

OPTIMAL PHARMACY+

SALE TIME
11 NOV - 24 NOV 2025

OPTIMAL
PHARMACY+

LOYALTY CARD

OPTIMAL
PHARMACY+

LOYALTY CARD

JOIN OPTIMAL LOYALTY CLUB

EQUIVALENT TO **5% DISCOUNT**
TOWARDS YOUR NEXT PURCHASE*

ego

QV

Free gift*

any QV Ceramides product purchased.



FROM
\$7.99
ea

*Free QV Hand Cream 50g. While stocks last. Limit 1 gift per person.

30% OFF
CETAPHIL SUN
RANGE

Cetaphil



FROM
\$16.99
ea

40% OFF
NIVEA SUN
RANGE

NIVEA
SUN



FROM
\$5.70
ea

ON SALE 11 NOVEMBER - 24 NOVEMBER 2025 OR WHILE STOCKS LAST. *Always read the label. Use only as directed. If symptoms persist consult your healthcare professional.

*While stocks last, limit of one per customer. Pharmacists are medication experts. Seek their advice when considering these products. Products may not be available in all stores. Please contact stores for availability.

*Receive 5 Loyalty Points for every \$1 spent. Points cannot be earned on PBS prescriptions purchases. Full Terms & Conditions can be found at www.optimalloyalty.com.au/customer

All products in this publication have been included in good faith on the basis that the goods described will be available at the time of sale. Price subject to change without notice. We reserve the right to correct printing errors.

SAVE ON HEALTH & WELLBEING

HEARTBURN? ZANTAC IT!

STARTS TO WORK IN 30 MINS^{1,2}



Zantac Double Strength 14 Tablets or Zantac 150mg 28 Tablets

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

1. Johannessen T, Kristensen P. Clin Ther. 1997; (financed by a MSD, Norway)
2. M. Elm et al Scand J Gastroenterol., 1998 (Sponsored by Glaxo Sweden AB)

\$7⁹⁹ ea

NEW GAVISCON CHEWING GUM

GREAT TASTING HEARTBURN RELIEF



\$7⁹⁹ ea

UNBLOCK with Senokot

NEW



\$9⁹⁹ ea

For Effective Relief of Constipation

Always read the label and follow the directions for use. If symptoms persist see your healthcare professional. Reckitt, Auckland, Sydney



Nexium[®] (24HR)

Once Daily Dosing

Use as directed

Frequent heartburn relief

\$15⁹⁹ ea

Nexium 24Hr 14 Mini Capsules

If it's effective relief you need... there's a Chemists' Own[®] for that.



Chemists' Own Stomach Ache & Pain Relief DS 10 Tablets \$8.99, Bisacodyl Laxative 200 Tablets \$17.99 or IBS Support 100ml \$27.99

FROM \$8⁹⁹ ea

Chemists' Own[®]

Always read the label and follow the directions for use. Traditionally used in Western herbal medicine to decrease/reduce/relieve colic (wind/gas pain). Traditionally used in Western herbal medicine to decrease/reduce/relieve flatulence/carminative.

ACTIVATED PROBIOTICS[®]

Targeted support for your specific digestive health needs

Promotes healthy digestion

Relieves symptoms of Irritable Bowel Syndrome



Ask your pharmacist about Activated Probiotics[®]

Always read the label. Follow directions for use

LIVE PROBIOTIC PROMISE FRIDGE FREE ONE-A-DAY GLUTEN FREE DAIRY FREE VEGETARIAN

Fleurstat BVgel is for treatment of bacterial vaginosis (BV) and relief from symptoms, including abnormal vaginal odour and discharge, helping to normalise vaginal pH, and restore the normal vaginal flora balance.

fleurstat.com.au



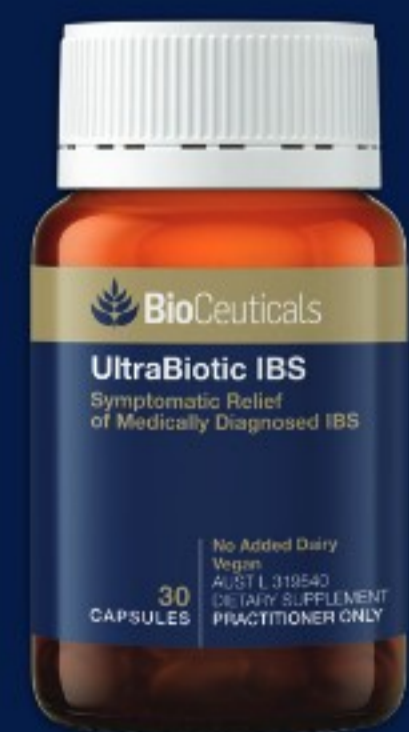
ASK YOUR PHARMACIST ABOUT THIS PRODUCT.

Do not use for more than 7 days unless a doctor has told you to. See your doctor if symptoms persist after 7 days or recur within 2 weeks of completing a course, or if you consider you may be at risk of a Sexually Transmitted Infection (STI). See a doctor if you are diabetic or pregnant/ breastfeeding (or plan to be). You can use Fleurstat BVgel when you don't have symptoms to help prevent recurrent BV and its symptoms. Recurrent BV is typically 3 or more episodes in a 12-month period. See a doctor before using Fleurstat BVgel for the prevention of recurrent BV. Use of Fleurstat BVgel beyond 16 weeks is not recommended without medical supervision.

It may *not* be thrush... Could it be bacterial vaginosis?



Abdominal Pain and Bloating? UltraBiotic IBS



BioCeuticals[™]

UltraBiotic IBS

Symptomatic Relief of Medically Diagnosed IBS

30 CAPSULES

No Added Dairy
ALST 310543
DIETARY SUPPLEMENT
PRACTITIONER ONLY

Evidence-based, symptomatic relief for medically diagnosed Irritable Bowel Syndrome (IBS) including abdominal pain, bloating, constipation and diarrhoea.

BioCeuticals[™]

Always read the label and follow the directions for use.



Organise your medications in one place



Order your scripts with a tap

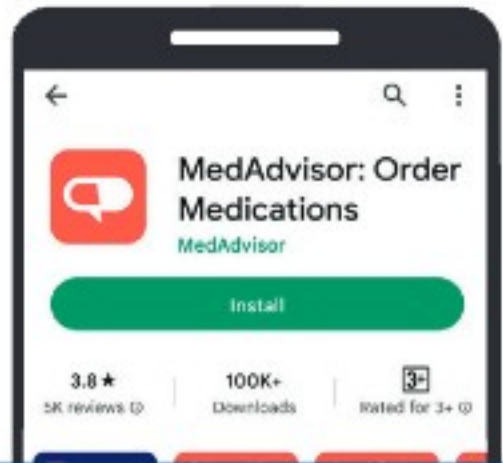


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Download on the
App Store



IT'S CLARA TIME!

Claratyne
Loratadine 10 mg
Hayfever Allergy Relief
12 years - Adult
10 TABLETS

No one covers more allergens*

Always read the label and follow the directions for use.
*Compared to oral antihistamines for allergic rhinitis.

\$9⁹⁹ ea

Claratyne Hayfever & Allergy Relief 10 Tablets

Azep
Nasal Spray
azelastine

Hayfever Relief
Rapid acting within 15 minutes
12 hour relief

\$13⁹⁹ ea

Always read the label and follow the directions for use

ALLERTINE
bilastine 20 mg
24 HOUR
HAYFEVER & ALLERGY RELIEF
Fast Acting on
Sneezing, Itchy, Runny, Blocked Nose
Itchy, Watery, Red Eyes, Itchy Skin Rash, Hives
NON-DROWSY
10 Tablets

\$12⁹⁹ ea

Allertine 20mg Bilastine 10 Tablets

\$8 CASH BACK
ON ZYRTEC® TABLETS 80
VIA REDEMPTION*

Zyrtec
Rapid Acting 24 HOUR RELIEF
RELIEVES HAYFEVER & ALLERGY SYMPTOMS

\$26⁹⁹ ea
AFTER \$8 CASH BACK

YOU PAY \$34.99

Always read the label and follow the directions for use.

*Offer valid 1/07/2025 - 31/12/2025 or while stocks last. Not available in conjunction with any other offer. To claim, or to see full terms and conditions, visit www.zyrtec.com.au/cashback

Allergy relief* with no impact on concentration^{1,2}

Telfast
ORAL LIQUID
Fexofenadine hydrochloride 180mg
NON-DROWSY
24 HOUR
HAYFEVER & ALLERGY RELIEF

\$21⁹⁹ ea

\$13⁴⁹ ea

It's a No-Brainer.

Always read the label and follow the directions for use.

1. Avenetier et al. (2004) Clin Med Res Opin. 4(4): 1017-1018. Sponsored by Sanofi. 2. Avenetier et al. (2001) Allergy Asthma Clin Immunol. 1: 171. 3. Sponsored by Sanofi. *Telfast 180mg tablets for the relief of hayfever and hives. Telfast Oral Liquid for the relief of hayfever & allergies from 3 years and for hives from 6 months. Telfast 180mg tablets for the relief of hayfever & allergies from 3 years and for hives from 6 months. Telfast Oral Liquid for the relief of hayfever & allergies from 3 years and for hives from 6 months.

32% OFF RRP
SAVE \$12.00

puremoist
All Day Comfort

OPTI-FREE
puremoist

\$25⁹⁹ ea

Opti-Free Puremoist Twin Pack 2 x 300ml

Systane

GET EXCELLENT RELIEF WITH OUR DRY EYE RANGE

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

Reference: 1. Silverstein et al. Clin Ophthalmol. 2020;14:3167-3177. 2. Springs CL. Adv Ther. 2010 Oct;27(10):681-90. 3. Rangarajan R, et al. J Ocul Pharmacol Ther. 2015;31(8):491-497. ©2025 Alcon Laboratories Pty Ltd. AUS: 1800 224 153; Auckland NZ: 0800 101 106. ANZ-SYX-2500013.

SYSTANE.COM.AU

Systane COMPLETE
LUBRICANT EYE DROPS
PRESERVATIVE-FREE
ALL-IN-ONE Dry Eye Relief
For all types of irritated, dry eyes

Systane ULTRA
LUBRICANT EYE DROPS
PRESERVATIVE-FREE
FAST-ACTING Dry Eye Relief

Systane HYDRATION
LUBRICANT EYE DROPS
PRESERVATIVE-FREE
LONG-LASTING Dry Eye Relief
Contains Hyaluronic Acid for advanced hydration

FROM \$14⁹⁹ ea

Fast relief from RED ALLERGY EYES all year round

Naphcon-A
Naphazoline hydrochloride 0.25 mg/mL
Pheniramine maleate 2 mg/mL
10 mL

\$9⁹⁹ ea

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.
Do not use if you have glaucoma or other serious eye conditions.
References: 1. Jack V. Greiner et al. Clin Ther. 27(5): 568-577, 2005 (Sponsored by Pfizer) 2. Australia and New Zealand Naphcon-A product information. Naphcon-A is indicated for the symptomatic treatment of allergic conjunctivitis. ©2023 Alcon ANZ, Auckland, NZ: 0800 101 106. ANZ-NPA-2200002

COUGH-COUGH-COUGH!

EXCESS MUCUS

AHEM!

Could it be Silent Reflux and not a cold?

Try Larri Oral Spray

\$10⁹⁹ ea

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Dymista Allergy

CLEARs hayfever from 5 MINUTES
*Rapid nasal symptom relief

\$33⁹⁹ ea

Always read the label and follow the directions for use.
Treats moderate to severe hayfever symptoms.

References:
1. Bousquet et al. J Allergy Clin Immunol. 2018; 141(5): 1726-1732. (Funded by MEDA Pharma GmbH & Co. KG). 2. Dymista® Allergy Product Information. Dymista is a Viatrix company trademark. DTC-2023-0088

SAVE ON HEALTH & WELLBEING

mineralyte™

Hydrate+

22 essential electrolytes, minerals and trace elements for rapid hydration

- ✓ NO sugar
- ✓ NO sweetener
- ✓ Made in Australia

Add drops to any drink

Mineralyte Concentrate Drops 50ml

\$15⁹⁹ ea

BEAT THE MIGRAINE BLACKOUT

NOW AVAILABLE WITHOUT PRESCRIPTION

ASK YOUR PHARMACIST ABOUT THIS PRODUCT

Maxalt®
MIGRAINE RELIEF
rizatriptan 5 mg (as benzoate)

2 Rapid Dissolving Wafers

For the acute relief of migraine in patients who have a stable, well-established pattern of symptoms

ORGANON

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

TravaCalm® Original
Hyoscine hydrobromide 200 micrograms
Dimenhydrinate 50mg
Caffeine 20mg
AUST R 14884

For travel sickness prevention
Triple active formula. Contains antihistamine.

10 Tablets

TravaCalm Original 10 Tablets **\$6⁹⁹ ea**

Hydralyte®
LyteSpeed™ Rehydration Everyday

FREE TOTE BAG

when you buy any Hydralyte® product*

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

*While stocks last. Redeem at counter.

DRENCH YOUR THIRST

Bach®
ORIGINAL FLOWER ESSENCES

RESCUE® PASTILLES
NATURAL STRESS RELIEF
SUGAR FREE ALCOHOL FREE

Rescue Pastilles Original 50g **\$11⁹⁹ ea** SAVE \$7.73

Rescue Pastilles Berry Blend 50g **\$11⁹⁹ ea** SAVE \$7.73

Rescue Pastilles Blackcurrant 50g **\$11⁹⁹ ea** SAVE \$7.73

37% OFF RRP
SAVE \$11.00

Nature's Way®
HIGH STRENGTH VITA GUMMIES
Adult Calm & Focus
L-Theanine
100 mg
CALMS & RELAXES THE MIND
MAINTAINS FOCUS & CONCENTRATION

Nature's Way Vita-Gummies Adult Calm & Focus 50 Pastilles **\$18⁹⁹ ea**

Unwind your Worried Mind with Seremind®

Lavender oil 80mg

Seremind®
80mg lavender oil
Silexan®

Relieves symptoms of mild anxiety, nervous tension and improves sleep quality

One-a-day oral formula

56 CAPSULES

Each soft capsule contains: 80mg lavender oil AUST L 25902 MENARINI

Relieve your symptoms of mild anxiety and nervous tension*

\$29⁹⁹ ea SAVE \$10.00

Worrying about a meeting, stressed about an exam? If you have mild anxiety, try Seremind. Taken once a day, Seremind helps to calm your mind and relax you with its specially prepared and patented lavender oil.* So unwind your worries and calm your mind with Seremind.

*Seremind Consumer Leaflet September 2022.
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A GOOD DAY STARTS WITH A GOOD NIGHT'S SLEEP

Melotin MR
melatonin 2 mg
Supports sleep quality
30 Modified Release tablets

- Fall asleep more easily
- Improve sleep quality
- Wake feeling alert
- Available without a prescription

ASK YOUR PHARMACIST ABOUT THIS PRODUCT.

Short-term treatment of primary insomnia (insomnia without an underlying medical or any other clear cause) characterised by poor quality sleep, in adults aged 55 years or over. Not to be used concurrently with other treatments for insomnia.

www.melotinmr.com.au

36% OFF RRP
SAVE \$10.01

BLACKMORES®
ENERGY B12 RAPI-MELT™
Cherry Flavour
60 Coated Tablets

Blackmores Energy B12 Rapi-Melt 60 Melts **\$17⁹⁹ ea**

36% OFF RRP
SAVE \$7.01

SUPPORTS ENERGY PRODUCTION

Swisse®
ULTIBOOST®
VITAMIN B3
NICOTINAMIDE 500 mg

SUPPORTS SKIN REPAIR & HEALING
SUPPORTS ENERGY PRODUCTION

Based on scientific evidence

60 FILM COATED TABLETS

\$12⁴⁹ ea

Always read the label and follow the directions for use.

58% OFF RRP
SAVE \$17.50

Swisse®
ULTIBOOST®
SLEEP
FOR A NATURAL RESTFUL SLEEP
SUPPORTS MIND RELAXATION

Swisse Ultiboost Sleep 60 Tablets **\$12⁴⁹ ea**



JOIN OPTIMAL LOYALTY CLUB

EQUIVALENT TO 5% DISCOUNT
TOWARDS YOUR NEXT PURCHASE*



FREE TO JOIN

SHOP & EARN

REDEEM YOUR REWARDS

SLEEP. EAT. **Swisse** REPEAT.
**TAKE AUSTRALIA'S
#1 MULTIVITAMIN* DAILY**



\$19⁹⁹
ea

SAVE \$25.00

Always read the label and follow the directions for use.

*IQVIA Sell Out Service. Vitamins Minerals & Supplements, Australia Pharmacy and Grocery. Total Value Sales 52 weeks ending 30/06/2024



\$16⁹⁹
ea

Nature's Way Instant Active Protein Gummies 40 Pack Selected Varieties



\$21⁹⁹
ea

Blackmores Vitamin D3 1000IU 300 Capsules



\$17⁹⁹
ea

Blackmores Iron Rapi-Melt 60 Tablets



She needed
Ferro-grad[®]
Faster acting iron.*
Less constipation risk.^\n



\$21⁴⁹
ea

*vs. iron polymaltose – faster at week 3 & 6, similar at week 9. ^Modified vs. non-modified release ferrous sulfate. Santiago P. Scientific World Journal 2012: 846824. For use when you have been diagnosed with iron deficiency anaemia and your doctor has recommended a therapeutic oral iron supplement. May help relieve fatigue associated with iron deficiency.

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

Energy Ever After

ferro A complete range
for all iron needs



\$8⁹⁹
ea



\$9⁹⁹
ea



\$12⁹⁹
ea



\$20⁹⁹
ea

*# Ferro-tab, Ferro-f-tab and Ferro-liquid, are indicated for medically diagnosed iron deficiency. AFT Pharmaceuticals Pty Ltd, Sydney.



\$7⁹⁹
ea

Swisse Ultiboost Iron 30 Tablets

BioCeuticals

Aids in healthy
bone development
and maintains
healthy immune
system function

Speak to your
pharmacist.



Always read the label
and follow the
directions for use.

► The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists the retail price is found at competing retailers. ^Receive 5 Loyalty Points for every \$1 spent. Points cannot be earned on PBS prescriptions purchases. Full Terms & Conditions can be found at www.optimalloyalty.com.au/customer
⊕ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional. ⊕ Incorrect use of this medication could be harmful.

OPTIMAL PHARMACY+

SAVE ON HEALTH & WELLBEING

ETHICAL NUTRIENTS

SUPPORT FOR A FULL LIFE

MEGA MAGNESIUM NIGHT 9hr EXTRA SLEEP PER BOTTLE

MEGA MAGNESIUM 4x BETTER ABSORPTION

MEGA MAGNESIUM

Australia's #1 Magnesium Brand! Support for energy, stress, sleep

\$27⁴⁹ ea **\$29⁹⁹ ea** **\$47⁴⁹ ea**

Always read the label and follow the directions for use. *TQVIA™ Pharmacy channel, VMS category, Total Sales Magnesium ingredient, 52 weeks WE, 17.05.2025. *Magnesium glycinate has a better absorption potential than Magnesium oxide. ETH10133-06/25.

36% OFF RRP
SAVE **\$10.51**

MUSCLE RELAXATION SUPPORT

Always read the label and follow the directions for use.

Swisse ULTIBOOST™ MAGNESIUM GLYCINATE

Magnesium (from magnesium glycinate) 150mg

SUPPORTS MUSCLE RELAXATION

BONE & MUSCLE 60 FILM COATED TABLETS

\$18⁹⁹ ea

42% OFF RRP
SAVE **\$19.00**

BLACKMORES FISH OIL 1000 ODOURLESS

BLACKMORES FISH OIL 1000 ODOURLESS

\$25⁹⁹ ea

Blackmores Fish Oil 1000mg Odourless 200 Capsules

INFLAMAX®

INFLAMAX SPRAY

Diclofenac sodium 4% w/w equivalent to diclofenac sodium 40mg

For temporary relief of local pain and inflammation in acute soft tissue injuries

30 ml, 150 SPRAYS (min)

Effective temporary relief from muscle pain & inflammation

EASY TO USE

\$14⁹⁹ ea

Always read the label and follow the directions for use.

HOT! PRICE!

Bepanthen® First Aid

Fights infection and soothes wounds

100g Cream

Bepanthen® First Aid

Fights infection and soothes wounds

100g Cream

\$10⁴⁹ ea

Bepanthen First Aid Antiseptic Cream 100g

33% OFF RRP

DEEP HEAT

ORIGINAL HEAT RUB Menthol 80 mg/g Methyl Salicylate 127.4 mg/g FAST TARGETED PAIN RELIEF **\$6⁹⁹ ea** SAVE \$3.50

EXTRA STRENGTH Menthol 80 mg/g Methyl Salicylate 300 mg/g FAST TARGETED PAIN RELIEF **\$7⁹⁹ ea** SAVE \$4.00

LOW ODOUR RELIEF NATURALLY DERIVED ACTIVE INGREDIENTS FAST TARGETED PAIN RELIEF **\$7⁹⁹ ea** SAVE \$4.00

NIGHT SOOTHE Menthol 80 mg/g Methyl Salicylate 230 mg/g SOOTHING PAIN RELIEF **\$7⁹⁹ ea** SAVE \$4.00

Deep Heat Pain Relief Creams Selected Varieties

Voltaren Pain Relief Gel

Diclofenac diethylamine 11.6 mg/g

Temporary relief of local pain and inflammation. Typical applications.

100 g

Voltaren Pain Relief Gel

Diclofenac diethylamine 11.6 mg/g

Temporary relief of local pain and inflammation. Typical applications.

100 g

\$20⁹⁹ ea

Voltaren Pain Relief Gel 100g

40% OFF RRP
SAVE **\$14.51**

Voltaren Rapid EXTRA STRENGTH Diclofenac potassium 25 mg Back and muscle pain relief Anti-inflammatory 30 Tablets

Nature's Way MAGNESIUM GUMMIES with L-THEANINE 60 Gummies

Nature's Way MAGNESIUM GUMMIES with L-THEANINE 60 Gummies

\$14⁹⁹ ea

Voltaren Rapid 25mg 30 Tablets

\$21⁴⁹ ea

Natures Way Gummies Magnesium with L-Theanine 60 Gummies

Eurax Cream Crotamiton 100mg/g

Lasting Relief for Itches

Eurax Cream Crotamiton 100mg/g

Lasting Relief for Itches

Eurax Cream Crotamiton 100mg/g

Lasting Relief for Itches

\$9⁴⁹ ea

Eurax Cream For Itches 20g

Clearwipe Lens Cleaner Quick Drying Pre-moistened Wipes

REMOVES 97% OF GERMS*

60 Soft wipes

Clearwipe Lens Cleaner Quick Drying Pre-moistened Wipes

REMOVES 97% OF GERMS*

60 Soft wipes

\$6⁴⁹ ea

Clearwipe Lens Cleaner 60 Wipes

HOT! PRICE!

Elastoplast SENSITIVE XL 5 6x7cm Dressings

Extra skin friendly. Highly absorbent, non-stick wound pad. Paraben free to remove.

Elastoplast SENSITIVE XL 5 6x7cm Dressings

Extra skin friendly. Highly absorbent, non-stick wound pad. Paraben free to remove.

\$5⁹⁹ ea

Elastoplast Sensitive XL 5 Pack

KILLS GERMS FAST

Helps safeguard wounds from infection.

Always read the label and follow the directions for use. For use on minor wounds.

Betadine® Antiseptic First Aid Cream

Betadine® Antiseptic Topical Solution

FROM \$17⁹⁹ ea

Meds delivered in under 2 hours

Hola is Australia's on-demand pharmacy delivery app, connecting you with your local pharmacy.



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Delivered in under 2 hours

Scan, download order today



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27% OFF RRP
SAVE \$10.50

SUSTAGEN
Hospital Formula

NUTRITIONALLY COMPLETE

Chocolate Flavour
Banana Flavour
Strawberry Flavour
Mocha Flavour

\$28.99 ea

⊛ Sustagen Hospital Formula 840g Selected Varieties

35% OFF RRP
SAVE \$21.96

OPTIFAST VERY LOW CALORIE DIET

Choose your way to a healthier future
Discover 3, 2, 1 flexibility with the OPTIFAST VLCD weight loss program

Chocolate Shake
Coffee Shake
Banana Flavour Shake
Mocha Shake
Strawberry Flavour Shake
Creamy Vanilla Flavour Shake
Rich & Thick Chocolate Shake

\$39.99 ea

⊛ Optifast Shakes 10-12 Pack Selected Varieties

ATKINS

PROTEIN RICH. KETO FRIENDLY.

\$9.99 ea
SAVE \$5.01

\$2.99 ea
SAVE \$1.81

\$3.49 ea
SAVE \$1.31

⊛ LOW CARB LOW SUGAR | GREAT TASTE

42% OFF RRP
SAVE \$25.00

DAILY MULTI-STRAIN PROBIOTICS FOR EVERY STAGE OF LIFE

life-space LIVING INNOVATION

Double Strength Probiotic
Broad Spectrum Probiotic
Probiotic for 60+ Years

64 Billion CFU per capsule
32 Billion CFU per capsule
30 Billion CFU per capsule

\$34.99 ea

Life-Space Double Strength Probiotic 30 Capsules, Broad Spectrum Probiotic 60 Capsules or 60+ Probiotic 60 Capsules
Always read the label. Follow the directions for use.

FUNDAY NATURAL SWEETS

No Sugar
FUNDAY
Raspberry
Strawberry
Fruity
Sour
Peach

\$3.99 ea

NUTRICIA Souvenaid

Proven to slow Memory and cognitive decline by an average of **60%** in an early stage of Alzheimer's disease known as mild cognitive impairment when taken daily over 3 years*

NEW FLAVOUR

Supports Memory
Supports Memory Function

FROM \$17.99 ea

*Based on a study published in 2021. Individual results may vary. This product does not cure or alleviate Alzheimer's disease. Souvenaid is a food for special medical purposes for the dietary management of early Alzheimer's disease. Must be used under medical supervision
1. Soiminen H et al. Alzheimer's Dement 2021; 17: 29-40

OMRON BLOOD PRESSURE MONITORS

#1 Global Bestselling BPM Brand

Australia's **No.1** Blood Pressure Monitor**

connect omron

STANDARD MEDIUM CUFF
HEM7142T1

\$99.99 ea
SAVE \$44.96

⊛

► The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists is the retail price found at competing retailers. Due to discount policy we may not have sold at RRP. ⊛ Consult your Doctor or Health Care Professional for advice before embarking on any weight loss program. ⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊛ For people with high blood pressure. Consult your doctor to evaluate the readings. Check your device periodically for accuracy

SAVE ON BABY & TODDLER ESSENTIALS



Ⓢ Karicare Toddler Milk Drink 12+ Months or 2+ Years 900g

\$17⁹⁹ ea



Ⓢ NAN SUPREMEpro 3 Toddler From 1 Year 800g

\$27⁴⁹ ea

36% OFF RRP
SAVE \$6.46



B.Box Disney Sippy Cups 240ml Selected Varieties



\$11⁴⁹ ea



Babylove Nappy Pants 42-56 Pack

\$24⁹⁹ ea



Ⓢ Sudocrem Healing Cream 30g Tube

\$5⁹⁹ ea



Huggies Essentials Nappies 40-54 Pack

\$14⁹⁹ ea



Ⓢ Huggies Essential Clean Baby Wipes 80 Pack

\$3⁴⁹ ea



Huggies Little Swimmers Small, Medium or Large

\$13⁹⁹ ea



Ⓢ Bepanthen Nappy Rash Ointment 100g

\$13⁹⁹ ea



Ⓢ Johnson's Baby Powder 600g \$7.99, Bed Time Bath 500ml \$8.99 or Baby Shampoo 500ml \$8.49

FROM \$7⁹⁹ ea

PROTECT YOUR
DERMA BEAN
WITH DERMAVEEN



Ⓢ Dermaveen Baby Selected Varieties



Wash

Moisturise

Protect

FROM \$13⁴⁹ ea



Ⓢ Ego QV Baby Gentle Wash 500g \$13.99, Bath Oil 500ml \$12.99 or Moisturising Cream 500g \$16.99

FROM \$12⁹⁹ ea

**30% OFF
CETAPHIL SUN
RANGE**



FROM \$16⁹⁹ ea



JOIN OPTIMAL LOYALTY CLUB

EQUIVALENT TO 5% DISCOUNT
TOWARDS YOUR NEXT PURCHASE[^]



FREE TO JOIN

SHOP & EARN

REDEEM YOUR REWARDS

Dymadon[®]
PARACETAMOL

87% of parents agreed Dymadon's great tasting flavours help make pain relief easy to give!^{*}

Always read the label and follow the directions for use. Incorrect use could be harmful.
^{*}McNair Squares, 2022, Dymadon easy parenting, Quantitative n = 273 (Aspen sponsored) data on file, 2022.

\$15⁹⁹ ea



⊛ Kool 'n' Soothe Adults or Kids Fever Relief Gel Sheets 6 Pack **\$5⁹⁹ ea**



⊛ Vicks Non-Contact Forehead 3-in-1 Thermometer **\$47⁹⁹ ea**



⊛ # Claratyne Children's Hayfever & Allergy Relief Grape or Peach Flavoured Syrup 60ml **\$9⁹⁹ ea**



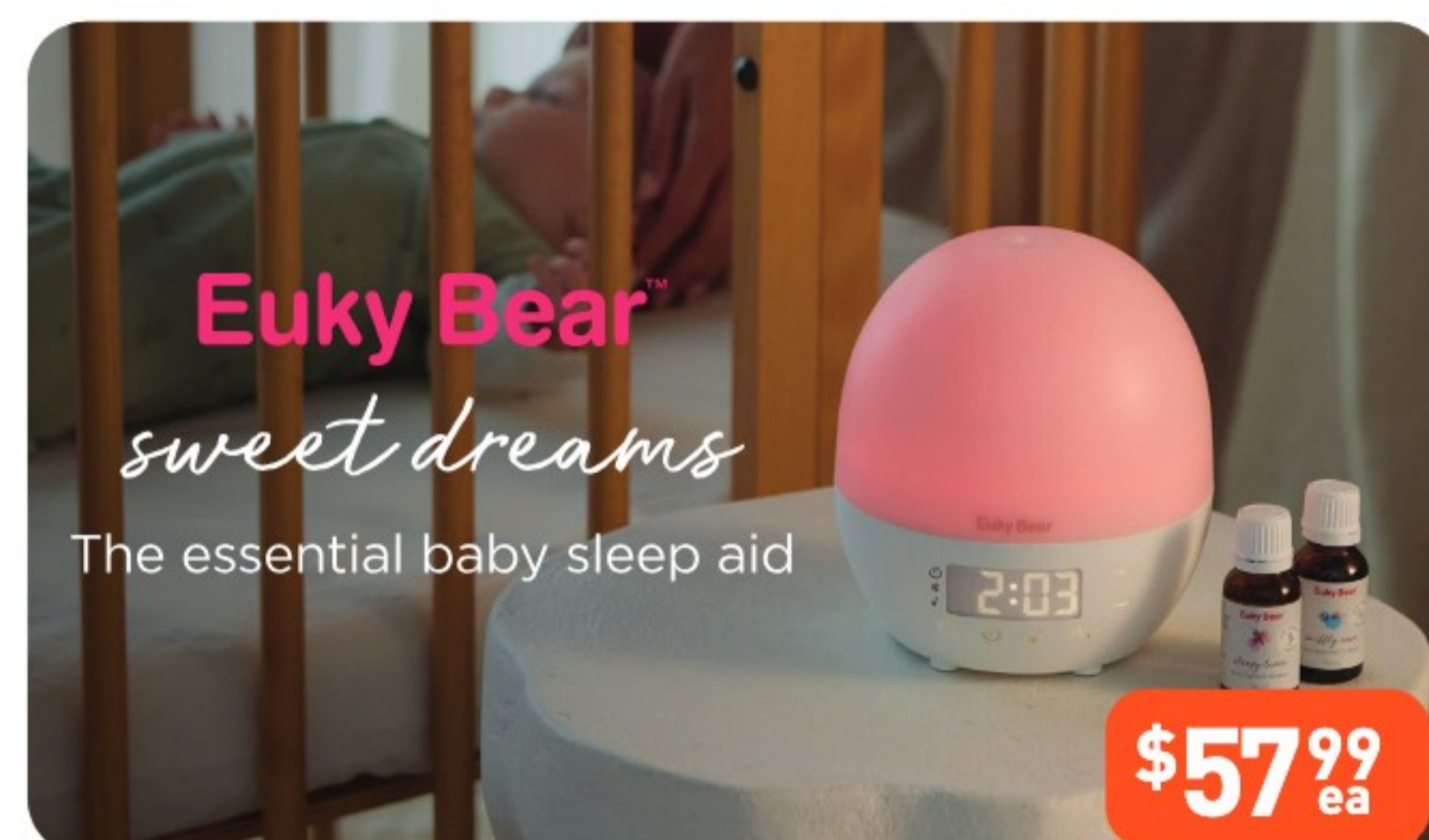
⊛ Infacol Relief 50ml **\$14⁹⁹ ea**



⊛ Hartley's Natural Gripe Water 200ml **\$8⁴⁹ ea**



⊛ Coloxyl Infant Oral Drops 30ml **\$6⁹⁹ ea**



\$57⁹⁹ ea

47% OFF RRP
SAVE **\$14.01**

little Swisse

GOT A LITTLE FUSSY EATER? WE GOT CHEW.

Prebiotic + Probiotic GUMMIES
2 billion probiotics per serve
Fridge free probiotic
125g (50 x 2.5g GUMMIES)

2 BILLION PROBIOTICS PER SERVE
Always read the label and follow the directions for use.

\$15⁴⁹ ea



⊕ Cenovis Chewable Vitamin C 250mg 150 Tablets Selected Varieties **\$10⁹⁹ ea**

31% OFF RRP
SAVE **\$5.50**

Pentavite

daily immune support gummies.
supports your immune system health.

daily multivitamin gummies.
supports kids' healthy growth and development.

\$12⁴⁹ ea

Pentavite Kids Gummies 60 Pack

47% OFF RRP
SAVE **\$14.01**

little Swisse

GOT A LITTLE TIRED TOT? WE GOT CHEW.

Multivitamin GUMMIES
Supports healthy growth & development & general health & wellbeing
50 PASTILLES (GUMMIES)

WITH B VITAMINS TO RELIEVE TIREDNESS
Always read the label and follow the directions for use.

\$15⁴⁹ ea

47% OFF RRP
SAVE **\$14.01**

little Swisse

GOT A LITTLE DAYCARE DYNAMO? WE GOT CHEW.

Vitamin C + Zinc GUMMIES
Supports immune system health & general health & wellbeing
40 PASTILLES (GUMMIES)

SUPPORTS IMMUNE SYSTEM HEALTH
Always read the label and follow the directions for use.

\$15⁴⁹ ea

38% OFF RRP
SAVE **\$10.00**

Nature's Way

Kids Smart HIGH STRENGTH Vita Gummies
Attention & Concentration

\$15⁹⁹ ea

Natures Way Kids Smart Vita Gummies High Strength Attention & Concentration 40 Pastilles

► The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists the retail price is found at competing retailers. [^]Receive 5 Loyalty Points for every \$1 spent. Points cannot be earned on PBS prescriptions purchases. Full Terms & Conditions can be found at www.optimalloyalty.com.au/customer
⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊕ Incorrect use of this medication could be harmful. ⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional.

OPTIMAL PHARMACY+

SAVE ON BEAUTY & TOILETRIES



40% OFF RRP
SAVE \$1.20

Colgate ZigZag Toothbrush
Soft or Medium 1 Pack

\$1.79
ea



30% OFF RRP
SAVE \$1.51

Colgate Total Toothpaste
115g Selected Varieties

\$3.49
ea



43% OFF RRP
SAVE \$3.00

Colgate Toothpaste Total Deep
Clean 115g Selected Varieties

\$3.99
ea



HOT!
PRICE!

Piksters On The Go Essential
or Mini Monsters Oral Care Kit
Selected Varieties

\$4.99
ea



37% OFF RRP
SAVE \$2.01

Listerine Mouthwash 250ml
Selected Varieties

\$3.49
ea



MADE WITH ALOE VERA &
CALENDULA EXTRACTS

\$10.99
ea



Schick Hydro Silk Replacement Blades 4 Pack **\$18.29**, Hydro Silk Women's
Kit **\$12.29**, Hydro 5 Men's Replacement Blades 4 Pack **\$18.29** or Hydro 5 Kit
\$10.89

FROM \$10.89
ea



30% OFF RRP
SAVE \$4.67

Bushman Plus Insect
Repellent Aerosol 150g

\$10.79
ea



30% OFF RRP
SAVE \$2.80

Nair Easiwax Large Wax Strips
20 Pack

\$6.49
ea

Depend

*CONTINENCE AIDS PAYMENT SCHEME

ARE YOU ELIGIBLE FOR OVER
\$680 CAPS FUNDING?

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Depend MEN REALFIT

Depend underwear

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Love Local

THE ONLY PADS, TAMPONS AND LINERS
Made in Australia
FOR OVER 30 YEARS

Libra PROskin LINER

Libra Extra

Libra Body Fit

FROM \$4.29
ea



40% OFF RRP
SAVE \$3.01

LifeStyles Condoms 10 Pack
Selected Varieties

\$4.49
ea

TENA

SUPERIOR PROTECTION FOR
HEAVY BLADDER LEAKS

Get up to
\$694.80
rebate on your
TENA products
from CAPS*

TENA PROskin Pants

TENA Pants protect+

*The CAPS payment may increase or decrease a little every year following the Government's budget process.

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31% OFF RRP
SAVE \$2.00

⊛ Blistex Lip Balm Ultra SPF 50+ 4.25g

\$4.49 ea



39% OFF RRP
SAVE \$3.71

⊛ Nivea Deodorant 250ml Selected Varieties

\$5.79 ea

QV
Free gift*
with any QV 1L/kg purchase.

\$20.99 ea

⊛ *Free QV Gentle Wash 250g. While stocks last. Limit 1 gift per person.

QV
Free gift*
any QV Ceramides product purchased.

FROM \$7.99 ea

⊛ *Free QV Hand Cream 50g. While stocks last. Limit 1 gift per person.

NIVEA

FROM \$2.49 ea

⊛ Nivea Lip Balm Selected Varieties

Smoother+ Softer Skin
→ **After Just 1 Use!**
The Sensitive Skin Exfoliator

Cetaphil
Gentle Exfoliating SA Cleanser
All Skin Types
Gently exfoliates and cleanses to promote daily skin surface renewal for softer and smoother skin after 1 use.
Salicylic Acid, Mandelic Acid & BHA
Daily Use
\$18.99 ea

Cetaphil
Gentle Exfoliating SA Lotion
All Skin Types
Gently exfoliates and hydrates to promote daily skin surface renewal for softer and smoother skin after 1 use.
Salicylic Acid, Mandelic Acid & BHA
Daily Use
\$20.99 ea

⊛

Aveeno
UNLOCK THE POWER AND HYDRATE AND PROTECT YOUR SKIN
Relieve dry skin from Day 1.*

FROM \$16.99 ea

⊛ *Refers to Aveeno® Daily Moisturising Lotion

CLINICALLY PROVEN TO DOUBLE SKIN HYDRATION in 2 steps*

Step 1 **Cleanse**
DERMAVEEN SOAP-FREE WASH

Step 2 **Moisturise**
DERMAVEEN MOISTURISING LOTION

FREE GIFT
WITH ANY 1L DERMAVEEN PURCHASE*

\$20.99 ea

⊛ *Within 15 minutes versus baseline. Based on an instrumental test in 22 participants, 2023
*Promotion dates 1 November to 30 November 2025 while stocks last.

SAVE ON HOUSEHOLD ESSENTIALS



Palmolive
Liquid Hand Wash 250ml
Selected Varieties

\$1⁹⁹
ea



Palmolive
Dishwashing Liquid 500ml
Selected Varieties

\$2⁴⁹
ea



Kleenex Viva Paper Towel
2 Pack

\$2⁴⁹
ea



Quilton Facial Tissues
95 - 110 Pack
Selected Varieties

\$1⁷⁹
ea



Cotton Soft White 2 Ply
Toilet Tissue 8 Pack

\$3⁴⁹
ea



Dettol Disinfectant Wipes
110 Pack Selected Varieties

\$7⁹⁹
ea



Dettol Surface Cleanser
Antibacterial Lime & Mint
500ml Trigger Spray

\$3⁴⁹
ea



Domestos
Regular Bleach 750ml

\$4⁴⁹
ea



Jif Cream Cleanser
Original or Lemon 500ml

\$3⁴⁹
ea



Pine O Clean Disinfectant
Pine or Eucalyptus 500ml

\$2⁹⁹
ea



Duck Deep Action
Gel 500ml
Selected Varieties

\$2⁹⁹
ea



Duck Fresh Discs
Toilet Cleaner Marine 36ml

\$4⁹⁹
ea



Radiant Classic
Laundry Powder 500g

\$1⁷⁹
ea



Cuddly
Fabric Softener
Sunshine Fresh 1L

\$2⁷⁹
ea



Vanish Napisan
Oxi Action 3kg
Big Value Pack

\$20⁹⁹
ea

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Scripts



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in under
2 hours



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Pharmacists are medication experts. Seek their advice when considering these products. Products may not be available in all stores. Please contact stores for availability. All products in this publication have been included in good faith on the basis that the goods described will be available at the time of sale. Price subject to change without notice. We reserve the right to correct printing errors.