

# JUNIPER HAVEN



A Safe Space For Healing  
and Growth

Q: Will I Have A Roommate?

A: Yes! You'll share your room with one other teen—no big dorms or overcrowded bedrooms.



# What Groups Will I Participate In?



Equine Therapy



Art Therapy



Music Therapy



DBT



Wellness Group



Social Skills



Yoga



Rhythm & Dance



# Q: How Do Meals Work?

A: Juniper Haven has a dedicated chef! Meals are crafted to be nutritious while tailored to our clients' preferences, ensuring both taste and well-being go hand in hand.



# Facts About School:

- Juniper Haven uses an online school option with live teachers
- We have a teacher on site
- School is a few hours a day
- We work with your current school to figure out what classes you need



# Some Activities You Can Expect



**Pickleball**



**Movie Nights**

*BOWLING*

**Karaoke**

**Life Skills Activities**

**Community  
Volunteering**



**Ice Skating**

**Holiday Activities**

*Library Visits*

**Field Trips**

**Water Activities**



**ART PROJECTS**



# Let's Talk Horses!

Q. How often will I be with the horses?

A: Twice per week- once for Equine Therapy and once for horseback riding.

Q: What if I have no experience with horses?

A: That's ok! We will teach you how to be safe in the corral and around horses in general.

Q. Why horses?

A: Horses don't judge you. They don't care what you wear, what your grades are, or how popular you are. Basically, equine therapy helps you feel seen, build trust, and gain tools to handle tough stuff – and you get to hang out with amazing animals while doing it. If you're anxious, stressed, or angry, they can feel it. But they don't shame you for it. They help you work through it.



