

Session 3

1. Have you ever been called to defend your faith/beliefs?
If not, when do you feel it would be important for you to speak up to defend your faith?
2. What part of the Catholic Faith do you love?
3. What is your understanding of heaven?

Date session was held

Method of Communication

By signing this form, we state that we have completed the faith sharing sessions.

Student signature:

Sponsor signature (*if possible*)

Parent Signature



Faith Sharing Sessions

**For Confirmation
candidates
and their Sponsors**





You have selected a sponsor, someone with whom you have a special relationship. Your sponsor is someone who can be a spiritual mentor as you learn more about your faith and draw closer to Jesus Christ.

Over the coming year, you will engage in some faith-based conversations with your sponsor.

You may communicate by phone, in person, via zoom call or by email. You should ask the sponsor the question and listen carefully to their answer. You should share your response to the question as well.

Things to remember:

***These questions are a starting point only. If the questions lead to other faith discussion, allow the Holy Spirit to move the conversation.**

***You do not need to write any responses. Listen carefully and speak from your heart.**

***You do not need to answer all the questions in one session. This will allow time to reflect and ponder.**

*** Record the date and method of the session. You, your sponsor and your parent, sign the paper as witness to the completion of the sessions.**

Session 1

1. At what point in your life so far, have you felt closest to God? Was there a reason why?
2. How do you give witness to your faith on a day-to-day basis? Do you think it makes you a better person? Why?
3. Is there something that you would like to do to strengthen your relationship with the Lord? What?

Date session was held _____

Method of Communication _____

Session 2

1. How do you participate in the Mass so that you gain all the spiritual benefits of the Liturgy?
2. What part of the Bible is your favorite? Do you have a special passage/verse?
3. Do you have a favorite saint? Why is this saint important to you?

Date session was held _____

Method of Communication _____