

1.5-2.5YRS



Playgroup Term 1 Journey

AUG-DEC 2026



SKILL FOCUS BY SPORT

FOOTBALL

Kicking, balancing, shooting

RUGBY

Handling, throwing, striking

CRICKET

Running, handling, throwing

TENNIS

Racket handling, striking & coordination, tracking

BASKETBALL

Throwing, handling & shooting

HOCKEY

Handling, striking & ground strokes

KEY DEVELOPMENT AREAS

This term's focus, across the three pillars of our program:

MOVE WELL



-Move with balance and control

-Run, stop, and change direction

-Coordinate movements at different speeds

PLAY WELL



-Kick, throw, and strike with control

-Use the right basic skills for each sport

-Combine two actions (e.g., move then send)

GROW WELL



-Follow 1-2 step instructions

-Join in confidently with the group

-Share space and equipment safely

PROGRESS CHECKPOINTS



WEEKLY

Post-class performance updates & character badges via the app



BI-WEEKLY

Emails to prep your child ahead of sport rotations.



MONTHLY

Track progress & character development.



END OF TERM

Report card & certificate.

WHAT TO LOOK FORWARD TO THIS TERM?

THEMED WEEKS & BEACH DAYS

