

SUPPORT GROUPS FOR PERINATAL LOSS & PREGNANCY AFTER LOSS

NORTHERN NEW JERSEY

COUNTIES: BERGEN, ESSEX, HUDSON, MORRIS, PASSAIC, SUSSEX, UNION, AND WARREN

Name/Location	Date/Time	Contact Information
Griffin Cares Foundation (Virtual)	Visit website for information for peer support group and peer mentors	Website: https://griffincaresfoundation.org/support/
Life After 2 Losses (Virtual)	Monthly: every 1st, 2nd, and 3rd Wednesday of the month	Website: https://www.lifeafter2losses.org/copy-of-programs
NechamaComfort (Virtual)	Visit website for information	Website: https://www.nechamacomfort.org/support-groups-events
Pockets of Light Montclair, NJ (Virtual and In-person)	Visit website for information <i>*Email for Information*</i>	Erin Truxillo 973-619-4277 info@pocketsoflight.org Website: https://www.pocketsoflight.org/groups
Pregnancy and Infant Loss Peer Support Group Virtual	Bi - Weekly Thursday 6pm - 7pm	Zoom Registration Link Website: https://pmch.org/support-groups/
Share Pregnancy & Infant Loss Support (National Group) - Virtual	Zoom: Monthly Support Chat: Weekly/ Monthly <i>*Pre-registration not required*</i>	Website: https://nationalshare.org/online-support/
The Tears Foundation (Virtual)	Monthly: 3rd Thursday, 7pm-9pm 2nd Thursday, 7-9pm 3rd Sunday, 7-9pm <i>*Call/Email to register*</i>	Website: https://thetearsfoundation.org/programs/pregnancy-infant-loss/
Unite, Inc. (Fathers Only Support Groups)	Monthly Virtually by invitation	Website: http://unitegriefsupport.org/fathers-only-virtual-support-group