

# **Entertaining Activities For Kids With Cancer**

Pediatric cancer is challenging for both the patient and their family. Finding activities to entertain your child can help them cope with difficult times and continue creating happy memories.



#### **Arts & Crafts**

Painting, drawing, and other artistic activities allow children to use their imagination and channel their feelings, which can be therapeutic and healing during their challenging cancer journey.



## **Movie Nights**

Watching movies with family and/or friends can lift your child's spirits when they're feeling down. Laughter is the best medicine, so, a lighthearted comedy would be a great choice!



# **Pet Therapy**

Spending time with therapy animals can help children feel more relaxed, reduce anxiety, and provide comfort. Playing with therapy dogs or getting one of your own can improve your child's mental health because of their new friend.



### **Sports**

Playing sports helps maintain your child's mental and physical well-being. Playing sports offers a sense of normalcy and social connections with friends. It provides an opportunity for children with cancer to have fun and live life to the fullest outside the hospital walls.



#### **Nature Walks**

Going on walks outside has a calming effect and also allows your child to get much-needed sunlight outside the hospital's fluorescent lighting.



## **Story Telling**

Reading books can be a soothing and enjoyable way to help children with cancer spend their time while stimulating their minds. This activity can help them relax and feel comforted during their challenging circumstances.



#### **Cooking or Baking**

Cooking and baking can provide an enjoyable activity for children fighting cancer while also getting the essential nutrients to keep fighting as well as working on motor and executive functioning skills that might have been impacted by treatment.



#### **Games**

Playing with toys, board games, cards, or other indoor activities can entertain pediatric cancer patients and help them socialize. This activity can also help pass the time during treatment and target cognitive and motor skills.

REFERENCE: HTTPS://HERETOSERVE.ORG/BLOG/FUN-WAYS-TO-ENTERTAIN-YOUR-CHILD-DURING-CANCERTREATMENT
/#:-:TEXT=ENTERTAINING%20ACTIVITIES%20FOR%20KIDS%20WITH.DURING%20THEIR%20CHALLENGING%20CANCER%20JOURNEY