# HEALTHY PREGNANCY REFERENCES

## PLANNING FOR A HEALTHY PREGNANCY

Cooper KM, Szymanski LM, David PS, Allen SV, Breitkopf DM. (2026). Prepregnancy care and counseling: A review. Journal of the American Medical Association. doi:10.1001/jama.2026.2888

## DURING PREGNANCY

https://www.cdc.gov/pregnancy/during/?CDC_AAref_Val=https://www.cdc.gov/pregnancy/during.html

## HEALTHY EATING DURING PREGNANCY

www.acog.org/store/products/patient-education/pamphlets/pregnancy/nutrition-during-pregnancy

## PREMATURITY PREVENTION INITIATIVE

https://www.njpreterm.org/you-are-expecting?blm_aid=18188

## STILLBIRTH

https://my.clevelandclinic.org/health/diseases/9685-stillbirth