

2.5-4YRS



# MiniTots Term 1 Journey

AUG-DEC 2026



## SKILL FOCUS BY SPORT

### FOOTBALL

Dribbling, trapping, shooting accuracy

### RUGBY

Running, catching, handling, throwing

### CRICKET

Stationary striking, target throwing, running

### TENNIS

Tracking, striking, timing

### BASKETBALL

Bouncing, catching, passing, shooting

### HOCKEY

Dribbling, stopping, contact from stick to ball

## KEY DEVELOPMENT AREAS

This term's focus, across the three pillars of our program:

### MOVE WELL



-Run, stop, and change direction with control

-Move at faster speed while maintaining balance

-Use sport-specific movements (run, jump, pivot, reach)

### PLAY WELL



-Kick, throw, and strike towards targets with more accuracy

-Stop/control first, then act (receive → pass/shot)

-Combine different sports specific instructions

### GROW WELL



-Follow 2-3 step instructions more consistently

-Join in more independently (less prompting)

-Play cooperatively (share space, listen, join in)

## PROGRESS CHECKPOINTS



### WEEKLY

Post-class performance updates & character badges via the app



### BI-WEEKLY

Emails to prep your child ahead of sport rotations.



### MONTHLY

Track progress & character development.



### END OF TERM

Report card & certificate.

## WHAT TO LOOK FORWARD TO THIS TERM?

## THEMED WEEKS & BEACH DAYS

