

Professional Advanced Nourishing Treatment for Aging Skin – Normal, Dry, and Dehydrated Skin

Service Time: 60 Minutes.

Treatment Objective:

Begin a revitalizing 60-minute experience aimed at rejuvenating and nourishing aging skin, including normal, dry, and dehydrated skin types. This specialized treatment is dedicated to addressing fine lines, wrinkles, enhancing skin elasticity, refining skin texture, and delivering deep nourishment and hydration for those in pursuit of a targeted anti-aging solution. Through a meticulous combination of comprehensive cleansing, chemical exfoliation, and the application of therapeutic anti-aging formulations, you can attain a radiant and exceptionally smooth complexion while immersing yourself in profound nourishment and intense moisturization

Treatment Steps

- 1 **Makeup Removal:** Gently eliminate eye makeup using PureGlow Aloe & Cucumber Makeup Remover and Herbal Eye Makeup Remover applied to a cotton pad. Preheat the facial steamer.

- 2 **Cleansing:** Cleanse the face, neck, shoulders, and décolleté with ReviveLactic Cleanser, warming it between your palms before applying. Thoroughly remove it with a warm, damp washcloth.

- 3 **Toning:** Apply Mandarin & Grape Hydrating Elixir Toner to cotton pads to tone the face.

- 4 **Peel Preparation:** Prepare the face and neck by applying a small amount of MD PrePeel Solution on a cotton pad. Allow it to dry completely.

- 5 **Apply MD Ferulic & Alpha Hydroxy Peel** before administering MD Ferulic & Alpha Hydroxy Peel. Inform the client about possible tingling or mild stinging. Apply the peel using long-handled cotton swabs, starting on the forehead and moving around the face while avoiding the immediate eye area and neck. Allow the solution to sit for 5 minutes.

- 6 **Neutralization:** Use MD Peel Neutralizer with a cotton pad following the same pattern as the MD PrePeel Solution application. Follow with sponges and cool water to ensure complete removal.

- 7 **Gently blot** the skin with a clean paper towel and then cleanse the entire face with Mandarin & Grape Hydrating Elixir Toner on a cotton pad.

- 8 **Apply the Blossom Cherry Glycolic Peel** evenly to the face and neck (excluding the eye area) and use a light steam for another 5-7 minutes. If available, use a Beauty device like an ultrasonic spatula to remove the Blossom Cherry Glycolic Peel and then proceed to wash the skin. If not, wash the skin with a warm, soft towel, being gentle as the skin may be sensitive.

- 9 **Gently blot** the skin with a clean paper towel and then cleanse the entire face with Mandarin & Grape Hydrating Elixir Toner on a cotton pad.

- 10 **Dispense a few pumps** of Phospholipids & Kombucha Revive Serum and Luminous Peptide Serum: (1:1) to the face and neck. Use a beauty device like ultrasound or perform a face and neck massage with your hands. If the serums are penetrating too quickly, and you need to maintain a smooth flow of massage, you can add the Mandarin & Grape Hydrating Elixir Toner to your palms. This will enable you to continue the massage for a longer duration, and the same technique can be applied with a beauty device.

- 11 **Apply the Herbal Nourishing Restoration Cream** and proceed with the massage for 5-7 minutes.

- 12 **In a bowl, mix 3-4 pumps** of Avocado Mango Ultra-Nourishing Mask and Botanica Collagen Mask, and 1 pump of LuminEssence Mandalic Peel, and spread it evenly on the face and neck for 15 minutes. Cover the face with a dry towel and perform a shoulder massage for the first 5 minutes.

- 13 **Gently remove** the mask with a Beauty Ultrasonic Spatula device if available and then proceed to wash the skin. If not, wash the skin with a warm, soft towel, being gentle as the skin may be sensitive.

- 14 **Toning:** Apply Edelweiss & Lavender Petal Mountain Breeze Toner to cotton pads to tone the face.

- 15 **Use the Phyto Hyaluronate & Squalane Glow Serum**, massaging it or using a beauty device for a minute.

- 16 **Apply the second layer** of Phospholipids & Kombucha Revive Serum and MultiFruit & Collagen Serum, continuing to penetrate. If the serums are penetrating too quickly, and you need to maintain a smooth flow of massage, you can add the Edelweiss & Lavender Petal Mountain Breeze Toner to your palms. This will enable you to continue the massage for a longer duration, and the same technique can be applied with any beauty device that helps penetration, circulation, lifting.

- 17 **Conclude with the application** of Lipid-Intensive Evening Primrose Cream. Apply the second layer of Herbal Nourishing Restoration Cream for the face and neck.

- 18 **Finish with FreshGlow Eye Cream.**

End of Treatment.

Home Skincare Routine for the Client for Aging Skin Seeking Extra Nourishment. Normal, Dry, Dehydrated Skin by Esthevani Professional Skin Care

	AM	PM
Cleanser	ReviveLactic Cleanser	PureGlow Aloe & Cucumber Makeup Remover Herbal Eye Makeup Remover Kombucha & Green Coffee Alpha-Hydroxy Cleanser
Tone	Edelweiss & Lavender Petal Mountain Breeze Toner	Mandarin & Grape Hydrating Elixir Toner
Serum	MultiFruit & Collagen Serum	Phospholipids & Kombucha Revive Serum
Eyes	FreshGlow Eye Cream	MuruMuru Mango Nourishing Eye Cream
Moisturize	Lipid-Intensive Evening Primrose Cream Marine & Botanical Bioflavonoids with Amino Acids Boost	Herbal Nourishing Restoration Cream
Once a week		TropicDream Enzyme Peel
Twice a week	Botanica Collagen Mask	

Products needed to perform the treatment:

-  **Pure Glow Aloe & Cucumber Makeup Remover**

-  **Herbal Eye Makeup Remover**

-  **Revive Lactic Cleanser**

-  **Mandarin & Grape Hydrating Elixir Toner**

-  **Edelweiss & Lavender Petal Mountain Breeze Toner**

-  **MD PrePeel Solution**

-  **MD Ferulic & Alpha Hydroxy Peel**

-  **Lumin Essence Mandalic Peel**

-  **MD Peel Neutralizer**

-  **Blossom Cherry Glycolic Peel**

-  **Avocado Mango Ultra-Nourishing Mask**

-  **Botanica Collagen Mask**

-  **Phospholipids & Kombucha Revive Serum**

-  **Luminous Peptide Serum**

-  **Phyto Hyaluronate & Squalane Glow Serum**

-  **Phospholipids & Kombucha Revive Serum**

-  **MultiFruit & Collagen Serum**

-  **Herbal Nourishing Restoration Cream**

-  **Botanica Collagen Mask**

-  **Fresh Glow Eye Cream**