Books and Resources on Grief, Caregiving and Pediatric Cancer, Pt 1

For Parents with the Death of a Child:

- 1. The Bereaved Parent Harriet Sarnoff Schiff
- 2. The Grief of Parents When a Child Dies The Compassionate Friends
- 3. We Need Not Walk Alone: After the Death of a Child Mary Cleckley, Elizabeth Estes, and Priscilla Norton
- 4. A Grief Unveiled: One Father's Journey Through the Death of a Child Gregory Floyd
- 5. Grieving Dads: To the Brink and Back Kelly Farley
- 6. From Mother to Mother: On the Loss of a Child Emily Long
- 7. Hope Springs from a Mother's Broken Heart Theresa Anthony
- 8. Surviving Sorrow: A Mother's Guide to Living with Loss Kim Erickson
- 9. Comfort for the Grieving Parents Heart: Hope and Healing After the Loss of Your Child Gary Roe
- 10. <u>Beyond Tears: Living After Losing a Child Ellen Mitchell</u>
- 11. Shattered: Surviving the Loss of a Child Gary Roe
- 12. A Broken Heart Still Beats: After Your Child Dies Anne McCracken and Mary Semel
- 13. The Worst Loss: How Families Heal from the Death of a Child Barbara Rosof
- 14. Surviving the Loss of a Child Elizabeth Brown
- 15. Bearing the Unbearable: Love, Loss and the Heartbreaking Path of Grief Joanne Cacciatore

For Children who have Experienced a Death:

- 1. When Dinosaurs Die: A Guide to Understanding Death Laurene Brown
- 2. Sad Ninja Mary Nhin
- 3. A Terrible Thing Happened Margaret Holmes
- 4. Goodbye Book Todd Harr
- 5. I Miss You: A First Look at Death Pat Thomas
- 6. The Emotions Book: A Little Story about BIG Feelings Liz Fletcher
- 7. Always Remember Cece Meng
- 8. Badgers Parting Gifts Susan Yarley
- 9. Chester Raccoon and the Acorn Full of Memories Audrey Penn
- 10. Always and Forever Debi Gliori and Alan Durant
- 11. The Invisible String Patrice Karst
- 12. The Memory Box: A Book about Grief Joanna Rowland
- 13. Bear's Last Journey Udo Weigelt and Cristina Kadmon
- 14. The Worried Child: Recognizing Anxiety in Children and Helping Them Heal Paul Foxman Ph.D.
- 15. <u>God Gave Us Heaven Lisa Tawn Bergren</u>

For Teens who have Experienced a Death:

- 1. <u>Death is Stupid Anastasia Higginbotham</u>
- 2. When Death Walks In: For Teenagers Facing Grief Mark Scrivani
- 3. Straight Talk about Death for Teenagers: How to Cope with Losing Someone that you Love Earl Grollman
- 4. The Grieving Teen: A Guide for Teenagers and Their Friends Helen Fitzgerald
- 5. <u>Grief Recovery for Teens Coral Popowitz</u>
- 6. Navigating Grief: A Guided Journal: Prompts and Exercises for Reflection Mia Roldan
- 7. One Minute Gratitude Journal for Teens Brenda Natan
- 8. Beat the Turtle Drum C. Greene
- 9. A Matter of Time R. Schotter
- 10. Bereaved Children and Teens Earl Grollman

Sibling Loss:

- 1. The Empty Room: Understanding Sibling Loss Elizabeth DeVita-Raeburn
- 2. Sibling Grief: After the Death of a Sister or Brother P. Gill White
- 3. Dear Sibling, I want to Say ...: Grief Journal Healing After the Loss of a Brother or Sister Bando Press



Books and Resources on Grief, Caregiving and Pediatric Cancer, Pt 2

General Grief Books

- 1. Grief Day by Day: Simple Practices and Daily Guidance for Living with Loss Jan Warner
- 2. Grief is A Journey: Finding Your Path Through Loss Dr. Kenneth Doka
- 3. Dream New Dreams: Reimagining my Life After Loss Jai Pausch
- 4. Grief One Day at a Time: 365 Meditations to Help You Heal After Loss Alan Wolfelt Ph.D.
- 5. <u>Transforming Grief and Loss Workbook Ligia Houben</u>
- 6. How to Go on Living When Someone You Love Dies Teresa Rando
- 7. I Wasn't Ready to Say Goodbye Brooke Noel
- 8. Living with Grief: Who We Are, How We Grieve Kenneth Doka and Joyce Davidson
- 9. Chicken Soup for the Grieving Soul Jack Canfield and Mark Hansen
- 10. Healing After Loss: Daily Meditations for Working Through Grief Marthat Hickman
- 11. Courage to Grieve Judy Tatelbaum
- 12. Life After Loss: A Practical Guide to Renewing Your Life After Experiencing a Major Loss Bob Deits
- 13. Awakening from Grief: Finding the Way Back to Joy John Welshons and Wayne Dyer
- 14. Living When a Loved One has Died Earl Grollman
- 15. A Time to Grieve: Meditations for Healing After the Death of a Loved One Carla Fine

Books for Grandparents who have had a Grandchild Die:

- 1. Forgotten Tears: A Grandmother's Journey through Grief Nina Bennett
- 2. Healing a Grandparent's Grieving Heart: 100 Practical Ideas After Your Grandchild Dies Alan Wolfelt Ph.D.
- 3. A Grandparent Sorrow RN

Books for families with a Child who has a Diagnosis of Cancer:

- 1. What Happens When Someone I Love Has Cancer? -Sara Olsher
- 2. Cancer Party!: Explain Cancer, Chemo and Radiation to Kids in a Totally Not Scary Way Sara Olsher
- 3. Nowhere Hair: Explains Your Cancer and Chemo to Kids Sue Glader
- 4. Butterfly Kisses and Wishes on Wings: When Someone You Love has Cancer Ellen McVicker
- 5. How Do You Care for a Very Sick Bear? Vanessa Boyer
- 6. When a Kid like Me Fights Cancer Catherine Stier
- 7. The Puddle Jumper's Guide to Kicking Cancer Elizabeth Billups
- 8. Amazing Annabelle: A Story for Kids Fighting Cancer Dyan Fox
- 9. Chemo to the Rescue: A Children's Book about Leukemia Mary Brent
- 10. <u>Goodnight, Hospital Room Marilyn Luce Robertson</u>

Resources and Organizations:

- 1. The Compassionate Friends: National Organization for Parents who have had a child Die.
 - a. We have a local Chapter in Chattanooga that meets on the 2nd Sunday of the Month from 3-5.
- 2. NAGC.: National Alliance for Grieving Children.
 - a. Great information about children and death.
- 3. <u>Dougy Center. A Center in Portland, OR that provides grief services for all.</u>
 - a. They have a number of books and workbooks for kids/teens on grief.
- 4. Alan Wolfelt, Ph.D., has written a number of books for kids, teens, and parents on grief and loss.
- 5. Cope Foundation.
- 6. Bereaved Parents of the USA.
- 7. MISS Foundation.
- 8. Bereaved Parenting.
- 9. AARP Foundation: Grief and Loss Programs

Resources for Family Caregiving:

- 1. www.helpguide.org
- 2.www.caregiverstress.com

