

● 3 CPD Hours | Introductory

Reclaiming Control: Strategic Solutions to Outpace Medical Inflation

[Register Here](#)



24 October 2025



9.00 a.m. to 12.00 p.m.



Face-to-Face Training

Programme Highlights

Medical inflation remains one of the most pressing challenges for insurers worldwide, threatening affordability, profitability, and customer trust. This course equips insurance professionals with a clear understanding of the underlying cost drivers, while introducing actionable strategies to contain escalating medical costs. Through case examples, practical frameworks, and interactive discussion, participants will explore how insurers can reclaim control by rethinking claims management, engaging providers, and embracing innovation.



For Whom

- Medical and health insurance underwriters
- Claims managers and assessors
- Product development and actuarial teams
- Insurance leaders and strategists seeking cost-containment approaches
- Brokers and intermediaries advising corporate clients on healthcare solutions

Key Learning Objectives

At the end of the programme, participants should be able to:

- Identify the primary drivers of medical inflation and their impact on insurers.
- Recognize practical levers insurers can apply to curb rising medical costs.
- Examine innovative tools and international practices that are reshaping cost management.
- Outline immediate and mid-term actions their organizations can adopt to mitigate medical inflation.

Programme Outline

Understanding Medical Inflation

- Global and regional cost trends
- Core drivers: demographics, utilization, technology, and provider practices

Strategic Levers for Insurers

- Smarter claims management and analytics
- Provider partnerships and value-based care
- Effective product and benefit design

Innovation and Digital Solutions

- Role of telemedicine, digital health, and AI in cost control
- Member engagement to prevent unnecessary utilization

Building a Practical Roadmap

- Short-term cost-containment measures
- Laying foundations for long-term transformation
- Aligning stakeholders: employers, policyholders, and regulators



Programme Leader

Juliet Kwek is an executive leader in the insurance and consulting sectors, with deep expertise in employee benefits, health and risk financing, and benefits strategy across Asia Pacific. She is recognized for driving digital innovation, improving mental health access, and shaping client-focused solutions during times of change. Juliet regularly contributes to industry publications and events, sharing insights on employee benefits and risk management.

Programme Fee

Full Course Fee: SGD196.20
(incl. of 9% GST)

SINGAPORE COLLEGE OF INSURANCE

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Period Of PEI Registration: 26-09-2023 to 25-09-2027

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