



FALL 2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
9:00 - 3:00		9:00 - 3:00		9:00 - 3:00		9:00 - 3:00		9:00 - 3:00		9:30 - 10:30	
ACADEMY		ACADEMY		ACADEMY		ACADEMY		ACADEMY		PETITE CIRQUE AGES 5-7	ELLA, ISABEL
3:00 - 4:00		3:00 - 4:00		3:00 - 4:00		3:00 - 4:00		12:00-1:00		YOUTH TRAMPOLINE AGES 8-17	HOLLAND
								HANDSTANDS ADULT	JEAN-LUC	BEG. YOUTH HAMMOCK AGES 8-17	OLIVIA
4:00 - 5:00		4:00 - 5:00		4:00 - 5:00		4:00 - 5:00					
PETITE CIRQUE AGES 5-7	ABBY, TONY	YOUTH TRAMPOLINE AGES 8-17	JON	BEG. YOUTH SILKS AGES 8-17	MARYSUE	PETITE CIRQUE AGES 5-7	ABBY,			TEAM CIRQUE 1, 2 INVITATION ONLY	MARYSUE
BEG. YOUTH SILKS AGES 8-17	MARYSUE	YOUTH CIRQUE AGES 8-17	MARYSUE	BEG./INT. YOUTH LYRA AGES 8-17	OLIVIA	YOUTH TRAMPOLINE AGES 8-17	JON				
YOUTH CIRQUE AGES 8-17	ELLA	CONDITIONING AGES 13+	MOMO	YOUTH TUMBLING AGES 8-17	JON	POWER TRACK AGES 10+	LAUREN			10:30 - 11:30	
YOUTH TRAMPOLINE AGES 8-17	JON	NEXT GEN LAB INVITATION ONLY	LAUREN	TRAMP WALL AGES 10+	HOLLAND	BEG./INT. SILKS AGES 13+	MARYSUE			YOUTH TRAMPOLINE AGES 8-17	HOLLAND
ACTIVE FLEXIBILITY ADULT (AGES 13+)	LAUREN			BEG./INT. ROPE AGES 13+	LAUREN	CONDITIONING AGES 13+	MOMO			BEG./INT. YOUTH SILKS AGES 8-17	OLIVIA
5:15 - 6:15		5:15 - 6:15		5:15 - 6:15		5:15 - 6:15				HANDSTANDS ADULT	JEAN-LUC
YOUTH HAMMOCK AGES 8-17	OLIVIA	BEG. YOUTH SILKS AGES 8-17	MARYSUE	INT. YOUTH SILKS AGES 8-17	MARYSUE	TRAMPOLINE AGES 10+	JON			BEG./INT. LYRA ADULT	JESSICA
BEG./INT. YOUTH TRAPEZE AGES 10+	LAUREN	TRAMPOLINE AGES 10+	JON	YOUTH HAMMOCK AGES 8-17	OLIVIA	AERIAL POLE ADULT / AGES 16+	MOMO			TEAM CIRQUE 1, 2 INVITATION ONLY	MARYSUE
TRAMPOLINE AGES 10+	JON	BEG./INT. LYRA AGES 13+	MOMO	TRAMPOLINE AGES 10+	JON	BEG./INT. LYRA ADULT / AGES 13+	LINDSEY				
HANDSTANDS ADULT	JEAN-LUC	BEG./INT. STRAPS ADULT	TATIANA	CHINESE POLE AGES 10+	HOLLAND	INT./ADV. SILKS ADULT / AGES 16+	LAUREN			11:30-12:30	
TEAM CIRQUE 1 INVITATION ONLY	MARYSUE	NEXT GEN LAB INVITATION ONLY	LAUREN	ACTIVE FLEXIBILITY ADULT (AGES 13+)	MICAH	TEAM CIRQUE 2 INVITATION ONLY	MARYSUE			HAND TO HAND ADULT	JEAN-LUC
				HANDSTANDS ADULT	JEAN-LUC	NGL - MOVEMENT LAB INVITATION ONLY	VARIOUS			BEG./INT. SILKS ADULT	JESSICA
6:30 - 7:30		6:30 - 7:30		6:30 - 7:30		6:30 - 7:30				TEAM CIRQUE 1,2 INVITATION ONLY	MARYSUE
BEG./INT. TUMBLING AGES 10+	JON	INT. YOUTH SILKS AGES 8-17	MARYSUE	DANCE SEQUENCES AGES 13+	MICAH	TRAMP WALL AGES 10+	HOLLAND				
TRAMP WALL AGES 10+	HOLLAND	TRAMP WALL AGES 10+	HOLLAND	CONDITIONING AGES 13+	LAUREN	MAT PILATES AGES 13+	MOMO				
DANCE TRAPEZE AGES 13+	LAUREN	AERIAL POLE AGES 13+	MOMO	TUMBLING AGES 16+	JON	INT./ADV. LYRA ADULT / AGES 16+	LINDSEY				
TEAM CIRQUE 1 INVITATION ONLY	MARYSUE	FLEX : CONTORTION ADULT (AGES 13+)	LAUREN	BEG./INT. SILKS ADULT	MARYSUE	HAND TO HAND ADULT	JEAN-LUC				
		DUO TRAPEZE ADULT	TATIANA			TEAM CIRQUE 2 INVITATION ONLY	MARYSUE				
		HAND TO HAND ADULT	JEAN-LUC			NEXT GEN LAB INVITATION ONLY	LAUREN				