



Coping with Hair Loss

One of the common side effects of chemotherapy and radiation therapy is hair loss. Some kids may experience hair loss, and some may not. If hair loss bothers your child, here are some of the things you can do to help them with their confidence.

Prepare your child for hair loss



Stories

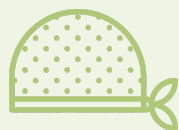
- "Anna Loses Her Hair", CCLG
- "Be Brave Little One" by Marianne Richmond
- "Hair To Share" by Sylvia Walker
- "Hair In My Brush" by LaTasha Young and Taylor Ellis

Give them options



Wigs

- Synthetic Wigs
 - Needs less care
 - Easy styling and managing
 - Less cost
- An individual's health insurance can partially or fully cover wigs. For prescription and approval purposes, ask for a "Cranial Prosthesis"



Hats or Head Scarves

- Cotton fabric scarves/hat tends to stay on a smooth scalp from heat, cold, and sun.
- Protects from heat, cold, and sun.

Reference: <https://www.cancer.org/content/dam/CRC/PDF/Public/8894.00.pdf>
<https://raisingworldchildren.com/2020/10/01/childrens-books-about-hair-loss/>