



ALWAYS
LOW
PRICE



Palmolive
Dishwashing Liquid 500ml
Selected Varieties

\$2⁹⁹
ea



Domestos Multipurpose
Regular Bleach 750ml

\$4⁴⁹
ea



Pine O Clean
Multipurpose Cleaning
Spray Crisp Apple 750ml

\$6⁴⁹
ea



Dettol Antibacterial Surface
Cleaning Spray Lime and
Mint 500ml

\$3⁹⁹
ea



Pine O Clean
Disinfectant Pine or
Eucalyptus 500ml

\$3⁴⁹
ea



Harpic White & Shine
Fresh Toilet Cleaner
450ml

\$3⁹⁹
ea



Harpic Blue Power Toilet
Blocks 2 Pack

\$4⁹⁹
ea



Quilton Toilet Tissue
3 Ply 10 Pack

\$5⁹⁹
ea



Glen 20 Surface Spray
Disinfectant 175g
Assorted Varieties

\$6⁹⁹
ea



Dettol Disinfectant or
Multi Purpose Wipes
110 Pack

\$9⁹⁹
ea



Cuddly Fabric Softener
Sunshine Fresh 1L

\$2⁹⁹
ea



Radiant Classic
Laundry Powder 500g

\$1⁹⁹
ea



Vanish Preen Oxi Action
Everyday Stain Remover
Spray 500ml

\$6⁹⁹
ea



Vanish Napisan Oxi Action
3kg Big Value Pack

\$24⁹⁹
ea



Dettol Antibacterial
Household Grade
Disinfectant Liquid 750ml

\$11⁹⁹
ea

SAVE ON HEALTH ESSENTIALS

Dymadon®
PARACETAMOL

87% of parents agreed Dymadon's great tasting flavours help make pain relief easy to give!*

Always read the label and follow the directions for use. Incorrect use could be harmful.
*McNair Squares, 2022, Dymadon easy parenting, Quantitative n = 273 (Aspen sponsored) data on file, 2022.

Strawberry
Orange

\$14⁹⁹ ea

46% OFF RRP
SAVE \$13.51

little Swisse

GOT A LITTLE TIRED TOT? WE GOT CHEW.

Multivitamin GUMMIES
Supports healthy growth & development & general health & wellbeing
BE PASTILLET (GUMMIES)
ORANGE FLAVOUR

WITH B VITAMINS TO RELIEVE TIREDNESS
Always read the label and follow the directions for use.

\$15⁹⁹ ea

46% OFF RRP
SAVE \$13.51

little Swisse

GOT A LITTLE FUSSY EATER? WE GOT CHEW.

Prebiotic + Probiotic GUMMIES
2 billion probiotics per serve
Fridge free probiotic
125g (50 x 2.5g GUMMIES)
ORANGE FLAVOUR

2 BILLION PROBIOTICS PER SERVE
Always read the label and follow the directions for use.

\$15⁹⁹ ea

BE PREPARED FOR BACK TO SCHOOL

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

Combantrin®
CHOCOLATE SQUARES
for threadworm, roundworm and hookworm

24 PYRANTEL CHOCOLATE SQUARES
EACH SQUARE CONTAINS PYRANTEL EMBONATE EQUIVALENT TO 100 mg PYRANTEL. JUST 4 SQUARES

Effectively treats worms in just one dose
ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

\$17⁴⁹ ea

BUY ANY MOOV PRODUCT AND GET A FREE

Moov HEAD LICE

\$10 GIFT CARD*
PREPAID
1234

REDEEM AT MOOV.COM.AU/WIN

***Always read the label and follow the directions for use.**
*T&Cs apply, see moov.com.au/win. Starts: 27/01/2023. Ends: 11:59pm AEST 31/03/2023 or once 500 claims have been received, whichever is first. Purchase must be in a single transaction. Max 1 claim per person. The Digital Vault Pay-enabled Prepaid Mastercard is issued by Vault Payment Solutions Group Pty Ltd pursuant to license by Mastercard. Mastercard and the circle design are registered trademarks of Mastercard International Incorporated. AC-009780

UP TO 8 HOUR* RELIEF FOR FEVER + 8 PAINS

- 1 COLD & FLU PAIN
- 2 POST-IMMUNISATION PAIN
- 3 TEETHING PAIN
- 4 TOOTHACHE
- 5 HEADACHE
- 6 EARACHE
- 7 SPRAINS & STRAINS
- 8 MINOR ACHES

NEW LOOK

NUROFEN FOR CHILDREN
5-12 years
ORANGE FLAVOUR
Ibuprofen 200 mg/5 mL
ORAL SUSPENSION
UP TO 8HR FEVER RELIEF
CONCENTRATED FORMULA

NUROFEN FOR CHILDREN
5-12 years
ORANGE FLAVOUR
Ibuprofen 200 mg/5 mL
ORAL SUSPENSION
UP TO 8HR FEVER RELIEF
CONCENTRATED FORMULA

NUROFEN FOR CHILDREN
5-12 years
STRAWBERRY FLAVOUR
Ibuprofen 200 mg/5 mL
ORAL SUSPENSION
UP TO 8HR FEVER RELIEF
CONCENTRATED FORMULA

Nurofen For Children 5 - 12 Years Orange 100ml \$18.49, Orange or Strawberry 200ml \$25.99

Always read the label and follow the directions for use. Incorrect use could be harmful.
*Autret-Leca et al, Malmstrom et al 2004, Malmstrom et al 1999, Mehlich et al 2010. RT-M-AVSDRS.

FROM \$18⁴⁹ ea

Coloxyl
MACROGOL FOR CHILDREN
Macrogol 4000 4g

CONSTIPATION RELIEF

GENTLE & EFFECTIVE RELIEF FROM:
• Hard stools
• Straining
• Discomfort from bloating

FROM 6 MONTHS OF AGE

14 SACHETS
Tasteful • Odourless • Colourless

\$6⁹⁹ ea

INNERHEALTH | Australia's Probiotic Experts

We put the PRO in probiotics

INNERHEALTH PLUS DOUBLE STRENGTH
60 CAPSULES / 1 x DAY

INNERHEALTH 3-in-1 PROBIOTIC GUMMIES
150g NET

INNERHEALTH KIDS 3-in-1 PROBIOTIC GUMMIES
2 x Probiotic Strains + Probiotic Fibre

FROM \$21⁹⁹ ea

Ethical Nutrients Inner Health Plus Double Strength 60 Capsules \$47.99, Adult 3-in-1 Probiotic Gummies 50 Pack or Kids 3-in-1 Probiotic Gummies 50 Pack \$21.99

KILLS 99.9% OF BACTERIA
FOR HANDS & SURFACES

ANTI-BACTERIAL **WITH ALOE VERA & VITAMIN E** **pH BALANCED**

ISOCOL
MULTIPURPOSE ANTI-BACTERIAL WIPES
FOR HANDS & SURFACES
15 WIPES

\$1⁷⁹ ea

Always read the label and follow the directions for use.

Hydralyte®
LyteSpeed™ Rehydration Everyday

FREE
Ice Block holders with any Hydralyte® Ice Blocks purchase*

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE. *While stocks last. Redeem at the counter. Ice blocks not included with holder.

\$12⁹⁹ ea

MedAdvisor

The **easy** way to manage your meds from home!



Organise your medications in one place



Order your scripts with a tap

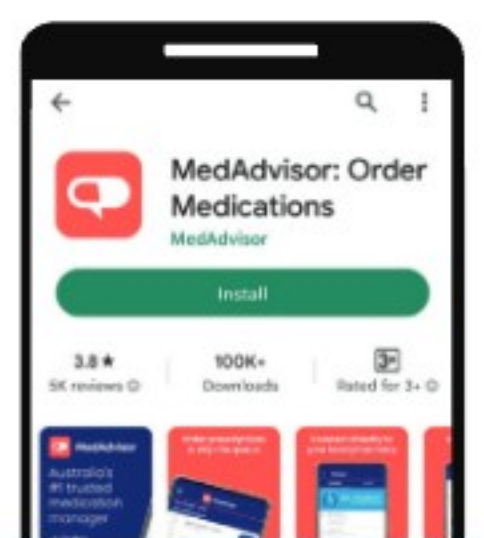


Collect at your selected store

Download Now

GET IT ON
Google Play

Download on the
App Store



★#
Nurofen Zavance 32 Mini Liquid Capsules

\$12⁹⁹ ea



maxigesic
SMARTER PAIN RELIEF

ALSO AVAILABLE AS A HOT DRINK



Maxigesic Double Action 12 Tablets **\$6.99** or Maxigesic Cold & Flu Hot Drink 10 Pack **\$9.99**

FROM **\$6⁹⁹ ea**

78% MORE
effective pain relief than paracetamol alone*

36% MORE
effective pain relief than ibuprofen alone*

FASTER MEANINGFUL PAIN RELIEF
than paracetamol or ibuprofen alone*

FIRST 6 HRS
more effective pain relief than paracetamol or ibuprofen alone*

Ref: 1. Tablets of Maxigesic® 4 times per day provides 78% more effective relief than paracetamol 4000 mg per day and 36% more effective relief than ibuprofen 1200 mg per day given in four divided doses. Ref: 2. 2 tablets of Maxigesic® provides faster relief than paracetamol 3000 mg or ibuprofen 1200 mg. Ref: 3. 2 tablets of Maxigesic® provides faster relief than paracetamol 3000 mg or ibuprofen 1200 mg within the first 6 hours (mean 18 mins). Claims based on test of pain relievers. Maxigesic® is a registered trademark of AP Pharmaceuticals Pty Ltd. ©2023 AP Pharmaceuticals Pty Ltd. All rights reserved. *Based on clinical studies. For more information, visit www.maxigesic.com.au. Free Phone 1800 238 762. Email info@maxigesic.com.au

Mersynofen

**TAKE CONTROL
TREAT PAIN**



★#
Mersynofen Paracetamol & Ibuprofen 12 Tablets

\$5⁹⁹ ea



★#
Advil Minis 90 Liquid Capsules

\$19⁹⁹ ea



Gentle & Easy way to clear earwax

\$8⁹⁹ ea



ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE. Do not use if you have glaucoma or other serious eye conditions. References: 1. Jack V. Greiner et al. Clin Ther. 27(5): 568-577, 2005 (Sponsored by Pfizer) 2. Australia and New Zealand Naphcon®-A product information. Naphcon®-A is indicated for the symptomatic treatment of allergic conjunctivitis. ©2023 Alcon ANZ, Auckland, NZ. 0800 101 106. ANZ-NPA-2200002

\$11⁴⁹ ea

SAVE \$3.50

If it's effective relief you need...
Chemists' Own®
there's a for that.



Chemists' Own Stomach Ache & Pain Relief Double Strength 10 Tablets **\$7.99**, Bisacodyl Laxative 200 Tablets **\$14.99** or IBS Support 100ml **\$26.99**

Chemists' Own®

mineralyte™
Hydrate+

22 essential electrolytes, minerals and trace elements for rapid hydration

- ✓ NO sugar
- ✓ NO sweetener
- ✓ Made in Australia

Add drops to any drink



\$15⁹⁹ ea

★ Mineralyte Concentrate Drops 50ml



Always read the label and follow the directions for use



★
Reclens Saline Solution 500ml

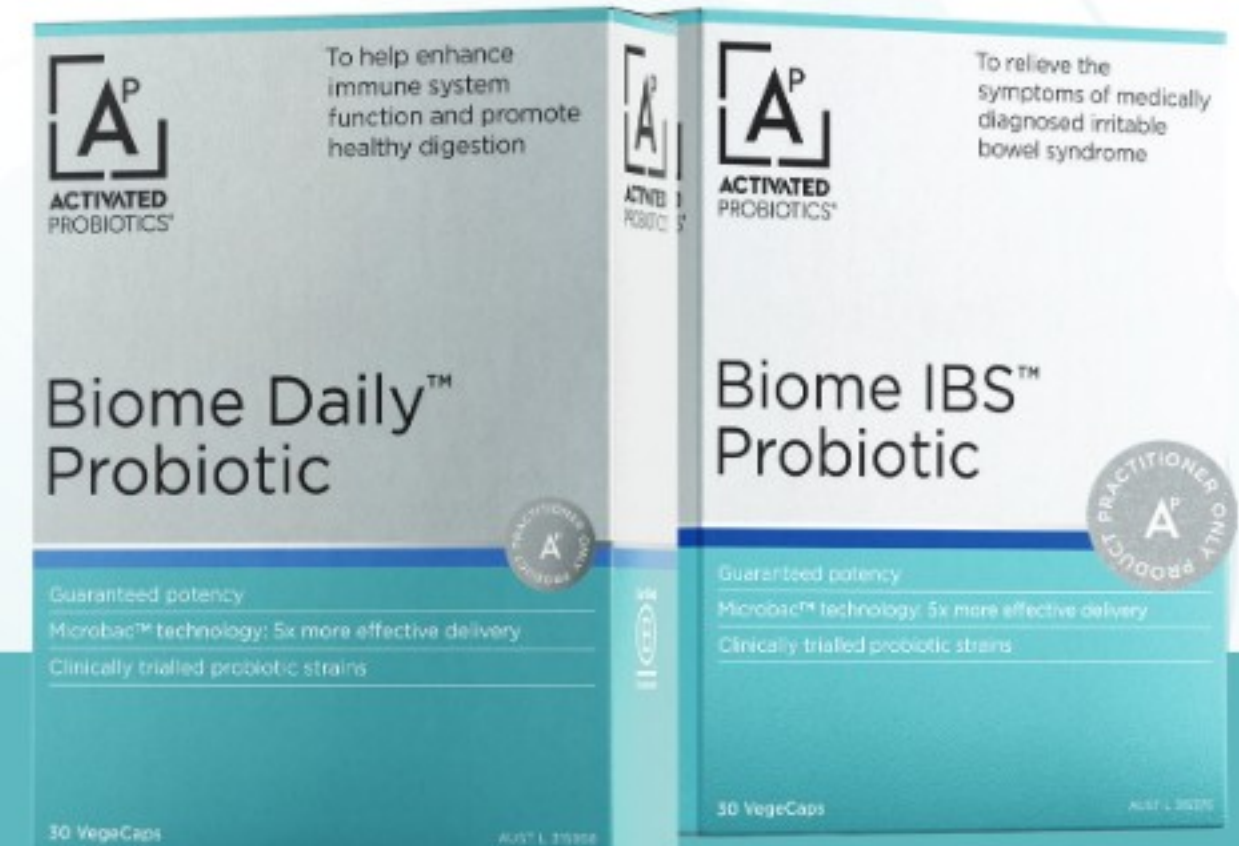
\$4⁴⁹ ea

ACTIVATED PROBIOTICS®

Targeted support for your specific digestive health needs

Promotes healthy digestion

Relieves symptoms of Irritable Bowel Syndrome



Ask your pharmacist about Activated Probiotics®

Always read the label. Follow directions for use



► The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists is the retail price found at competing retailers. Due to discount policy we may not have sold at RRP. ★ Always read the label. Use only as directed. If symptoms persist consult your Health Care Professional. © Incorrect use of this medication could be harmful. ☉ Vitamins may only be of assistance if dietary intake is inadequate.

OPTIMAL PHARMACY+

SAVE ON HEALTH ESSENTIALS

Nature's Way

Nature's Way Magnesium Sleep Well 60 Tablets \$20.79, Magnesium Oil 250ml \$13.69 or Magnesium Flakes 750g \$9.79

44% OFF RRP
SAVE \$8.51

SUPPORTS ENERGY PRODUCTION

Always read the label and follow the directions for use.

Swisse ULTIMBOOST VITAMIN B3 NICOTINAMIDE 500 mg

SUPPORTS SKIN REPAIR & HEALING
SUPPORTS ENERGY PRODUCTION

60 FILM COATED TABLETS

\$10⁹⁹ ea

46% OFF RRP
SAVE \$14.50

Nature's Own CALCIUM, MAGNESIUM & VITAMIN D3

120 TABLETS

Nature's Own Calcium, Magnesium & Vitamin D3 120 Tablets

\$16⁹⁹ ea

Bach's ORIGINAL FLOWER ESSENCES

RESCUE PASTILLES

ORANGE & ELDERFLOWER FLAVOUR

TRADITIONALLY USED TO RELIEVE SYMPTOMS OF STRESS AND MILD ANXIETY

\$12⁴⁹ ea
SAVE \$7.26

RESCUE PASTILLES

NATURAL STRIPS INFUSION

BLACKCURRANT FLAVOUR SUGAR FREE ALCOHOL FREE

\$12⁴⁹ ea
SAVE \$7.26

Rescue Pastilles Berry Blend 50g

Rescue Pastilles Blackcurrant 50g

37% OFF RRP
SAVE \$6.96

fisiocrem

Solugel Muscular Aches & Pains Relief 60g

\$11⁹⁹ ea

KILLS GERMS FAST

Helps safeguard wounds from infection.

Always read the label and follow the directions for use.
For use on minor wounds.

1. Tan ET, et al. GMS Hygiene and Infection Control 2021; 16: e2021. Infectious Diseases and Therapy 2018 (sponsored by Mundipharma)

Betadine

Antiseptic First Aid Cream

Antiseptic Topical Solution

FROM \$17⁹⁹ ea

Thursday Plantation Australia's Original

TEA TREE ANTISEPTIC CREAM

100g \$6.99, Antiseptic Spray With Aloe Vera 100ml \$6.99 or Aloe Vera Gel 30g \$3.99

FROM \$3⁹⁹ ea

Elastoplast

FLEXIBLE FABRIC

20 Strips

\$2⁴⁹ ea

WIN A NEW PAIR OF SHOES

ENTER TO WIN 1 OF 4 \$250 VOUCHERS

LAMISIL

PHARMACY MEDICINE

LAMISIL Cream

15g \$15.99 or Lamisil Once Athlete's Foot Film Forming Solution 4g \$21.99

GET FEET OFF YOUR MIND

Always read the label and follow the directions for use.

1. Tan ET, et al. GMS Hygiene and Infection Control 2021; 16: e2021. Infectious Diseases and Therapy 2018 (sponsored by Mundipharma)

30% OFF RRP
SAVE \$5.96

INFLAMAX

Effective temporary relief from muscle pain & inflammation

EASY TO USE

\$13⁹⁹ ea

Always read the label and follow the directions for use.

41% OFF RRP
SAVE \$1.70

Elastoplast

Disney Character Strips

20 Pack

\$2⁴⁹ ea

HOT! PRICE!

Scholl Eulactol

HEEL BALM GOLD

60ml

\$9⁹⁹ ea

rejuvenail

ANTI-FUNGAL NAIL LACQUER

Life's MORE fun without fungus

KILLS • STOPS • RESTORES*

\$58⁹⁹ ea

Always read the label and follow the directions for use.

PRECISION METAL TIP

Pin-point accuracy

NO HARM TO SURROUNDING SKIN

Duofilm by Dr.Yglo

WART FREEZE TREATMENT

50ml

TARGETED FREEZE TREATMENT FOR WARTS

\$23⁹⁹ ea
SAVE \$11.00

OUT WITH GOUT

RELIEVE & HELP REDUCE OCCASIONAL OCCURRENCE OF GOUT SYMPTOMS

GOUT Shield

RELIEVES SYMPTOMS OF OCCASIONAL GOUT EPISODES
HELPS REDUCE OCCASIONAL OCCURRENCE OF GOUT SYMPTOMS

GOUT Shield relieves and helps reduce the occasional occurrence of gout symptoms - targeting the underlying cause of gout by helping lower uric acid in the body.

CLINICALLY TRIALLED FORMULA

NO PRESCRIPTION REQUIRED

MADE IN AUSTRALIA

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.



JOIN OPTIMAL LOYALTY CLUB

FREE TO JOIN

SHOP & EARN

EQUIVALENT TO 5% DISCOUNT
TOWARDS YOUR NEXT PURCHASE*

REDEEM YOUR REWARDS



NUTRICIA
Souvenaid
Proven to slow
Memory and cognitive
decline by an average of
60%
in an early stage of Alzheimer's disease
known as mild cognitive impairment
when taken daily over 3 years*

*Based on a study published in 2021. Individual results may vary. This product does not cure or alleviate Alzheimer's disease. Souvenaid is a food for special medical purposes for the dietary management of early Alzheimer's disease. Must be used under medical supervision.
1. Soenen H et al. Alzheimer's Dement 2021;17:29-40



Souvenaid 125ml 4 Pack **\$16.99** or Powder 360g **\$39.99** Selected Varieties

FROM
\$16.99 ea

ABLE

5 year warranty *device only
USB power adapter included
120 memory
+/- 3mmHg accuracy



Blood Pressure Monitor

\$64.99 ea
SAVE \$15.00

52% OFF RRP
SAVE **\$29.00**

WANT STRONG BONES?

Australia's No. 1 Bone Health Brand*

- ✓ Vitamin D3 aids calcium absorption
- ✓ Calcium helps maintain strong healthy bones

Ostelin Calcium & Vitamin D3 250 Tablets
or Ostelin Vitamin D3 1000IU 250 Capsules



\$26.99 ea



OzHealth Arthritis Cream 114g

\$20.99 ea



Blackmores Fish Oil 1000mg 200 Capsules

\$24.99 ea



Swisse Ultiboost Co-Enzyme Q10 150mg 50 Capsules

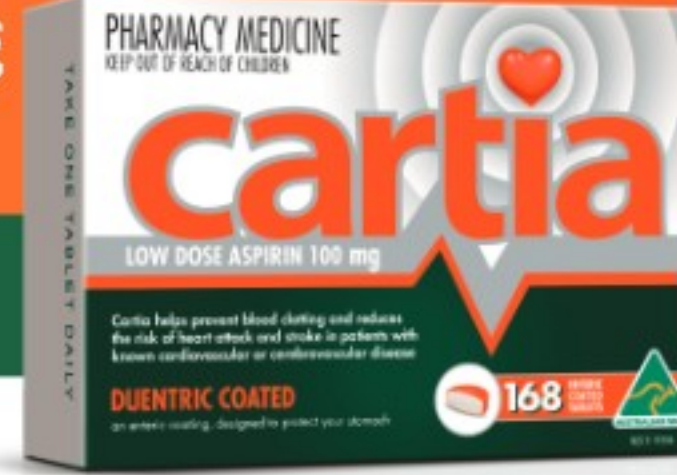
\$24.99 ea

Has your doctor recommended
low dose aspirin for heart protection?

Cartia has a **Duentric** coating
that's gentle on the stomach*

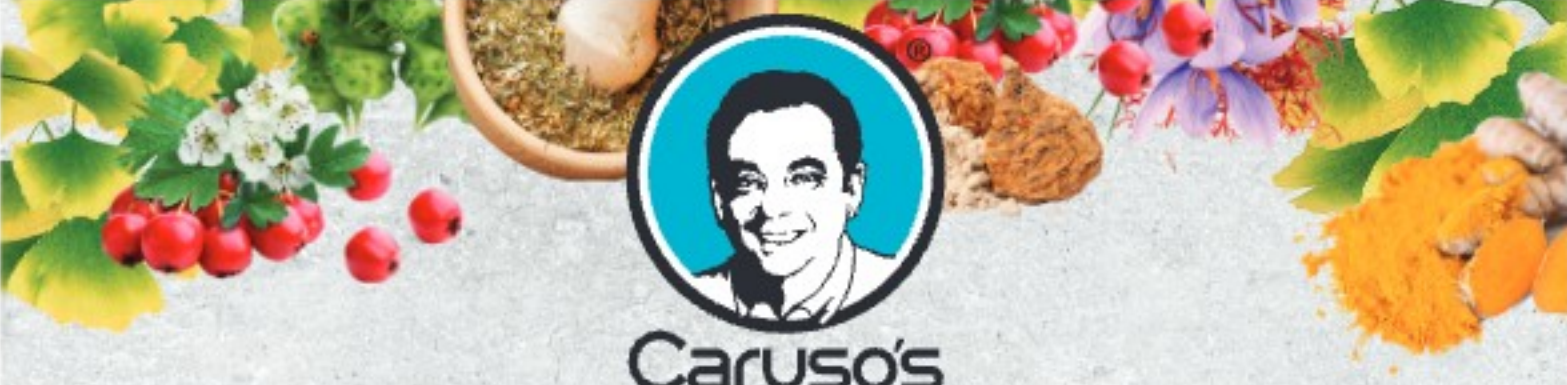
cartia.com.au

*Cartia low dose aspirin has a Duentric coating, which is designed to protect the stomach from the irritation that can be caused by aspirin.



Always read the label and follow the directions for use.

Cartia helps prevent blood clotting and reduces the risk of heart attack and stroke in patients with known cardiovascular or cerebrovascular disease. For use under medical supervision only. The use of low dose aspirin may be only one component of your medical practitioner's management plan to prevent you having a further heart attack or stroke. You should discuss this plan with your medical practitioner. Do not substitute other medicines containing aspirin. For this medicine, without first consulting your pharmacist or medical practitioner. CAR-08211-0326.



Tired of Peeing all the time?

Try Caruso's **WEE LESS**® & **PEE LESS**®

With *Schisandra chinensis*, traditionally used in
Chinese Medicine to relieve urinary frequency



\$28.99 ea
SAVE \$20.96

\$29.99 ea
SAVE \$19.96

Always read the label and follow the directions for use.
See Caruso's Natural Health website for terms and conditions of 100% Money Back Guarantee.



Karma Rub Natural Liquid Magnesium 100ml **\$12.99** or 250ml **\$19.99**



Tena ProSkin Plastic Free Wet Wipes 48 Pack

\$6.99 ea



Life-Space Broad Spectrum Probiotic Advanced 30 Capsules **\$20.99**, Broad Spectrum Probiotic Advanced or 60+ Probiotic 60 Capsules **\$35.99**
Always read the label. Follow the directions for use.

FROM
\$20.99 ea



Get up to
\$694.80
rebate on your
TENAPRODUCTS
from CAPS*

*The CAPS payment may increase or decrease a little every year following the Government's budget process.



*CONTINENCE AIDS PAYMENT SCHEME

ARE YOU ELIGIBLE FOR OVER \$600 CAPS FUNDING?

Or visit www.health.gov.au/initiatives-and-programs/continence-aids-payment-scheme-caps

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OPTIMAL PHARMACY+

SAVE ON EVERYDAY ESSENTIALS



NAN SUPREMEpro 3
Toddler From 1 Year 800g

\$27⁹⁹ ea



PediaSure Powder 850g Selected Varieties

\$44⁹⁹ ea

Abbott
life. to the fullest™



33% OFF RRP
SAVE \$2.50

Tommee Tippee Novelty Hood Bottle 250ml
Selected Varieties

\$4⁹⁹ ea



40% OFF RRP
SAVE \$3.96

Tommee Tippee Natural Latex 2 Pack Selected Varieties

\$5⁹⁹ ea



Huggies Essential Clean Baby Wipes 80 Pack

\$3⁹⁹ ea



Huggies Essentials Nappies 40-54 Pack

\$19⁹⁹ ea



Sudocrem Healing Cream 250g

\$19⁹⁹ ea



Babylove Everyday Wipes 80 Pack

\$2⁹⁹ ea



Babylove Cosifit Nappies 15-28 Pack Selected Varieties

\$9⁹⁹ ea



Curash Fragrance Free Baby Wipes 240 Pack

\$9⁹⁹ ea

SAVE \$6.41

Curash Fragrance Free Baby Wipes 20 Pack

\$1⁷⁹ ea

SAVE \$0.92

Curash Gentle Head To Toe Wash 400ml

\$6⁴⁹ ea

SAVE \$2.51



MooGoo Baby & Child Natural Nappy Balm 120g

\$12⁹⁹ ea



Baby U Scented Nappy Bags 50 Pack

\$1⁹⁹ ea



Johnson's Baby Powder 600g \$8.99, Bed Time Bath 500ml \$9.99 or Baby Shampoo 500ml \$9.49



DermaVeen Sensitive Sun SPF 50+ Moisturising Face & Body Cream 200g

\$16⁹⁹ ea



MooGoo Baby & Child Natural 2-in-1 Bubbly Wash 500ml

\$15⁹⁹ ea



Cetaphil Sun Range

FROM \$18⁷⁹ ea



OATACTIV™

*Based on instrumental tests, 2023

DermaVeen 1L Selected Varieties

\$20⁴⁹ ea

SAVE \$9.50



DermaVeen Baby Selected Varieties

FROM \$12⁹⁹ ea



Smoother + Softer Skin
After Just 1 Use!
The Sensitive Skin Exfoliator

TRIPLE GENTLE ACID EXFOLIATION
BHA
AHA
PHA

\$18⁹⁹ ea

SAVE \$4.00

\$20⁹⁹ ea

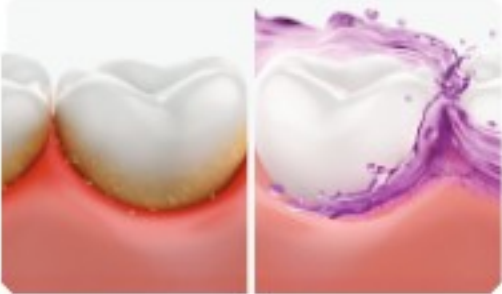
SAVE \$5.00

Deep Cleans
Where Brushing
Misses



\$9.99 ea

SAVE \$5.01



Listerine Mouthwash
Total Care Zero 750ml

Add to brushing for **5X MORE** cleaning power.*

*Euromonitor International Limited: Beauty and Personal Care 2025 edition, per Mouthwashes/Dental Rinses category definition, retail value RRP, 2024 data.
*With 12-weeks continuous use, sustained plaque protection above the gumline after a dental cleaning. Rinse is not intended to replace brushing or flossing. Use only as directed.

34% OFF RRP
SAVE \$1.11



Colgate ZigZag
Toothbrush
Medium or Soft 1 Pack

\$2.19 ea

32% OFF RRP
SAVE \$1.05



Colgate Toothpaste
110g-120g
Selected Varieties

\$2.19 ea

Piksters™



Piksters On The Go Essential, Mini Monsters Oral Care Kit \$4.99 or Piksters Interdental Brushes 10 Pack \$5.99
Selected Varieties

Reusable 10 pack



FROM \$4.99 ea

HOT! PRICE!



Sensodyne Repair & Protect Toothpaste 100g
Selected Varieties

\$8.99 ea

43% OFF RRP
SAVE \$1.51



Palmolive Liquid Hand Wash 250ml
Selected Varieties

\$1.99 ea

Aveeno

UNLOCK THE POWER
AND HYDRATE AND
PROTECT YOUR SKIN

Relieve dry skin from Day 1.*



FREE

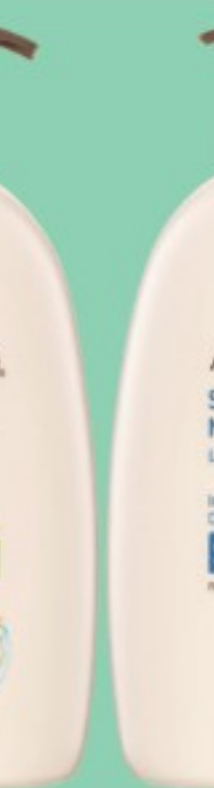
Purchase any Aveeno
Body wash or lotion
and receive a skin
relief lotion 71ml



FROM \$19.99 ea



FROM \$19.99 ea



FROM \$19.99 ea



FROM \$19.99 ea

40% OFF RRP
SAVE \$2.01



Nivea Lip Balm Selected Varieties

\$2.99 ea

NIVEA

EFFICACY
MEETS NATURALITY

24h melt-in
MOISTURE

UP TO 99% NATURAL
ORIGIN



50% OFF RRP
SAVE \$6.51



Palmolive Naturals Body Wash 1L
Selected Varieties

\$6.49 ea

SKINREPUBLIC
SKIN LABORATORY

CLINICALLY
PROVEN



FROM \$5.99 ea



HOT! PRICE!



Wet Ones 15 Pack
Selected Varieties

\$1.99 ea

MADE WITH ALOE VERA & CALENDULA EXTRACTS



FROM \$11.49 ea

QV

Free gift
with any QV 1L/kg purchase.



\$20.99 ea

LIGHT HYDRATION

MODERATE HYDRATION

INTENSIVE HYDRATION

*Free QV Gentle Wash 250g. While stocks last. Limit 1 gift per person.

31% OFF RRP
SAVE \$2.01



LifeStyles Condoms 10 Pack
Selected Varieties

\$4.49 ea

Libra

Love Local

THE ONLY PADS,
TAMPONS AND LINERS
Made in Australia
FOR OVER 30 YEARS



FROM \$4.99 ea

Schick



FROM \$11.49 ea

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OPTIMAL PHARMACY+ 7



JOIN OPTIMAL LOYALTY CLUB

FREE TO JOIN

SHOP & EARN

REDEEM YOUR REWARDS

EQUIVALENT TO 5% DISCOUNT
TOWARDS YOUR NEXT PURCHASE*



Available on Google Play & App Store

BLACKMORES

39% OFF RRP
SAVE \$13.50



Blackmores Bio Magnesium 100 Tablets

\$20⁹⁹ ea

43% OFF RRP
SAVE \$21.00



Blackmores Bio C 1000mg 150 Tablets

\$27⁹⁹ ea

37% OFF RRP
SAVE \$14.00



Blackmores Super Strength CoQ10 300mg 30 Capsules

\$23⁹⁹ ea

39% OFF RRP
SAVE \$14.50



Blackmores Vitamin D3 1000IU 300 Capsules

\$22⁹⁹ ea

44% OFF RRP
SAVE \$20.00



Blackmores Fish Oil 1000mg Odourless 200 Capsules

\$24⁹⁹ ea

SWISSE

53% OFF RRP
SAVE \$24.00

TAKE AUSTRALIA'S #1 MULTIVITAMIN DAILY



\$20⁹⁹ ea

Always read the label and follow the directions for use.

46% OFF RRP
SAVE \$13.51

MUSCLE RELAXATION SUPPORT



\$15⁹⁹ ea

Always read the label and follow the directions for use.

49% OFF RRP
SAVE \$19.00



\$19⁹⁹ ea

Swisse Ultiboost Vitamin D 400 Capsules

WEIGHT MANAGEMENT

OPTIFAST
VERY LOW CALORIE DIET

Nutrition to complement your weight loss

High in protein

Complete nutrition

Low in calories

Optifast VLCD Bars 6 x 65g **\$23.99**, Shakes 10-12 Pack **\$40.99** or Dessert VLCD 8 Pack **\$24.99** Selected Varieties

OPTIFAST VLCD is for the dietary management of overweight and obesity and must be used under the supervision of a healthcare professional.



FROM \$23⁹⁹ ea

SUSTAGEN

Hospital Formula 840g Selected Varieties



\$28⁹⁹ ea

SAVE \$10.50

ATKINS

PROTEIN RICH. KETO FRIENDLY.



\$7⁹⁹ ea **\$24⁹⁹ ea** **\$2⁹⁹ ea**

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LOW CARB | LOW SUGAR | GREAT TASTE

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nicorette



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Always read the label and follow the directions for use. Stop smoking aid.

Nicabate



\$34⁹⁹ ea **\$40⁹⁹ ea**

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Nicabate Clear Patch Quit Smoking Step 1 21mg 14 Patches

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