



SAY
HELLO!
TO WELLBEING



\$1⁷⁹
ea

Quilton Facial Tissues 95 - 110 Pack
Selected Varieties



\$6⁴⁹
ea

*# Visine Eye Drops 15ml
Selected Varieties

Zyrtec
RAPID ACTING 24 HOUR RELIEF
RELIEVES HAYFEVER & ALLERGY SYMPTOMS

\$8 CASH BACK
ON ZYRTEC® TABLETS 80
VIA REDEMPTION*

YOU PAY \$34.99
\$26⁹⁹
ea
AFTER \$8 CASH BACK

Always read the label and follow the directions for use.

*Offer valid 1/07/2025 - 31/12/2025 or while stocks last. Not available in conjunction with any other offer. To claim, or to see full terms and conditions, visit www.zyrtec.com.au/cashback

SAVE ON HEALTH & WELLBEING



⊛ ⊞
Panadol 48 Liquid Capsules **\$11⁹⁹ ea**

⊛ ⊞
Advil Ibuprofen Liquid 40 Capsules **\$7⁹⁹ ea**

⊛ ⊞
Nurofen Ibuprofen 200mg 96 Tablets **\$19⁹⁹ ea**

Allergy relief* with no impact on concentration^{1,2}

FAST ACTING | UP TO 24H* | NON DROWSY

It's a No-Brainer.

\$22⁹⁹ ea | **\$12⁹⁹ ea**

Always read the label and follow the directions for use. 1. Hwang et al. (2019). Can Med Res Opin. 49(8). 1261-1263. Sponsored by Sanofi. 2. Mithani et al. (2021). Allergy Asth Clin Immunol. 17(1). 113. Sponsored by Sanofi. *Telfast 180mg tablets for the relief of hayfever and hives. Telfast Oral Liquid for the relief of hayfever & hives from 2 years and for hives from 6 months. **Telfast 180mg only. Telfast Oral Liquid leads 12 hours. MAT-AU-2200051-1 (01/04/2022)



⊛ ⊞
Nasonex Allergy Nasal 24hr Relief 65 Sprays **\$12⁹⁹ ea**

SPECIALISED RELIEF of stomach pain with cramps.

2-STEP ACTION

- 1 Relaxes the cramps
- 2 Relieves the pain

Buscopon FORTE (hyoscine butylbromide 20mg)

\$10⁹⁹ ea

Always read the label and follow the directions for use. MAT-AU-2201980 July 2022

MUTE SNORING RELIEF

30 NIGHT SUPPLY

SNORE LESS SLEEP BETTER

mu:te

BREATHE MORE SNORE LESS

FROM \$16⁹⁹ ea

⊛ Mute Snoring Relief Small, Medium, Large **\$23.99** or Trial 3 Pack **\$16.99**



⊛
Gaviscon Dual Action Liquid 300ml Selected Varieties **\$12⁴⁹ ea**



⊕
Ostelin Urinary Tract Health 30 Tablets **\$18⁹⁹ ea**



⊕
Swisse Ultiboost High Strength Cranberry 30 Capsules **\$15⁹⁹ ea**

Meta MUCIL

PSYLLIUM FIBER SUPPLEMENT

ORANGE SMOOTHIE

FROM \$20⁹⁹ ea

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTION OF USE

Australia's No.1 Constipation Relief Tablet Brand*

Coloxyl

\$4⁹⁹ ea | **\$9⁹⁹ ea**

Treating constipation is easy with Coloxyl

- Works with your body to turn hard stools into soft comfy ones
- Small & easy to take tablets help provide effective constipation relief

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE. *Circina MAT 20/7/2025 AU National constipation relief tablet products based on value & units. Trademarks are owned by or licensed to the Aspen Group of companies. © 2025 Aspen Group of companies or its licensor. All rights reserved. COL-08492-EXP05/26.



Organise your medications in one place



Order your scripts with a tap



Collect at your selected store

Download Now

GET IT ON
Google Play

Download on the
App Store



Cromo-FRESH
Sodium cromoglycate 2% w/v
For relief of itchy allergic eyes
Preservative free
Relief for itchy allergic eyes
Sterile eye drops
Each bottle provides approximately 200 drops

\$14⁹⁹ ea

⊛ ⊞ Cromo-Fresh Eye Drop 10ml

NOVA TEARS
EVERY TEAR IS PRECIOUS
Relieve and protect your dry eyes with NovaTears®
NovaTears Lubricating Eye Drops 3ml

\$26⁹⁹ ea

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE

AFT Pharmaceuticals Pty Ltd, Sydney

AC-002034

LIVING IN A WORLD OF ALLERGY?

PHARMACIST ONLY MEDICINE
KEEP OUT OF REACH OF CHILDREN

ALLERTINE
bilastine 20 mg

Fast Acting on:
Sneezing, Itchy, runny, blocked nose
Itchy, watery, red eyes, Itchy skin rash, hives

24 hour hayfever & allergy relief
NON-DROWSY

10 Tablets

\$11⁹⁹ ea

Always read the label and follow the directions for use.

Azep
Nasal Spray
azelastine

Hayfever Relief
Rapid acting within 15 minutes
12 hour relief

Relief from:
Sneezing
Itchy nose
Runny nose

\$11⁹⁹ ea

Azep Hayfever Relief Nasal Spray 5ml

Always read the label and follow the directions for use

WAXSOL
Docosate sodium 0.5% w/v
Ear drops for easy removal of ear wax
Once daily for 2 days

\$9⁹⁹ ea

Waxsol Ear Drops 10ml

VICKS
Sinus Inhaler
NON MEDICATED STEAM

SINUS INHALER
Suitable for use during cough, cold & allergies

Use with VapoPads

Vicks Sinus Inhaler

\$49⁹⁹ ea
SAVE \$19.96

Vicks VapoPads Family Refills 12 Pack

\$8⁹⁹ ea
SAVE \$5.00

Cerumol
EAR DROPS
Dual Action Formula
Soothes, softens, eases ear wax
Soothes, softens, eases ear wax

\$8⁹⁹ ea

Cerumol Ear Drops 10ml

Fast relief from
RED ALLERGY EYES
all year round

Naphcon-A
Allergy Eye Relief
Naphcon-A
Naphcon-A
Naphcon-A

\$9⁹⁹ ea

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.
Do not use if you have glaucoma or other serious eye conditions.
References: 1. Jack V. Greiner et al. Clin Ther. 27(5): 568-577, 2005 (Sponsored by Pfizer). 2. Australia and New Zealand Naphcon-A product information. Naphcon-A is indicated for the symptomatic treatment of allergic conjunctivitis. ©2023 Alcon ANZ, Auckland, NZ: 0800 101 106. ANZ-NPA-2200002

Dymista Allergy
CLEARs hayfever from
5 MINUTES
*Rapid nasal symptom relief

Dual-action strength²
Antihistamine
Corticosteroid
Now available without a script

\$32⁹⁹ ea

Always read the label and follow the directions for use.
Treats moderate to severe hayfever symptoms.
References: 1. Bousquet J et al. J Allergy Clin Immunol Pract. 2018; 6(5): 1726-1732. (Funded by MEDA Pharma GmbH & Co. KG). 2. Dymista® Allergy Product Information. Dymista® is a Viatriis company trademark. DTC-2023-0088

VIATRIS

FESS
NASAL & SINUS WASH EXTRA STRENGTH
HYPER TONIC
Preservative free
Non-irritating
Breathes Safer Naturally

\$9⁹⁹ ea

Fess Nasal & Sinus Extra Strength Wash Starter Kit 6 Pack

SAVE ON HEALTH & WELLBEING



Clearwipe
Lens Cleaner 20 Wipes

\$3⁹⁹
ea



Bosisto's Eucalyptus Oil 50ml **\$4.99**, 175ml **\$13.99**, Solution 500ml **\$9.99** or Spray 200g **\$7.99**

FROM
\$4⁹⁹
ea

KILLS GERMS FAST

Helps safeguard wounds from infection.

Always read the label and follow the directions for use.
For use on minor wounds.

1. Tan EL, et al. GMS Hygiene and Infection Control 2021 and Eggers M, et al. Infectious Diseases and Therapy 2018 (sponsored by Mundipharma)



Better with

Betadine

FROM
\$17⁹⁹
ea

30%
OFF RRP

Nature's Way



\$22⁴⁹
ea



\$17⁴⁹
ea



\$13⁹⁹
ea



\$10⁴⁹
ea

Nature's Way Magnesium Sleep Well 60 Tablets, Magnesium Rapid Direct 2g 20 Sachets, Magnesium Oil 250ml or Magnesium Flakes 750g



Thursday Plantation Oil 25ml Selected Varieties



ThermoSkin 4-Way
Compression Knee Sleeve
Selected Varieties

\$21⁹⁹
ea



**FREE
FOLDABLE
BACKPACK**

*Offer available while stocks last. Always read the label & follow directions for use.



FROM
\$14⁹⁹
ea



Perskindol Active Gel 100ml

\$16⁹⁹
ea



VoltaNatra Pain Relief Cream
100g **\$18⁹⁹**
ea



JOIN OPTIMAL LOYALTY CLUB

EQUIVALENT TO 5% DISCOUNT
TOWARDS YOUR NEXT PURCHASE*



FREE TO JOIN

SHOP & EARN

REDEEM YOUR REWARDS

PROTEIN RICH. KETO FRIENDLY.



\$10.99
ea
SAVE \$6.01

\$8.99
ea
SAVE \$6.01

\$2.79
ea
SAVE \$2.01

\$2.99
ea
SAVE \$1.81

LOW CARB | LOW SUGAR | GREAT TASTE



\$15.99
ea

OMRON
BLOOD PRESSURE MONITORS

#1
Global
Bestselling
BPM Brand*

*Source: "Global Home Appliance Market
Comprehensive Survey 2022", Fuji Keizai
Co., Ltd (data for 2021) **IOWA, National
Australian Pharmacy Self-Out Sales, Blood
Pressure Monitors MAT March 2022.

No.1
Blood Pressure
Monitor**



STANDARD
MEDIUM CUFF
HEM7142T1

\$99.99
ea
SAVE \$37.96

32%
OFF
RRP*
SAVE **\$19.96**

OPTIFAST VERY
LOW
CALORIE
DIET

Choose your way to a healthier future
Discover 3, 2, 1 flexibility with the OPTIFAST VLCD weight loss program



\$41.99
ea

Optifast Shakes 10-12 Pack Selected Varieties

50%
OFF
RRP*

**WANT
STRONG
BONES?**

**Ostelin Calcium & Vitamin D3 250 Tablets
or Ostelin Vitamin D3 1000IU 250 Capsules**

Australia's No. 1 Bone Health Brand*

- ✓ Vitamin D3 aids calcium absorption
- ✓ Calcium helps maintain strong healthy bones

Always read the label. Follow the directions for use. Vitamin supplements should not replace a balanced diet.
*Alltec National Scan Sales, Australia Grocery & Pharmacy, Value & Units, MAT to 03/03/19. OST-19.04.0453d June 2019



\$27.99
ea
SAVE \$28.00

microlife

AFIBsens™ Advanced
Atrial Fibrillation detection
for stroke prevention



B3 AFIB Advanced
Blood Pressure Monitor

⑧



**#1
DOCTOR
Recommended
for Stroke
Prevention**

\$99.00
ea
SAVE \$49.01

**NUTRICIA
Souvenaid®**

**PROVEN TO SLOW MEMORY
& COGNITIVE DECLINE BY AN
AVERAGE OF 60%**

in an early stage of Alzheimer's disease
known as mild cognitive impairment
when taken daily over 3 years¹

TO LEARN MORE, VISIT:
souvenaid.com.au

1. Sonnen H et al. Alzheimer's Dement. 2021;17:29-40
Souvenaid® is a food for special medical purposes for the dietary management of early Alzheimer's disease.
Souvenaid® must be used under medical supervision. Souvenaid® does not cure or alleviate Alzheimer's disease.



\$39.99
ea
SAVE \$14.01

\$17.99
ea
SAVE \$4.01

ASK YOUR PHARMACIST ABOUT
SOUVENAID® TODAY!

Ensure

**CLINICALLY SHOWN TO
IMPROVE MUSCLE
STRENGTH
IN 90 DAYS***



Food for special medical
purposes. Use under medical
supervision.
*In community dwelling adults
aged 65 years and over with or at
risk of malnutrition compared to
nutrition education alone.
Reference: 1. Xie H et al. Nutr
Clin Pract. 2023;38(1):138-147.
PMID: 36618449 (ENR) (ENR)

Abbott
life. to the fullest.®

\$40.99
ea
SAVE \$8.46

► The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists is the retail price found at competing retailers. Due to discount policy we may not have sold at RRP. *Receive 5 Loyalty Points for every \$1 spent. Points cannot be earned on PBS prescriptions purchases. Full Terms & Conditions can be found at www.optimalloyalty.com.au/customer © Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⑧ For people with high blood pressure. Consult your doctor to evaluate the readings. Check your device periodically for accuracy. ⑨ Consult your Doctor or Health Care Professional for advice before embarking on any weight loss program.

OPTIMAL PHARMACY+

UP TO 50% OFF RRP ON VITAMINS

 50% OFF RRP SAVE \$17.00 Chemists' Own PROVANCE CoQ10 Ultra Ubiquinone 150 mg D-alpha-tocopherol 10.07 mg HEART & ENERGY Supports cardiovascular health, energy levels and muscle function 30 Capsules	 50% OFF RRP SAVE \$17.00 Chemists' Own PROVANCE CoQ10 Ultra Ubiquinone 150 mg D-alpha-tocopherol 10.07 mg HEART & ENERGY Supports cardiovascular health, energy levels and muscle function 30 Capsules	 50% OFF RRP SAVE \$29.00 Chemists' Own PROVANCE Magnesium Relax STRESS & RELAXATION Supports muscle relaxation and reduces nervous tension 120 Capsules	 50% OFF RRP SAVE \$29.00 Chemists' Own PROVANCE Magnesium Relax STRESS & RELAXATION Supports muscle relaxation and reduces nervous tension 120 Capsules	 49% OFF RRP SAVE \$18.00 Chemists' Own PROVANCE Magnesium Ultra MUSCLE HEALTH PLUS High-strength magnesium combined with amino acids and vitamins and minerals for muscle health and energy production 180g Powder	 49% OFF RRP SAVE \$18.00 Chemists' Own PROVANCE Magnesium Ultra MUSCLE HEALTH PLUS High-strength magnesium combined with amino acids and vitamins and minerals for muscle health and energy production 180g Powder	 40% OFF RRP SAVE \$12.00 Chemists' Own PROVANCE Curcumin Ultra Curcumin 500 mg As Curcumin C3 Complex Piperine 7 mg as BioPerine® JOINT & INFLAMMATION 30 Capsules	 40% OFF RRP SAVE \$12.00 Chemists' Own PROVANCE Curcumin Ultra Curcumin 500 mg As Curcumin C3 Complex Piperine 7 mg as BioPerine® JOINT & INFLAMMATION 30 Capsules	 50% OFF RRP SAVE \$30.00 Chemists' Own PROVANCE Clean EPA/DHA High Strength Fish Oil Supports heart, joint and brain health 120 Capsules	 50% OFF RRP SAVE \$30.00 Chemists' Own PROVANCE Clean EPA/DHA High Strength Fish Oil Supports heart, joint and brain health 120 Capsules
⊕ Chemists' Own Provance CoQ10 Ultra 30 Capsules \$16⁹⁹ ea		⊕ Chemists' Own Provance Magnesium Relax 120 Capsules \$28⁹⁹ ea		⊕ Chemists' Own Provance Magnesium Ultra 180g Powder \$18⁹⁹ ea		⊕ Chemists' Own Provance Curcumin Ultra 30 Capsules \$17⁹⁹ ea		⊕ Chemists' Own Provance Clean EPA/DHA 120 Capsules \$29⁹⁹ ea	
 30% OFF RRP SAVE \$12.01 Nature's Own Magnesium Glycinate 1150mg Magnesium from Magnesium Glycinate 150mg BETTER ABSORBED* Relieves muscle cramps and muscle stiffness 120 Tablets	 30% OFF RRP SAVE \$12.01 Nature's Own Magnesium Glycinate 1150mg Magnesium from Magnesium Glycinate 150mg BETTER ABSORBED* Relieves muscle cramps and muscle stiffness 120 Tablets	 31% OFF RRP SAVE \$11.00 Nature's Own Vitamin K2 Menaphthone-7 (Vitamin K2) 100 mcg per tablet BETTER ABSORBED* Supports bone health, helps incorporate dietary calcium into bones 60 Tablets	 31% OFF RRP SAVE \$11.00 Nature's Own Vitamin K2 Menaphthone-7 (Vitamin K2) 100 mcg per tablet BETTER ABSORBED* Supports bone health, helps incorporate dietary calcium into bones 60 Tablets	 35% OFF RRP SAVE \$11.00 Nature's Own Stress Relief and Calm WITH ALPHALINAVIT™ L-THIAMINE, MAGNESIUM & B VITAMINS Supports healthy and relaxed mind during stressful situations, improves sleep, reduces nervousness 30 Capsules	 35% OFF RRP SAVE \$11.00 Nature's Own Stress Relief and Calm WITH ALPHALINAVIT™ L-THIAMINE, MAGNESIUM & B VITAMINS Supports healthy and relaxed mind during stressful situations, improves sleep, reduces nervousness 30 Capsules	 30% OFF RRP SAVE \$7.00 Nature's Own Triple Strength Garlic + C, Horseradish WITH KENOSUCK™ & MARSHMALLOW Relieves the duration and severity of common cold symptoms 60 Tablets	 30% OFF RRP SAVE \$7.00 Nature's Own Triple Strength Garlic + C, Horseradish WITH KENOSUCK™ & MARSHMALLOW Relieves the duration and severity of common cold symptoms 60 Tablets	 37% OFF RRP SAVE \$7.50 Nature's Own Lysine 1000mg Lysine Hydrochloride 1000mg SUPPORTS LYSINE LEVELS IN THE BODY 50 Tablets	 37% OFF RRP SAVE \$7.50 Nature's Own Lysine 1000mg Lysine Hydrochloride 1000mg SUPPORTS LYSINE LEVELS IN THE BODY 50 Tablets
⊕ Nature's Own Magnesium Glycinate 1150mg 120 Tablets \$27⁹⁹ ea		⊕ Nature's Own Vitamin K2 60 Tablets \$24⁹⁹ ea		⊕ Nature's Own Stress Relief and Calm 30 Capsules \$19⁹⁹ ea		⊕ Nature's Own Triple Strength Garlic + C, Horseradish 60 Tablets \$15⁹⁹ ea		⊕ Nature's Own Lysine 1000mg 50 Tablets \$12⁹⁹ ea	
 40% OFF RRP SAVE \$13.00 CENOVIS SUGARLESS C 500mg VITAMIN C Ascorbic Acid (Vitamin C) 200mg Natural Ascorbate (Equivalent Ascorbic Acid 500mg 300mg) VITAMIN C Reduces duration and severity of common cold symptoms 300 Chewable Tablets	 40% OFF RRP SAVE \$13.00 CENOVIS SUGARLESS C 500mg VITAMIN C Ascorbic Acid (Vitamin C) 200mg Natural Ascorbate (Equivalent Ascorbic Acid 500mg 300mg) VITAMIN C Reduces duration and severity of common cold symptoms 300 Chewable Tablets	 33% OFF RRP SAVE \$6.01 CENOVIS CHEWABLE VITAMIN D 1000IU VITAMIN D Cholecalciferol (Vitamin D3) 25000 IU (625 mcg) Supports healthy bone metabolism, helps maintain healthy skin and hair 90 Chewable Tablets	 33% OFF RRP SAVE \$6.01 CENOVIS CHEWABLE VITAMIN D 1000IU VITAMIN D Cholecalciferol (Vitamin D3) 25000 IU (625 mcg) Supports healthy bone metabolism, helps maintain healthy skin and hair 90 Chewable Tablets	 33% OFF RRP SAVE \$6.01 CENOVIS CHEWABLE TRIPLE MAGNESIUM Mg MAGNESIUM Relieves and reduces muscle cramps, dietary intake is inadequate 60 Chewable Tablets	 33% OFF RRP SAVE \$6.01 CENOVIS CHEWABLE TRIPLE MAGNESIUM Mg MAGNESIUM Relieves and reduces muscle cramps, dietary intake is inadequate 60 Chewable Tablets	 32% OFF RRP SAVE \$11.00 CENOVIS MAGNESIUM MAGNESIUM Relieves muscle cramps and helps reduce mild muscle spasms when dietary intake is inadequate 200 Tablets	 32% OFF RRP SAVE \$11.00 CENOVIS MAGNESIUM MAGNESIUM Relieves muscle cramps and helps reduce mild muscle spasms when dietary intake is inadequate 200 Tablets	 41% OFF RRP SAVE \$11.00 CENOVIS TURMERIC 3100 JOINT HEALTH Relieves mild inflammation 80 Capsules	 41% OFF RRP SAVE \$11.00 CENOVIS TURMERIC 3100 JOINT HEALTH Relieves mild inflammation 80 Capsules
⊕ Cenovis Sugarless C 500mg 300 Chewable Tablets \$19⁴⁹ ea		⊕ Cenovis Chewable Vitamin D 1000IU 90 Tablets \$11⁹⁹ ea		⊕ Cenovis Magnesium Chewable 60 Tablets \$11⁹⁹ ea		⊕ Cenovis Magnesium 200 Tablets \$22⁹⁹ ea		⊕ Cenovis Turmeric 3100mg 80 Capsules \$15⁹⁹ ea	

ETHICAL NUTRIENTS

SUPPORT FOR A FULL LIFE

Australia's #1 Magnesium Brand!
Support for energy, stress, sleep

MEGA MAGNESIUM NIGHT
SLEEP

MEGA MAGNESIUM
MUSCLE HEALTH

MEGA MAGNESIUM
MUSCLE HEALTH

FROM \$29⁹⁹ ea

Always read the label and follow the directions for use. *QVIA™ Pharmacy channel, VMS category, Total Sales Magnesium ingredient, 52 weeks WE, 17.05.2025. *Magnesium glycinate absorption potential v. Magnesium oxide. ETH10433-06/25.

Are muscle cramps waking you up at night?

Try Caruso's Super Magnesium products to relieve muscle cramps when dietary intake is inadequate.

Caruso's SUPER MAGNESIUM POWDER LEMON LIME

Caruso's SUPER MAGNESIUM + VITAMIN K2

Caruso's SUPER MAGNESIUM

Caruso's SUPER MAGNESIUM CREAM

FROM \$19⁶⁹ ea

Always read the label and follow the directions for use.

Meds delivered in under 2 hours

Hola is Australia's on-demand pharmacy delivery app, connecting you with your local pharmacy.



Step 1
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Delivered in under 2 hours

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hola



Blackmores Vitamin D3 1000IU 300 Capsules

\$21⁹⁹ ea



Blackmores Fish Oil 1000mg Odourless 400 Capsules

\$41⁹⁹ ea



Blackmores CoQ10 150mg 30 Capsules

\$16⁹⁹ ea



Blackmores Bio Magnesium 100 Tablets

\$20⁹⁹ ea



Blackmores Bio C 1000mg 150 Tablets

\$27⁹⁹ ea



Blackmores Omega Triple Concentrated Fish Oil 150 Capsules

\$51⁹⁹ ea

NEW

GREAT TASTING

MELT & GO

RAPIDLY ABSORBED FORMAT* THAT MELTS IN THE MOUTH

BLACKMORES NAILS, HAIR & SKIN RAPI-MELT™

BLACKMORES IMMUNE RAPI-MELT™

BLACKMORES ENERGY B12 RAPI-MELT™

BLACKMORES IRON RAPI-MELT™

\$17⁹⁹ ea

SAVE \$10.01



Swisse Ultiboost Vitamin D 400 Capsules

\$22⁹⁹ ea



Swisse Ultivite Women's or Men's Multivitamin 60 Tablets

\$20⁹⁹ ea



Swisse Ultiboost Magnesium 60 Tablets

\$10⁹⁹ ea



Swisse Ultiboost Sleep 60 Tablets

\$12⁹⁹ ea



Swisse Ultiboost Magnesium, Calcium + Vitamin D3 120 Tablets

\$17⁹⁹ ea



Swisse Beauty Hair Skin Nails+ 60 Tablets

\$14⁹⁹ ea



Swisse Ultiboost Co-Enzyme Q10 150mg 50 Capsules

\$24⁹⁹ ea



Swisse Ultiboost Zinc+ 60 Tablets

\$11⁹⁹ ea



Swisse Ultiboost Calcium + Vitamin D 90 Tablets

\$10⁹⁹ ea



Swisse Ultiboost Liver Detox 60 Tablets

\$13⁹⁹ ea

* The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists is the retail price found at competing retailers. Due to discount policy we may not have sold at RRP. Ⓢ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional.

OPTIMAL PHARMACY+

SAVE ON BABY & TODDLER ESSENTIALS



41% OFF RRP
SAVE \$12.96

⊕ Inner Health Kids 3-in-1 Probiotic Gummies 50 Pack

\$18⁹⁹ ea



UP TO 44% OFF RRP

FROM \$9⁹⁹ ea

⊕ Pentavite Kids Gummies 60 Pack or Multivitamin + Iron Liquid for Kids 200ml



\$46⁹⁹ ea

⊕ PediaSure Powder 850g Selected Varieties

Abbott
life to the fullest™



FROM \$32⁹⁹ ea

⊕ Novalac 0-12 Months Premium Infant Formula 800g Selected Varieties



⊕ NAN SUPREPro 3 Toddler From 1 Year 800g

\$26⁹⁹ ea



⊕ Karicare Toddler Milk Drink 12+ Months or 2+ Years 900g

\$17⁹⁹ ea



33% OFF RRP
SAVE \$1.96

⊕ Tommee Tippee Novelty Hood Bottle 250ml Selected Varieties

\$3⁹⁹ ea



FROM \$12⁹⁹ ea

⊕ Ego QV Baby Gentle Wash 500g \$13.99, Bath Oil 500ml \$12.99 or Moisturising Cream 500g \$17.99



⊕ Moogoo Baby & Child Natural 2-In-1 Bubbly Wash 500ml

\$14⁹⁹ ea



33% OFF RRP
SAVE \$0.96

⊕ BabyU Scented Nappy Bags 50 Pack

\$1⁹⁹ ea



⊕ Huggies Essentials Wipes 80 Pack

\$3⁷⁹ ea



\$9⁴⁹ ea

SAVE \$2.51

BabyLove Cosifit Nappies 15-28 Pack Selected Varieties



⊕ Sudocrem Healing Cream 250g

\$18⁹⁹ ea



⊕ Huggies Essentials Nappies 40-54 Pack

\$19⁹⁹ ea

⊕ The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists is the retail price found at competing retailers. Due to discount policy we may not have sold at RRP.
⊕ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊕ Breast milk is the best for most babies. Consult your Doctor or Pharmacist when considering this product.
⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional.

Zyrtec

story time

PARENTS, GET YOUR FREE kids BATH BOOK WITH ANY ZYRTEC PURCHASE*

*Offer available from 1/09/2025 to 30/11/2025. While stocks last. T&C's apply. Scan here for more details. Limit one gift per person. Always read the label and follow the directions for use. © Registered Trademark.



Coloxyl Infant Oral Drops 30ml **\$6⁹⁹ ea**



Coloxyl Macrologol For Children 14 Sachets **\$6⁹⁹ ea**



Hydralite Electrolyte Ice Blocks 16 Pack Selected Varieties **\$12⁹⁹ ea**

Peach Flavour

Lorapaed

Effective allergy relief for the whole family*

- Non-drowsy antihistamine
- 24 hour relief
- Colour free and alcohol free

\$10⁹⁹ ea

*Lorapaed Oral Liquid is suitable for adults, adolescents and children aged 1 year and older. Always read the label. Use only as directed. If symptoms persist see your healthcare professional. AFT Pharmaceuticals Pty Ltd, Sydney.



Dymadon for Babies 1 Month - 2 Years Orange or Strawberry 60ml **\$5⁹⁹ ea**

kids COLD + FLU?

DD DEMAZIN GETS IT DONE

FOR 6 YEARS+ FOR 2 YEARS+

FROM \$9⁹⁹ ea

Always read the label and follow the directions for use. Demazin kids 2+ cold & flu + immune defence with Elderflower, traditionally used in Western herbal medicine to relieve symptoms of cold and flu.

AU-2023-02-0023

AUSTRALIA'S MOST TRUSTED VAPORIZER

WITH NATURAL STEAM THERAPY

VICKS

WarmSteam Vaporizer

\$57⁹⁹ ea

Always read the label and follow the directions for use. Inhalants sold separately.



Kool'n' Soothe Kids Fever Relief Gel Sheets 6 Pack **\$5⁹⁹ ea**



Vicks Non-Contact Forehead 3-in-1 Thermometer **\$43⁹⁹ ea**

SAVE ON BEAUTY & TOILETRIES

UP TO 38% OFF RRP

Dermal THERAPY

HEEL BALM
HYDRATES ROUGH, DRY, CRACKED HEELS & FEET
VISIBLE RESULTS IN 3 DAYS

FOOT ODOUR CONTROL POWDER SPRAY
DESTROYS ODOUR & ABSORBS MOISTURE
COOLS & SOOTHES
24 HOUR PROTECTION

FROM \$7.99 ea

⊛ Dermal Therapy Heel Balm 50g \$7.99 or Odour Powder Spray 210ml \$8.99

100 YEARS OF EXPERTISE

Scholl Eulactol HEEL BALM GOLD
3x SOFTENS, 3x HYDRATES
VISIBLE RESULTS IN 1 DAY

Scholl Expertcare Hydration Boost
For Dry Skin
Foot Cream

Scholl Expertcare Polish & Glow
For Rough Skin
Foot Scrub

Scholl Expertcare Nourish Pedimask™
20 minutes
Nourishes dry skin with moisture
with 100% natural oils

Scholl Expertcare FILE & SMOOTH
2-in-1
Electronic Foot File System
Superior foot care with
extra smoothing foot with
only one side tool!

FROM \$5.49 ea

⊛ Scholl Eulactol Heel Balm Gold 60ml \$8.99, Expertcare Hydration Boost Foot Cream 75ml \$6.49, Polish & Glow Foot Scrub 75ml \$6.49, Nourish Pedimask 1 Pair \$5.49, Expertcare Dry Skin Pedimask 1 Pair \$5.49, Electronic Foot File 1 Pack \$32.49

UP TO 30% OFF RRP

BUSHMAN

PERSONAL INSECT REPELLENT
SANKLES • MOSQUITOES
TICKS • LICE • MOSQUITOES
HEAVY DUTY 4% DEET
150g NET

PERSONAL INSECT REPELLENT PLUS
SANKLES • MOSQUITOES
TICKS • LICE • MOSQUITOES
20% DEET
50g NET

WATER RESISTANT INSECT REPELLENT
SANKLES • MOSQUITOES
TICKS • LICE • MOSQUITOES
80% DEET
150g NET

FROM \$6.49 ea

⊛ Bushman Personal Insect Repellent 130g \$9.49, Plus Personal Insect Repellent 50g \$6.49, Plus Personal Insect Repellent 150g \$10.99, Plus Water Resistant Insect Repellent 75g \$9.99

SolvEasyTinea cream
Terbinafine Hydrochloride 1% w/w
for athlete's foot
Once daily treatment for toenail fungus

FROM \$9.99 ea

⊛ SolvEasyTinea Cream 15g

Blistex N°1 Lipcare Brand
In Australian pharmacy
*IOVIA NATIONAL PHARMACY LIP CARE
VALUE & UNIT SCAN SALES MAY 31/03/2024

Blistex Lip Conditioner
SPF30
PROTECT, MOISTURISE & CONDITION
Rehydrate dry lips with
Cocoa Butter & Vitamin E
BROAD SPECTRUM
HIGH SUN PROTECTION

Blistex Intensive Repair™
SPF15
REPAIR & RELIEVE
Repair dry, chapped lips
Instant cooling relief with
Menthol & Eucalyptus

FROM \$3.99 ea

⊛ Blistex Lip Conditioner SPF30+ 7g or Lip Balm Intensive Repair Pot 7g

Schick

Schick Hydrosilk Women's Kit \$12.99, Replacement Blades 4 Pack \$17.99, Xtreme Men's Sensitive Disposable 4 Pack \$5.49, Silk 3 Sensitive Disposable 4 Pack \$5.49, Hydro 5 Men's Replacement Blades 4 Pack \$17.99 or Hydro 5 Kit \$9.99

FROM \$5.49 ea

femfresh
daily wash
Gently cleanses and freshens

FROM \$5.99 ea

⊛ Femfresh Daily Wash 250ml

TENA

SUPERIOR PROTECTION FOR HEAVY BLADDER LEAKS

Get up to **\$694.80** rebate on your TENA products from CAPS*

TENA Proskin Pants
L 100-110cm
MAXI
x10

TENA Pants protect+
Plus Night L
x12

TENA Pads
EXTRA
12 PADS

FROM \$6.99 ea

*The CAPS payment may increase or decrease a little every year following the Government's budget process.

31% OFF RRP
SAVE \$2.01

LifeStyles
REGULAR
10
PARTY MIX
10

\$4.49 ea

⊛ LifeStyles Condoms 10 Pack Selected Varieties

39% OFF RRP
SAVE \$7.00

Clearblue
Pregnancy Test
fast result 1 minute
3 tests

\$10.99 ea

⊛ Clearblue Pregnancy Test Rapid Detection 3 Tests

36% OFF RRP
SAVE \$6.10

First Response
Instream
Pregnancy Test
fast result 1 minute
3 tests

\$10.99 ea

⊛ First Response Instream Pregnancy Test 3 Tests

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REDEEM YOUR REWARDS



 Cetaphil Pro Acne Prone Oil Control Foam Wash 236ml or Oil-Free Moisturising Lotion 118ml

FROM
\$15⁹⁹
ea

43% OFF RRP ▶
SAVE \$5.96



Kenkay
Sorbolene with 10%
Vegetable Glycerin 1L

\$7⁹⁹
ea

**UP TO
32%
OFF RRP ▶**



⑥

43% OFF RRP ▶
SAVE \$6.00



 Natuva Essential
Bodywash 1L
Selected Varieties

\$7⁹⁹
ea

Clinically proven

48HR
hydration

Step 2
Moisturise

Step 1 **Cleanse**

OAT⁺ACTIV⁺

⊛ Dermaveen 1L Selected Varieties

\$20⁹⁹
ea

SAVE \$9.00

NIVEA

**UP TO
43%
OFF RRP ▶**



 Nivea Range Selected Varieties

FROM
\$2.99
ea



QV^{FACE}
*free gift**

with any QV Face product purchased.*



* While stocks last. Limit 1 gift per person. † Excluding QV Face Lip Balm.

FROM
\$9.99
ea



Thursdays Plantation
Australia's Original

The antibacterial power of Tea Tree Oil




 Thursday Plantation Tea Tree Gel Face Wash 236ml **\$13.99**, Patch Perfect Invisible Acne Control 21 Patches **\$5.49** or Tea Tree Face Wipes For Acne 25 Pack **\$6.99**

SAVE ON HOUSEHOLD ESSENTIALS



Colgate Cavity Protection
Regular 240g or Triple
Action 210g

\$2⁹⁹
ea



* Piksters On The Go Essential or Mini Monsters Oral Care Kit Selected Varieties

\$4⁹⁹
ea



* Listerine 750ml
Selected Varieties

\$8⁴⁹
ea



Kleenex Aloe Vera Facial
Tissues 95 Pack

\$2⁷⁹
ea



Glen 20 Surface Spray
Disinfectant 175g

\$4⁹⁹
ea



Pine O Clean Disinfectant
Pine or Eucalyptus 500ml

\$2⁹⁹
ea



Dettol Disinfectant Wipes
110 Pack

\$7⁹⁹
ea



Dettol Surface Cleanser
Antibacterial Lime & Mint
500ml Trigger Spray

\$3⁴⁹
ea



Palmolive
Dishwashing Liquid 500ml
Selected Varieties

\$2⁷⁹
ea



Cuddly
Fabric Softener
Sunshine Fresh 1L

\$2⁷⁹
ea



Radiant Classic
Laundry Powder 500g

\$1⁹⁹
ea



Vanish Napisan
Oxi Action 3kg
Big Value Pack

\$20⁹⁹
ea



Duck Deep Action
Gel 500ml
Selected Varieties

\$2⁹⁹
ea



Quilton Toilet Tissue
3 Ply 10 Pack

\$5⁹⁹
ea

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