

Professional Advanced Age-Defying Treatment for Mature Skin

Ideal for Normal to Dry Skin Types

Service Time: 90 Minutes.

Treatment Objective:

Delight in a revitalizing 90-minute session that involves a nourishing exfoliation treatment using MD Fruits Peel & Enzyme peels. This specialized treatment is tailored to address fine lines, wrinkles, enhance skin elasticity, refine skin texture, and deliver deep hydration and moisturization for individuals with mature, dry skin looking for a targeted pro-aging solution. The precise combination of thorough cleansing and chemical exfoliation, combined with the application of therapeutic anti-aging serums, yields a luminous and exceptionally smooth complexion, offering deep nourishment and intensive moisture.

Treatment Steps

- 1 **Makeup Removal:** Gently remove eye makeup using PureGlow Aloe & Cucumber Makeup Remover and Herbal Eye Makeup Remover applied to a cotton pad. Preheat the facial steamer. Cleansing: Cleanse the face, neck, shoulders, and décolleté using ReviveLactic Cleanser, warming it between your palms before application. Thoroughly remove it with a warm, damp washcloth.

 - 2 **Toning:** Apply Edelweiss & Lavender Petal Mountain Breeze Toner to cotton pads to tone the face.

 - 3 **Peel Preparation:** Prepare the face and neck by applying a small amount of MD PrePeel Solution on a cotton pad. Allow it to dry completely. Apply MD Fruits Peel before administering MD Fruits Peel. Inform the client about possible tingling or mild stinging. Apply the peel using long-handled cotton swabs, starting on the forehead and moving around the face while avoiding the immediate eye area and neck. Allow the solution to sit for 5 minutes.

 - 4 **Neutralization:** Use MD Peel Neutralizer with a cotton pad following the same pattern as the MD PrePeel Solution application. Follow with sponges and cool water to ensure complete removal.

 - 5 Gently blot the skin with a clean paper towel and then cleanse the entire face with Edelweiss & Lavender Petal Mountain Breeze Toner on a cotton pad.

 - 6 Apply Island Fruit Kiss Banana & Pineapple enzyme peel evenly to the face and neck (excluding the eye area) and use light steam for another 8 – 10 minutes.

 - 7 If available, use a Beauty device like an ultrasonic spatula to remove the Island Fruit Kiss Banana & Pineapple enzyme peel, and then proceed to wash the skin. If not, wash the skin with a warm, soft towel, being gentle as the skin may be sensitive.

 - 8 Dispense a few pumps of Youthful Apple Stem Cell Serum and Phyto Hyaluronate & Squalane Glow Serum (1:1) to the face and neck. Use a beauty device like ultrasound or perform a face and neck massage with your hands. If the serums are penetrating too quickly, and you need to maintain a smooth flow of massage, you can add the Edelweiss & Lavender Petal Mountain Breeze Toner to your palms. This will enable you to continue the massage for a longer duration, and the same technique can be applied with a beauty device.

 - 9 Apply the Lipid-Intensive Evening Primrose Cream and proceed with the massage for 5-7 minutes.

 - 10 In a bowl, mix 3-4 pumps of ReviveRetinol Renewal Mask and spread it evenly on the face and neck for 12 minutes. Cover the face with a dry towel and perform a shoulder massage for the first 5 minutes.

 - 11 Gently remove the mask with a Beauty Ultrasonic Spatula device if available and then proceed to wash the skin. If not, wash the skin with a warm, soft towel, being gentle as the skin may be sensitive.

 - 12 **Toning:** Apply Edelweiss & Lavender Petal Mountain Breeze Toner to cotton pads to tone the face.

 - 13 If necessary, perform extractions. If the skin needs softening for extraction, use Desincrustation Gel and steam for an additional 5 minutes. Wash off the Desincrustation Gel and perform extractions of comedones.

 - 14 After extractions, apply Clarifying Salicylic Toner to all areas where extractions were performed.

 - 15 Take one pump of AzaPure Complexion Serum and apply it to extracted spots. To enhance penetration, use it with an ultrasound beauty device for a few minutes.

 - 16 Proceed with Kaolin Mineral Purifying Mask, applying it to the extracted areas, and Apple & Mushroom Glow Phyto Mask on untouched skin including the neck for 10 minutes. Gently remove the mask with warm water.

 - 17 Apply Edelweiss & Lavender Petal Mountain Breeze Toner to a cotton pad and swipe the face and neck.

 - 18 Use the Phyto Hyaluronate & Squalane Glow Serum, massaging it or using a beauty device for a minute.

 - 19 Apply the second layer of Youthful Apple Stem Cell Serum, continuing to penetrate. If the serums are penetrating too quickly, and you need to maintain a smooth flow of massage, you can add the Edelweiss & Lavender Petal Mountain Breeze Toner to your palms. This will enable you to continue the massage for a longer duration, and the same technique can be applied with a beauty device.

 - 20 Conclude with the application of GlowRetinol Night Cream.

 - 21 Apply the second layer of Lipid-Intensive Evening Primrose Cream for the face and neck.

 - 22 Finish with MuruMuru Mango Nourishing Eye Cream

- End of Treatment.

Home Skincare Routine for the Client for Mature Normal to Dry Skin Types by Esthevani Professional Skin Care

	AM	PM
Cleanser	ReviveLactic Cleanser	Pure Glow Aloe & Cucumber Makeup Remover Herbal Eye Makeup Remover Kombucha & Green Coffee Alpha-Hydroxy Cleanser
Tone	Edelweiss & Lavender Petal Mountain Breeze Toner	Mandarin & Grape Hydrating Elixir Toner
Serum	Youthful Apple Stem Cell Serum	Luminous Peptide Serum
Eyes	MuruMuru Mango Nourishing Eye Cream	MuruMuru Mango Nourishing Eye Cream
Moisturize	Lipid-Intensive Evening Primrose Cream	GlowRetinol Night Cream
Once a week	Purifying Harmony Oil-Free Mask Botanical Revive Mask	LuxyGlow Peel VolcaniLava Microdermabrasion

Products needed to perform the treatment:

-  **Pure Glow Aloe & Cucumber Makeup Remover**

-  **Herbal Eye Makeup Remover**

-  **Revive Lactic Cleanser**

-  **Edelweiss & Lavender Petal Mountain Breeze Toner**

-  **MD Pre Peel Solution**

-  **MD Fruits Peel**

-  **MD Peel Neutralizer**

-  **Island fruit Kiss Banana & Pineapple enzyme peel**

-  **Apple & Mushroom Glow Phyto Mask**

-  **Revive Retinol Renewal Mask**

-  **AzaPure Complexion Serum**

-  **Clarifying Salicylic Toner**

-  **Youthful Apple Stem Cell Serum**

-  **Phyto Hyaluronate & Squalane Glow Serum**

-  **Glow Retinol Night Cream**

-  **Lipid-Intensive Evening Primrose Cream**

- **Collagen & Peptides Youth Eye Elixir**