coordinator*

July 1, 2024-  
June 30, 2025

# Welcome New Volunteers!

Kathryn Alden

Laura Arndt

Karl Bisek

Kathy Bisek

Joan Bladl Haar

Lynn Blakeley

Jeffery Blakeley

Heidi Blanke

Margaret Bluske

Patricia Boero

Theresa Brennan

Alan Brinkman

Carlton Clark

Amy Cooper

Joyce Crothers

Vickie Evenson

Norman Faeth

Jo Beth Gaul

Martin Gaul

Christine Hanson

Sandra Harvey

James Haskins

Connie Hiliker

Sarah Hinze-Pataska

Christel Holcomb

Tom Howe

Ann Hudson

Jolene Huiss

Judy Kirkpatrick

Dawn Kussman

Benjamin Lehmann

Bill Liska

Cindy Liska

Carol Maier

Kimberly Markwardt

Virginia Matysik

Sue Mendell

Patricia Nelson

Julie Noll

Jasbir Oshan

Linda Ott

Jennifer Sauer

Patti Schaub

Linda Schmidt

Joan Schultz

Roseanne Schulz

Gail Shepardson-Aldridge

Judy Smith

Linda Thomas

Todd Trautmann

Laura Vierling

Mary Vogt

Robyn Wiech

Mark Zachary

## Ways to submit your hours monthly:

**Online:** [rsvplax.org](https://rsvplax.org)

### Volunteer Hours Sheet:

Email- [rkinstler@rsvplax.org](mailto:rkinstler@rsvplax.org)

*Please feel free to reach out to Ruth Kinstler if you have any questions.*

Do you know someone who might like to volunteer? RSVP volunteers are our best recruiters as they spread the word about why they like volunteering and the need for more volunteers. Please pass this newsletter onto a friend or neighbor and tell them what RSVP means to you!

*Remember to submit your hours at the end of each month. This is very important for us to receive our Federal Grant Award from AmeriCorps Seniors.*

# Volunteer Recognition

## 2024 Recap We're UnBEElievably Thankful For You"

On Thursday, September 19, 2024, we held our Annual Volunteer Recognition event at Moose Lodge #1920 in La Crosse. Everyone enjoyed socializing and sharing a lunch of sloppy joes followed by a large, decorated cookie for dessert.

Many new and long-time volunteers attended, and all received a "goody bag" to take home.

During the recognition, we honored Sandra Hooser who received the Presidential Lifetime Achievement Award. Also honored was Marti Clark who received a 10,000-hour award.



# 2025 Volunteer Awards

**BRONZE**



**100-249hrs**

Kathryn Alden  
Rhonda Adams  
Jeffery Blakeley  
Margaret Bluske  
Suzy Comeau  
Joyce Crothers  
Pat Evanson  
Trudi Anne Ewing  
Sue Hammond  
Christine Hanson  
Sandra Harvey  
Roger Imes  
Richard Jacobs  
Kerry Jedele  
Tommy Lee  
Tom Nigon  
Mike Noelke  
Myrna Paulson-Simpson  
Candy Pearse  
Barbara Pulfrey  
Patti Schaub  
Pam Squire  
Jacalyn Stavlo  
Kimberly Sweet  
Debera Uy  
Norma Van Vleet  
Mary Vogt  
Mark Zachary

**SILVER**



**250-499hrs**

Ruth Adams  
Kathryn Alden  
Penny Bergsten  
Jeffery Blakeley  
Jerald (David) Blatt  
Sue Chattington  
Joyce Crothers  
Trudi Anne Ewing  
Robert Gamoke  
Ellen Gianoli  
Kerry Jedele  
Renee Kastenschmidt  
Tommy Lee  
Candy Pearse  
Deb Peitz  
Doug Peitz  
Lee Ann Saylor  
Lori Schaub  
Patti Schaub  
Jacalyn Stavlo  
Norma Van Vleet  
Cheryl Vieth  
Mark Zachary

**LIFETIME AWARD:**

**Norita (Nel) Miller**  
**Mary Greene**  
**Maureen Kinney**  
**(4,000+hrs)**



**GOLD**



**500-3,999hrs**

Tom Abing  
Lynn Adams  
Penny Bergsten  
Jeffery Blakeley  
James Boardman  
Valerie Hanson  
Kerry Jedele  
Donna Kemp  
Carol Knox  
Walter Manthei  
Marcy Olson



**RSVP Special Awards**

**Rhonda Olafson:**  
**10,480.00 hours**  
**Sr. Mary Morrissey:**  
**18,393.21 hours**

*All awards are calculated for the time period July 1, 2024 through June 30, 2025*

# RSVP Crossword Puzzle

Our volunteers are a hit!

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| O | L | V | O | L | U | N | T | E | E | R | L | T |
| T | I | S | N | P | E | P | P | E | R | U | S | A |
| A | O | M | I | L | D | I | A | F | I | T | G | B |
| M | G | O | O | D | R | L | R | O | T | H | N | L |
| O | S | E | N | J | O | Y | T | R | S | K | I | E |
| T | A | C | O | H | C | A | N | K | O | H | N | B |
| T | U | I | F | L | O | U | R | O | L | L | O | R |
| A | C | P | A | R | W | K | C | A | N | S | S | T |
| S | E | S | L | U | N | C | H | J | A | M | A | E |
| T | C | P | I | A | T | E | E | A | L | I | E | L |
| Y | U | M | S | L | T | H | E | L | P | R | S | L |
| G | T | I | A | S | A | L | S | A | L | N | P | I |
| G | T | S | T | P | E | H | E | P | A | A | I | K |
| E | E | S | X | I | M | A | K | E | T | S | C | S |
| P | L | O | N | H | P | T | B | N | E | P | Y | Q |
| M | E | X | I | C | A | N | N | O | O | P | S | W |

|        |          |         |        |            |           |
|--------|----------|---------|--------|------------|-----------|
| ALISA  | FORK     | MAKE    | PART   | SALT       | SPOON     |
| ATE    | FRY      | MEAT    | PEGGY  | SAUCE      | STIR      |
| BEANS  | GOOD     | MEXICAN | PEPPER | SEASONINGS | TABLE     |
| CHEESE | HAT      | MILD    | PLAN   | SKILLET    | TACO      |
| CHIPS  | HELP     | MISS    | PLATE  | SNACK      | TASTY     |
| COOK   | HOT      | MIX     | RIPE   | SALSA      | TOMATO    |
| EAT    | JALAPENO | NACHO   | ROLL   | SPICE      | VOLUNTEER |
| ENJOY  | LETTUCE  | OIL     | RUTH   | SPICY      | WRAP      |
| FLOUR  | LUNCH    | ONION   |        |            |           |



## Program Spotlight



# Handyman

Handymen and women complete home repairs and safety modifications to help those 55 and better remain safely and live independently for longer in their own homes. Volunteers donate their talent and precious time at no charge to the client. Clients are only responsible for costs associated with the purchase of materials to complete a job. Our handymen and handywomen volunteers are committed to ensuring the safety of local senior citizens.

This service would not be possible without the dedication of our Handyman Program volunteers. A great benefit of joining this team is collaboration with other individuals who share a passion for helping others. Our handymen and handywomen forge bonds with one another, stay busy and work alongside other talented volunteers on jobs all while giving back to our community. We are looking to expand our team to accommodate more requests from community members and allow more aging people to stay in their own homes longer.

Please contact Alisa Feller Borden at [afellerborden@rsvplax.org](mailto:afellerborden@rsvplax.org) to learn more.



**“The handyman program is invaluable to this household! Providers are competent, courteous, and totally trustworthy! Thank you for RSVP's help!”**



### Is this program for you?

- Fits easily into your schedule
- Sign a Handyman agreement form
- RSVP office screens and emails out requests to the Handyman Volunteer
- Perform in home repairs and safety modifications
- Mileage reimbursement (current IRS reimbursement rate)



## Program Spotlight



## Telephone Reassurance

The Telephone Reassurance Program provides a friendly telephone call from an RSVP volunteer to an older adult who might be lonely, living alone and/or homebound. The goal of the program is to eliminate or reduce concerns facing homebound seniors such as isolation, loneliness, depression, anxiety, and cognitive decline. Older adults want to remain independent and age in place in their own homes. However, because they are isolated or homebound, meaningful relationships can be difficult to come by. Telephone reassurance volunteers reach out by phone regularly to these seniors to offer a friendly check-in and an opportunity to feel connected to the community beyond their front door. These phone calls provide comfort to participants, their families, and their friends.

Volunteers partner with participants based on similar interests. Calling schedules depend on what arrangements the volunteer and recipient agree upon. Callers record notes and their volunteer hours and turn them in monthly while reporting any immediate concerns to their supervisor.

Volunteers make a significant impact on a person's life from the comfort of their home, and we often find that the benefits of this program are mutual – both the volunteer and the participant find that these regular checks are something that they both look forward to.



## Transportation

The Transportation Program provides safe, reliable, and friendly rides to individuals in our community who do not have other means of transportation. Volunteer drivers transport clients to and from medical and personal appointments. Volunteers donate their time and in return receive mileage reimbursement at a rate set annually by the IRS.

This program is always in need of additional volunteer drivers to help assist our aging community with their transportation needs. The more drivers we have, the more rides we can accommodate and, the greater the impact we can have in our community. We offer flexibility to our volunteers so that they can drive as little or as much as they would like based on their own personal schedule and preferences.

If you are interested in joining the Transportation Program, please connect with Alisa Feller Borden at [afellerborden@rsvplax.org](mailto:afellerborden@rsvplax.org).



**"They are wonderful, on a scale of 1-10 I give them a 15! They are great, so nice and friendly. So easy to talk to. I am lucky to have such a nice company helping me."**

**"I don't drive any more. The drivers are friendly and very kind. I am thankful for the service."**



## RSVP Key Areas of Service



# Handcraft

Our Handcrafters are hard at work throughout the year to prepare for the Annual Handcraft Open House which we host every November. Handcraft volunteers log over 20,000 hours as they knit, crochet & sew items to be distributed to community members in need. When completed items arrive to our office we have a designated volunteer, Marti Clark, who tags and counts each item. These items are then sorted and are ready to be passed out to the many organizations whose representatives attend our Handcraft Open House. Some of the items that we have available are: hats, marble mazes, mittens, scarves, wheelchair/walker bags, twiddlemuffs, shawls, tie blankets, lap blankets & clothing protectors.

Although organizations can stop by and pick up items throughout the year, we distribute the bulk of our handcrafted items during the Handcraft Open House each November.

The RSVP Handcraft Program donated items to over 40 organizations last year. Some of the organizations that we partnered with are: St. Croix Hospice, Moments Hospice, The Salvation Army, Catholic Charities, The Parenting Place, YMCA, Brookdale, La Crosse Health Department, ADRC-La Crosse and Monroe Counties, Head Start (La Crosse County) and the La Crosse Public Library.

Do you know of someone who has items to donate? Our handcraft program loves donations of yarn, thread, material, fleece, flannel, etc.

The RSVP Office hosts the “Knotty Knitters” every Wednesday from 8:00am-11:00am. RSVP handcrafters are welcome to come to socialize and meet other knitting/crocheting volunteers. No signup required.



# Honoring a Volunteer



## Rosemary Stalsberg

Former RSVP volunteer Rosemary Stalsberg passed away on October 1, 2024. Many of you may have known Rosemary: she was an RSVP volunteer for 19.5 years! Rosemary was a long-time member of the Knotty Knitters and logged thousands of hours as an RSVP Handcrafter. As well as knitting, she sewed hundreds of pediatric surgical caps for what was then Gundersen Hospital, giving children something new, bright and engaging on what can be an anxiety-filled day for them and their families.

Over the years Rosemary represented RSVP at many different local non-profits. She filled all sorts of roles at the Habitat Restore, the Coulee Region Humane Society, the La Crosse Symphony Orchestra, GROW.org, the Parenting Place, Catholic Charities, the YWCA, and the Pump House Regional Art Center—and that's just a partial list.

Our Executive Director, Ruth Kinstler, remembers Rosemary, who was still sewing surgical caps when Ruth started at RSVP. She got to appreciate Rosemary's spunky energy and sweet nature, before her health required her to retire. Alisa and I did not have the pleasure of meeting her and we were all amazed when the trickle of memorial donations that began arriving after her death turned into a small avalanche. Rosemary touched many people who still remember her with love and admiration.

She began volunteering at RSVP in 2004, just a few years after losing her husband, and continued until September 2023. Until a year before her death, Rosemary kept on sewing items for donations; she was a dedicated volunteer up until the end.

Her family has been very generous in making gifts in honor of her memory. It is inspiring to us here at RSVP to see how Rosemary's family treasured her and how they continue to support us in her memory. We at RSVP are very grateful for their support, but mostly we are grateful for the gift of Rosemary. She loved the community of La Crosse and devoted herself to helping others.



*Whenever the family of an RSVP volunteer or client designates Coulee Region RSVP for memorial gifts in honor of the deceased, RSVP benefits from those gifts. In a time of loss and sadness, you can honor the memory of your loved one and help keep their memory alive by designating Coulee Region RSVP as a recipient of memorials.*

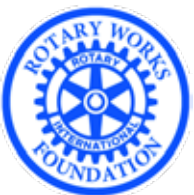


## Technology Update

RSVP has added a video conference system to its large conference room. We can now host meetings that are “hybrid,” with remote participants joining people in the meeting room. Some of our busy board members use this option, and we even had a board member join us from vacation in Paris!

The camera and microphone track speakers in the room which helps remote attendees follow discussions. Presentations are being enhanced with video or slides, and meetings of all sorts are seeing the benefit. We are looking forward to using the system for volunteer orientations and training.

We are indebted to the La Crosse Area Community Foundation, the Mayo Clinic Health System, and the Rotary Works Foundation for providing the funds for this project. Please join us in thanking them for their support!





**Coulee Region RSVP Presents:**

# **EMPOWERING SENIORS: RSVP'S NEW SERIES OF LESSONS AND LECTURES ON SUBJECTS OF SPECIAL INTEREST TO SENIORS**

*Come join us for information and fun!*

How to be  
Dementia  
Friendly

Tips &  
Resources  
for  
Caregivers

Social  
Security  
Questions?

How to  
Declutter  
successfully

Safe  
Facebook  
usage

Setting up  
your cell  
phone

Watch for more information on upcoming times & topics  
Do you have a topic you would like to see covered? Call Ruth at  
608-785-7632



## Do you have needlework supplies you are no longer using? Donate them to Coulee Region RSVP!

RSVP is accepting donations of yarn, fabric, and other needlework supplies and tools for their upcoming periodic Fiber Arts Garage Sale on January 18, 2025.



### Items being accepted:

Woven fabric, yarn, books, notions, patterns, roving, small tools and supplies, and large tools such as spinning wheels, looms, and quilt frames. Sewing and knitting machines *in working order*. Trim and ribbons; supplies and tools for all needlework crafts: embroidery, needlepoint, rug hooking, felting, fabric dying, etc.

**Items not accepted:** fabric scraps smaller than a fat quarter, knit fabrics, finished goods, magazines, non-working machines or tools, and dirty, moldy, or smoke-damaged items.

**Donations can be dropped off at Coulee Region RSVP, 2920 East Ave. S., La Crosse, WI,  
Monday thru Thursday, 8 a.m. to 4 p.m.**

**Questions? Ph. 608-785-0500**



[www.rsvplax.org](http://www.rsvplax.org)

*Coulee Region Retired Senior Volunteer Program is a local  
501(c)3 organization dedicated to improving the lives of  
seniors in our region.*



## *Third Fiber Arts Garage Sale*

A one-day sale to benefit the Handcraft Program of  
the Coulee Region Retired Seniors Volunteer Program

608-785-0500

[www.rsvplax.org](http://www.rsvplax.org)

***Saturday, January 17***  
***9 am to 2 pm***  
***2920 East Ave. South***  
***La Crosse, WI***



Do you have items to  
donate? Call us to arrange  
a drop-off time.  
608-785-0500

### Attention:

- Fiber Artists
- Students
- Art Teachers
- Theater Departments
- Pre-school teachers
- Knitters, Crocheters
- Quilters
- Sewers
- Weavers
- Crafters

Search thru hundreds of  
items donated by fellow  
crafters and local  
businesses, including yarn,  
fabric, floss, canvas, books,  
patterns, notions,  
stretchers, knitting  
needles, fabric paints &  
dyes, and lots more!

# Upcoming Events

## Coulee Region RSVP Programs



### Telephone Reassurance

The Telephone Reassurance Program provides adults with disabilities or those who live alone with regularly scheduled phone calls from our volunteers.

The program offers support and peace of mind for individuals as well as their families and friends, knowing that someone is checking on their loved one. Our RSVP volunteers call participants Monday through Friday mornings to offer regular safety checks and socialization.



### Handyman

The Handyman Program provides limited fix-it services for individuals in need in our community. The program is designed to help individuals with disabilities, those who are low income, veterans and seniors who are in need of minor home repair. Our volunteers donate their time and skills at no charge.

No job is too small!

All that is required is for the individuals requesting the service to provide/pay for the materials. Limited funds available for those unable to pay.



### Driver Program

Volunteer drivers use their own vehicles to transport individuals to medical and personal appointments, Monday through Friday from 7:30 a.m. until 5:00 p.m.

Volunteer drivers receive mileage reimbursement and can volunteer on a daily, weekly, or on-call basis.



Yellow Highlight indicates the RSVP Office is closed.

2025

**November 11th**  
Veteran's Day observed

**November 18th-20th**  
Handcraft Open House

**November 27th-28th**  
Thanksgiving

**December 2nd**  
Giving Tuesday

**December 25th, 26th, 31st**  
Christmas

**January 1st - 2nd**  
New Years

**January 17th**  
Fiber Arts Sale

**January 19th**  
Martin Luther King, Jr Day

**April 18th**  
Easter

**May 22nd and 25th**  
Memorial Day

**July 4th**  
4th of July

**September 7th**  
Labor Day

**September 24th**  
RSVP Volunteer Program

2026



*Board Member Spotlight*  
**Carissa Pagel-Smith**  
**Manager**  
 ARDC of La Crosse County

**Hometown:**

Onalaska, WI; Holmen High School Alumna

**Family:**

Married with three boys—twin seniors at Holmen High School and our youngest in 8th grade at Holmen Middle School—who make every day an adventure.

**Favorite part of the Coulee Region:**

Being able to raise my family in the same area where I grew up, surrounded by natural beauty and a caring community.

**Why Coulee Region RSVP:**

I serve on the Coulee Region RSVP board because I have seen firsthand the incredible impact volunteering has—not only for those receiving the support, but also for the volunteers themselves. RSVP helps older adults stay active, connected, and purposeful, and being part of that mission is deeply fulfilling to me.

**Accomplishments:**

In addition to my work with the ADRC, I serve as Vice President of the Aging and Disability Professionals Association of Wisconsin (ADPAW). In this role, I take an active part in supporting the state's aging and disability network and advocating for the needs of older adults, people with disabilities, and their families. I am proud to help strengthen programs, elevate community voices, and ensure that services continue to promote dignity and independence for those we serve.



*New Board Member*  
**Vie Matty**  
**Manager**  
 Family and Community Engagement, Head Start

**Hometown:**

Wausau, Wisconsin

**Family:**

Husband, Stephen. Children: Sam (20), Atticus (15), Evan (13) Dog: Luna (6)

**Favorite part of the Coulee Region:**

The beautiful Mississippi, bluffs, trails, and the kind and supportive community-minded people calling the Coulee Region home.

**Why Coulee Region RSVP:**

The heart and soul of this group is demonstrated by ensuring children and adults in this community are cared for and supported. The love that goes into each warm set of hats, mittens, scarves, blankets, and other well-made handcrafted items is felt and seen when children and other community organizations receive these gifts. Most importantly, ensuring that our 55 and better neighbors are also cared for by providing that connection and support that is needed to take care of one another in this community.

**Accomplishments:**

Kept three boys fed, alive, and the dog too! Also, being a mother, wife, and community member that hopes to make a difference in the life of at least one child or individual.



*New Board Member*  
**Darci Keenan**  
**Retired**  
 Family Nurse Practitioner

**Hometown:**

Black River Falls, Onalaska Resident since 2010

**Family:**

Married (Russell) 4 children (2 step), 5 grandchildren

**Favorite part of the Coulee Region:**

The Mighty Mississippi and Black Rivers, 4 seasons, cheese and apples, close proximity to family and friends

**Why Coulee Region RSVP:**

Opportunity to serve in my community. RSVP is built on and around respect, service, integrity, compassion and understanding.

**Accomplishments:**

Raising my family, serving Veterans for over 31 years almost all at the Tomah VA, volunteering throughout my life. Continuing to learn and grow



*Outgoing Board Members*  
**Richare (Dick) Record**  
**Retired Midwest Family Broadcasting**

*Board of Directors 2016-2024*



**Beth Curtis**

**Retired Teacher (Onalaska School District)**

*Board of Directors 2010-2024*

*Volunteer since Feb 2003, deliver driver for Mobile Meals, Presidential Lifetime Achievement Award winner (2021)*

# Ways to Stay Connected



## Facebook

If you have Facebook, please LIKE and SHARE our page, "Coulee Region RSVP".

## Rsvplax.org

There are many things you can do through our rsvplax.org website

- You can reach out to us through our general email
- You can find contact information for each staff member
- You can log into the website and view volunteer opportunities and submit hours
- You can look at the current newsletter and past newsletters

## Constant Contact

One way we communicate with our volunteers on a regular basis is through our weekly emails.

We can update you on any new volunteer opportunities, what we are currently in need of, and anything else we want to share with our volunteers.

# Donations and Contributions

## Individual Contributions

|                         |                         |
|-------------------------|-------------------------|
| Joan Anderson           | Sarah Harrington        |
| Margret Awtrey          | Sandy Harvey            |
| Conrad Awtrey           | Rosemary Hefti          |
| Rebecca Bacon           | Joseph Heim             |
| Linda Barbour           | Pat Heim                |
| James Bartsch           | Andrew Helgerson        |
| Caroline Benser         | Sandra Hoeser           |
| Deberra Bloczynski      | Stephanie Holzer        |
| Gerald Bonsack          | Marilyn Horn            |
| Theresa Brennan         | Ann Hudson              |
| Chris Brown             | Richard Jacobs          |
| Kathleen Brudos         | Jan Janiszewski         |
| Wendy Butler            | Marna Jenson            |
| John Cartwright         | Barbara Katrana         |
| Mark Chamberlain        | Darci Keenan            |
| Martha Clark            | Maureen Kinney          |
| Kevin Cook              | Ruth Kinstler           |
| Judith Corbett-Hutchens | Linda Kloet             |
| Beth Curtis             | Linda Kloet             |
| Kate Dunnum             | Mary Klum               |
| Joyce Ellefson          | Karen Knutson           |
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| Mary Greene             | Corinne Means           |
| Sig Gundersen           | Corinne Means           |
| John Hamilton           | John Medinger           |
| Betty Hammond           | Ruth Ann Mendiola       |

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La Crosse Community Foundation  
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Without your gifts, Coulee Region RSVP would not be able to offer its many volunteer programs and services.

THANK YOU!

Please know that we make every attempt to include all donors on this list. If we inadvertently failed to include your name, please contact us and we will include your name in our next newsletter.

**Thank you for being a friend of Coulee Region RSVP.**

# Ways to Donate

Your donations are important to help Coulee Region RSVP recruit and support the volunteers who serve their neighbors in communities throughout La Crosse and Monroe County.

**In -Person:**

Make a gift anytime with Cash, Check, Debit or Credit Card

**By Mail:**

Send check or money order to:  
2920 East Avenue South, Suite 104  
La Crosse, WI 54601

**Online:**

Make a one-time, monthly, quarterly or annual gift online  
[www.rsvplax.org](http://www.rsvplax.org)  
Click on "Donate Here" in the right corner

**Gifts In-Kind:**

In-kind gifts are contributions of goods, services & expertise  
Some of our immediate needs are: Gift cards to home improvement, fabric or retail stores, sewing supplies and kids' fabric. Please call 608-785-0500 to see our wish list.

**Legacy Gift:**

To support Coulee Region RSVP's mission for the future, you may designate a gift to RSVP in your will or list Coulee Region RSVP as a beneficiary under a financial account, a retirement plan or a life insurance policy.

**Memorials or Tributes:**

You can dedicate your donation to recognize a volunteer, family member and friend with a tax-deductible gift to Coulee Region RSVP.



Through collaboration with community nonprofit organizations, we provide meaningful volunteer experiences for individuals age 55 and better in our community. We achieve this mission by identifying community needs, recruiting, and placing volunteers in diverse, intergenerational volunteer opportunities to over 90 different sites throughout La Crosse and Monroe Counties.

[www.rsvplax.org](http://www.rsvplax.org)

**Coulee Region RSVP Non-Discrimination Policy**

Coulee Region RSVP is a program that is available to all, without discrimination on the basis of race, color, sex, sexual orientation, pregnancy, religion, age, national origin, genetic information, disability, military status, familial status, political affiliation, or any other characteristic protected by law.



**AmeriCorps  
Seniors**

If you do not want to receive future fundraising requests supporting Coulee Region RSVP, please call our offices between 8:00 AM–4:00 PM Monday–Thursday or Friday 8:00 AM–12:00 PM at 608-785-0500 or [info@rsvplax.org](mailto:info@rsvplax.org) and leave a message.

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## Office Hours

Monday-Thursday: 8am-4pm

Friday: 8am-12:00pm

Coulee Region RSVP, Inc.  
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La Crosse, WI 54601



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