OPTIMAL PHARMACY

SALE TIME
9 JUNE - 22 JUNE 2026

We've got you *covered* this winter

$1.79 ea

HotHands Hand or Toe Warmers 2 Pack

$7.99 ea

Difflam Kids Soothing Throat Pops Assorted 10 Pack

$1.79 ea

Quilton Facial Tissues 95-110 Pack Selected Varieties

$6.99 ea

Bosisto's Eucalyptus Spray 200g

new in store

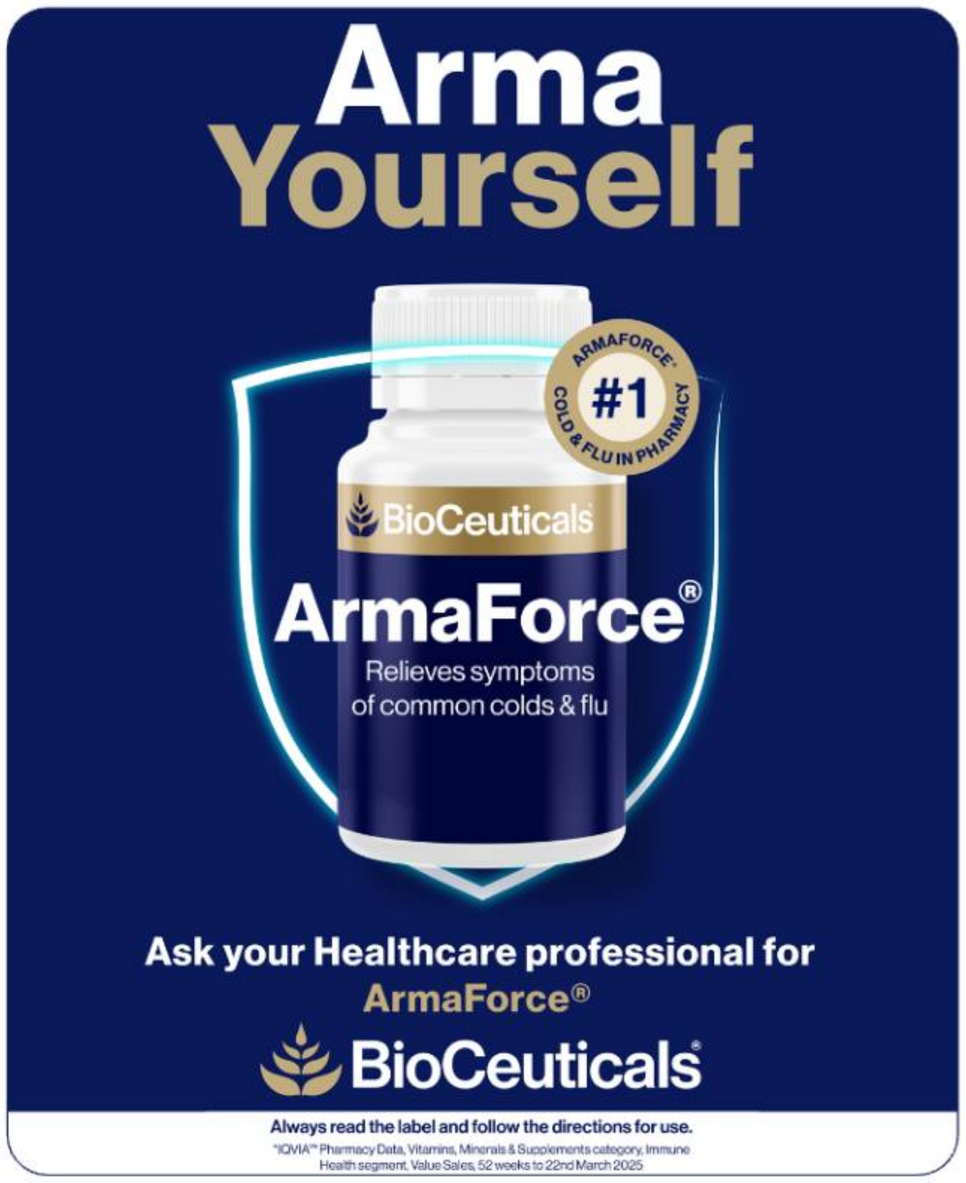
ON SALE 9 - 22 JUNE 2026 or WHILE STOCKS LAST.

▸ The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists is the retail price found at competing retailers. Due to discount policy we may not have sold at RRP.
⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊖ Not available in all stores

SAVE ON HEALTH & WELLBEING

Robitussin Cough & Chest Congestion or Chesty Cough Forte 200ml **$13.99 ea**

Bisolvon Chesty Forte Syrup 200ml **$13.99 ea**



Blackmores Horseradish Garlic + C 50 Tablets **$14.49 ea**

Blackmores Echinacea Forte 40 Tablets **$12.99 ea**

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⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional.
⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊛ Incorrect use of this medication could be harmful. ⊛ Your Pharmacist's advice is required.

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SAVE ON HEALTH & WELLBEING

Bausch & Lomb Re-Nu Fresh Duo Pack 355ml+120ml **$19.99 ea**

Bausch & Lomb BioTrue Duo Pack 300+120ml **$21.99 ea**

Reclens Extended Hydration Multipurpose Solution 2 x 100ml **$11.99 ea**

Mersynofen Paracetamol & Ibuprofen 12 Tablets **$5.99 ea**

Panadol Rapid 500mg 48 Caplets **$11.99 ea**

Nicabate Mini Lozenges 4mg 60 Pack **$21.99 ea**

Nicabate Extra Fresh Mint Gum 2mg or 4mg 200 Pack **$27.99 ea**

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⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional. ⊘ Stop smoking aid. Contains nicotine. Use only as directed. ⊛ Incorrect use of this medication could be harmful.

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FREQUENT HEARTBURN?

JUST ONE TABLET DAILY

HALEON

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN
Nexium 24HR Once Daily Dosing
Esomeprazole magnesium trihydrate 22.3 mg (equivalent to esomeprazole 20 mg)
Lasting Relief for Frequent Heartburn and Acid Reflux
14 enteric coated tablets

For the relief of frequent heartburn.
ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.
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$13.99 ea

HEARTBURN? ZANTAC IT!

STARTS TO WORK IN 30 MINS

PHARMACY MEDICINE
Zantac DOUBLE STRENGTH 24 HOUR ACTIVE RELIEF FROM HEARTBURN & ACID INDIGESTION
Zantac 12 HOUR ACTIVE RELIEF FROM HEARTBURN & ACID INDIGESTION 28 EASY TO SWALLOW

Zantac Double Strength 14 Tablets or Zantac 150mg 28 Tablets
ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.
1. Johannessen T, Kristensen P. Clin Ther. 1997, (financed by a MSD, Norway)
2. M. Elm et al Scandi J Gastroenterol., 1998 (Sponsored by Glaxo Sweden AB)

$8.99 ea

39% OFF RRP▸

SAVE $17.96

INNER HEALTH RESTORE-BIOTIC 20 CAPSULES / 20 DAY COURSE

⊕ Inner Health Restore-Biotic Probiotic 20 Tablets

$27.99 ea

Iberogast®

Multi-Action Digestive Relief

NEW!

Iberogast™ IBS + Digestive Relief
MULTI ACTION DIGESTIVE RELIEF
RELIEVES DIGESTIVE SYMPTOMS + MEDICALLY DIAGNOSED IBS SYMPTOMS

- ✓ Heartburn
- ✓ Stomach Pain
- ✓ Constipation
- ✓ Diarrhea
- ✓ Bloating
- ✓ Gas

New Softgel cap for easy consumption

SOFTGEL CAPSULES

$21.99 ea

Iberogast IBS + Digestive Relief 30 Capsules
Always read the label and follow directions for use.

Targeted support for your specific digestive health needs

ACTIVATED PROBIOTICS®

Promotes healthy digestion

Relieves symptoms of Irritable Bowel Syndrome

Biome Daily™ Probiotic — To help enhance immune system function and promote healthy digestion

Biome IBS™ Probiotic — To relieve the symptoms of medically diagnosed irritable bowel syndrome

Ask your pharmacist about Activated Probiotics®

LIVE PROBIOTIC PROMISE | FRIDGE FREE | ONE-A-DAY | GLUTEN FREE | DAIRY FREE | VEGETARIAN

Always read the label. Follow directions for use

SPECIALISED RELIEF of stomach pain with cramps.

2-STEP ACTION
1 Relaxes the cramps
2 Relieves the pain

PHARMACY MEDICINE KEEP OUT OF REACH OF CHILDREN
Buscopan FORTE hyoscine butylbromide 20mg
Double Strength — Relieves acute stomach pain with cramps — 10 TABLETS

PHARMACY MEDICINE KEEP OUT OF REACH OF CHILDREN
Buscopan hyoscine butylbromide 10mg
Specialised Relief of stomach pain with cramps — 20

Always read the label and follow the directions for use.

$10.99 ea

Australia's No.1 Constipation Relief Tablet Brand*

Coloxyl WITH SENNA DUAL ACTION CONSTIPATION RELIEF — 30 — **$4.99 ea**

Coloxyl WITH SENNA DUAL ACTION CONSTIPATION RELIEF — 90 — **$9.99 ea**

Treating constipation is easy with Coloxyl
- Works with your body to turn hard stools into soft comfy ones
- Small & easy to take tablets help provide effective constipation relief

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.
*Circana MAT 20/7/2025 AU National constipation relief tablet products based on value & units. Trademarks are owned by or licensed to the Aspen Group of companies.
© 2025 Aspen Group of companies or its licensor. All rights reserved. COL-08492-EXP05/26.

▸The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists is the retail price found at competing retailers. Due to discount policy we may not have sold at RRP. ^Receive 5 Loyalty Points for every $1 spent. Points cannot be earned on PBS prescriptions purchases. Full Terms & Conditions can be found at www.optimalloyalty.com.au/customer ⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional. ⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊛ Incorrect use of this medication could be harmful.

SAVE ON HEALTH & WELLBEING

Silicone-Based Wound Dressings

Your solution for fragile & compromised skin

- ✓ Skin friendly, almost pain free removal
- ✓ Reliable adhesion
- ✓ High wearing comfort
- ✓ Repositionable
- ✓ Covers and protects superficial cuts, lacerations and minor burns
- ✓ Waterproof & Showerproof
- ✓ Can stay in place for up to 7 days

Leukoplast®
Wound care in best hands

ESSOB50

Always read the label and follow the directions for use

WANT STRONG BONES?

Australia's No. 1 Bone Health Brand^

- ✓ Vitamin D3 aids calcium absorption
- ✓ Calcium helps maintain strong healthy bones

Ostelin Calcium & Vitamin D3 250 Tablets or Ostelin Vitamin D3 1000IU 250 Capsules

$26.99 ea SAVE $23.00

$25.99 ea SAVE $24.00

Always read the label. Follow the directions for use. Vitamin supplements should not replace a balanced diet.
^Aztec National Scan Sales, Australia Grocery & Pharmacy, Value & Units, MAT to 03/03/19. OST.19.04.0453d June 2019

ABLE

5 year warranty *device only
USB power adapter included
120 memory
+/- 3mmHg accuracy

Blood Pressure Monitor ⑧

$64.99 ea SAVE $15.00

45% OFF RRP▸ SAVE $14.01

⊕ Blackmores CoQ10 150mg 30 Capsules **$16.99 ea**

27% OFF RRP▸ SAVE $10.50

⊛ Sustagen Hospital Formula 840g *Selected Varieties* **$28.99 ea**

Ensure

CLINICALLY SHOWN TO IMPROVE MUSCLE STRENGTH IN 90 DAYS*[1]

Food for special medical purposes. Use under medical supervision.
*In community dwelling adults aged 65 years and over with or at risk of malnutrition compared to nutrition education alone.
Reference: 1. Xie H et al. Nutr Clin Pract. 2023;38(1):138-147.

Abbott
life. to the fullest.®

⊛ Ensure Chocolate 800g **$42.99 ea**

46% OFF RRP▸ SAVE $20.50

⊕ Blackmores Fish Oil 1000mg Odourless 200 Capsules **$24.49 ea**

NUTRICIA Souvenaid®

Proven to slow Memory and cognitive decline by an average of **60%** in an early stage of Alzheimer's disease known as mild cognitive impairment when taken daily over 3 years[1]*

*Based on a study published in 2021. Individual results may vary. This product does not cure or alleviate Alzheimer's disease. Souvenaid is a food for special medical purposes for the dietary management of early Alzheimer's disease. Must be used under medical supervision.
[1] Soininen H et al. Alzheimer's Dement 2021; 17: 29-40

Souvenaid 125ml 4 Pack **$16.99** or Powder 360g **$39.99** Selected Varieties

FROM **$16.99 ea**

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⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional. ⑧ For people with high blood pressure. Consult your doctor to evaluate the readings. Check your device periodically for accuracy.

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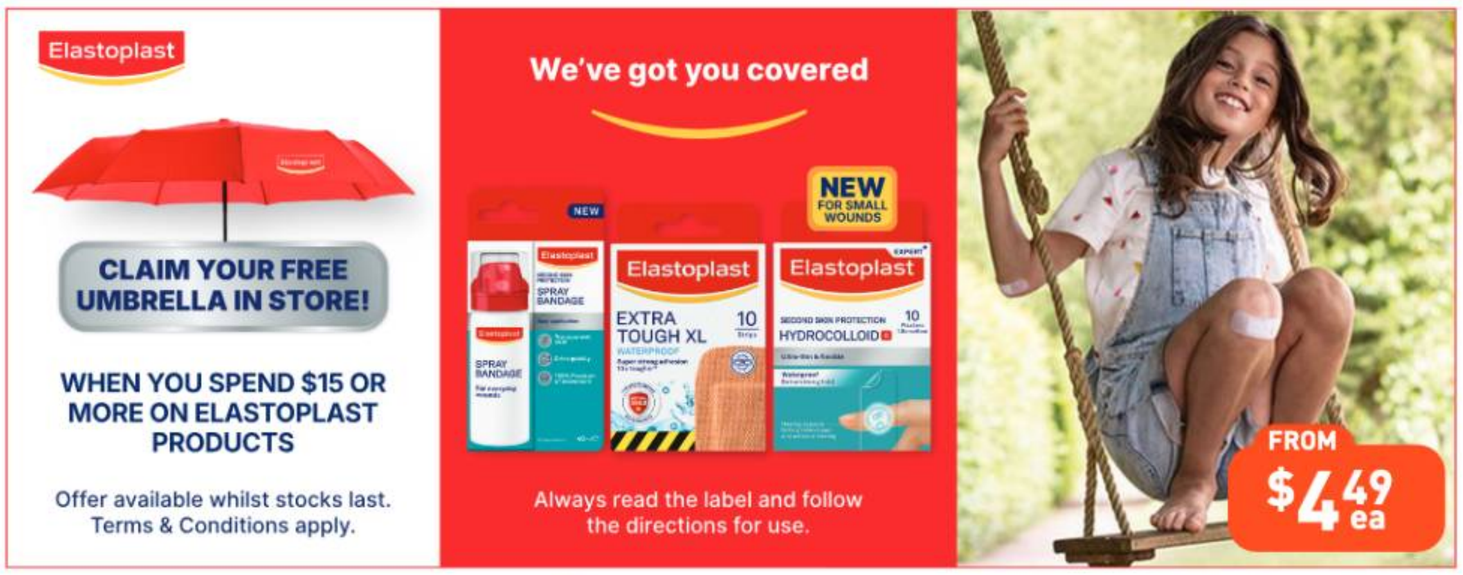

▸The save prices listed are calculated from the suppliers RRP (Recommended Retail Price) at the time of preparation and where no such price exists is the retail price found at competing retailers. Due to discount policy we may not have sold at RRP. ⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional. Purchase any Thermoskin Pain Relief Cream between February and 31 August 2026 to receive $10 cashback. Customers must retain their receipt and redeem online at thermoskin.com/cashback. Purchase Fisiocrem Joint Ease to win. Visit fisiocrem.com.au. Starts 1/4/26 and ends 30/6/26. *While stocks last, limit of one per customer.

SAVE ON BABY & TODDLER ESSENTIALS

⊕ Ethical Nutrients Inner Health Plus Double Strength 60 Capsules **$50.99**, Adult 3-In-1 Probiotic Gummies 50 Pack or Kids 3-In-1 Probiotic Gummies 50 Pack **$20.49**

⊛ # Dimetapp Kids 6 Years+ Cold & Allergy and Cough & Cold Relief 200ml Varieties

⊛ Vicks Non-Contact Forehead 3-in-1 Thermometer **$44.99 ea**

⊛ NAN SUPREMEpro 3 Toddler From 1 Year 800g **$27.99 ea**

⊛ Karicare Toddler Milk Drink 12+ Months or 2+ Years 900g **$17.99 ea**

⊛ Babylove Sleepy Nights Pants 9-12 Pack **$9.99 ea**

⊛ Babylove Water Wipes 20 Pack **$1.49 ea**

⊛ Sudocrem Healing Cream 250g **$18.99 ea**

Huggies Essentials Nappies 40-54 Pack **$19.99 ea**

⊛ Huggies Essential Clean Baby Wipes 80 Pack **$3.79 ea**

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⊕ Always read the label and follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your healthcare professional.
⊛ Always read the label. Use only as directed. If symptoms persist consult your healthcare professional. ⊛ Breast milk is best for most babies. Consult your Doctor or Pharmacist when considering this product. ⊛ Incorrect use of this medication could be harmful

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Itchy, snotty, sneezy?

There's a **Chemists' Own®** for that.

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Incorrect use could be harmful.

Kids Sore Throat SPRAY

NEW

Difflam Kids 6 Years+ Sore Throat SPRAY
ANTI-INFLAMMATORY
FAST SOOTHING RELIEF of sore throats
ALCOHOL FREE

FAST ACTING targeted RELIEF

$11.99 ea

Always read the label and follow the directions for use.

⊛ # Advil Pain & Fever Infant Drops 40ml

$7.99 ea

UP TO 8 HOUR* RELIEF FOR FEVER + 8 PAINS

1. COLD & FLU PAIN
2. POST-IMMUNISATION PAIN
3. TEETHING PAIN
4. TOOTHACHE
5. HEADACHE
6. EARACHE
7. SPRAINS & STRAINS
8. MINOR ACHES

NEW LOOK

FROM **$16.99 ea**

NUROFEN FOR CHILDREN

Always read the label and follow the directions for use. Incorrect use could be harmful.

*Autret-Leca et al, Malmstrom et al 2004, Malmstrom et al 1999, Mehlisch et al 2010. RT-M-AVSORS.

Dymadon® PARACETAMOL

87% of parents agreed Dymadon's great tasting flavours help make pain relief easy to give!*

Strawberry

$14.99 ea

Always read the label and follow the directions for use. Incorrect use could be harmful.
*McNair Squares, 2022, Dymadon easy parenting, Quantitative n = 273 (Aspen sponsored) data on file, 2022.

AUSTRALIAN MADE

Little®

For Coughs & Chesty Congestion

FROM **$15.99 ea**

#ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

Try new

Tutti Frutti flavour,

relief without the fuss

$10 gift card

with **purchase** of any **200ml Children's Panadol**

keep receipt and scan QR code to redeem

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ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.
INCORRECT USE COULD BE HARMFUL.

T&Cs apply, see www.panadolchildren10promo.com.au. Open to AU res 18+. Ends: 11:59pm AEST 31/8/26. Reward: $10 Kids Digital Gift Card. Limit 1 claim/reward per household.

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SAVE ON BATHROOM & TOILETRIES

32% OFF RRP ▸ SAVE $2.21

Colgate Toothpaste Total Advanced Whitening or Charcoal Deep Clean 115g **$4.79 ea**

HOT! PRICE!

Colgate Toothbrush Twister Fresh Soft or Medium 1 Pack **$2.79 ea**

31% OFF RRP ▸ SAVE $4.01

(*) Palmolive Naturals Body Wash 1L Selected Varieties **$8.99 ea**

(*) Carmex Selected Varieties

HOT! PRICE!

Dove Beauty Bar Original 2 x 90g **$3.99 ea**

(*)(#) Nizoral Anti-Dandruff 2% Shampoo 60ml **$14.49 ea**

43% OFF RRP ▸ SAVE $4.51

(*) Nivea Deodorant 250ml Selected Varieties **$5.99 ea**

(*) Nivea Range Selected Varieties

Schick Hydro Silk Replacement Blades 4 Pack **$18.99**, Hydro Silk Women's Kit **$12.99**, Hydro 5 Men's Replacement Blades 4 Pack **$17.99** or Hydro 5 Razor Handle + 2 Refills **$11.99** FROM **$11.99 ea**

49% OFF RRP ▸ SAVE $17.51

(*) First Response Instream Pregnancy Tests 7 Pack **$17.99 ea**

Poise Pads 8-16 Pack Selected Varieties **$5.49 ea**

40% OFF RRP ▸ SAVE $3.01

(*) LifeStyles Condoms 10 Pack Selected Varieties **$4.49 ea**

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All CeraVe products are formulated with **3 ESSENTIAL CERAMIDES**, identical to those found naturally in your skin.

DERMATOLOGIST RECOMMENDED BRAND

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Care behind firmer, more radiant skin in 14 days^

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QV FACE

Care behind every bathroom door

Formulated with Ceramides

FROM $8.99 ea

*QV Face Gentle Cleanser, Night Cream & Hydrate & Renew Serum. N=29. Results based on a 14 day consumer satisfaction survey sponsored by Ego Pharmaceuticals, July 2023.

QV Free gift*

with any QV 1L/kg purchase.

Contains 15% glycerin to help hydrate skin

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QV Skincare for Life

*Free QV Gentle Wash 250g. While stocks last. Limit 1 gift per person.

DERMAVEEN
CREATED BY NATURE PROVEN BY SCIENCE

$22.99 ea

SAVE $7.00

Dermaveen Extra Hydration Gentle Soap Free Wash or Intensive Moisturising Lotion 1L

DERMATOLOGICALLY TESTED

SAVE ON HOUSEHOLD ESSENTIALS

Dettol Surface Cleanser Antibacterial Lime & Mint Trigger 500ml **$3.49**, 2in1 Hands & Surfaces Antibacterial 15 Wipes **$2.19** Pack, Disinfectant or Multipurpose 110 Wipes **$7.99**, Hand Sanitiser **$2.99**, Refresh Green Clip 50ml Selected Varieties **$3.49**

Palmolive
Liquid Hand Wash 250ml
Selected Varieties

$2.49 ea

Pine O Cleen Lemon
Disinfectant Wipes 60 Pack

$5.49 ea

Pine O Cleen Multipurpose
Cleaning Spray Crisp Apple
750ml

$5.49 ea

Glen 20 Surface Spray
Disinfectant 175g
Assorted Varieties

$5.99 ea

Palmolive
Dishwashing Liquid 500ml
Selected Varieties

$2.79 ea

Harpic Blue Power
Toilet Blocks 2 Pack

$4.49 ea

Quilton Toilet Tissue
3 Ply 10 Pack

$6.49 ea

Vanish Preen Oxi Action
Everyday Stain Remover
Spray 500ml

$6.49 ea

Radiant Classic
Laundry Powder 500g

$1.79 ea

Cuddly
Fabric Softener
Sunshine Fresh 1L

$2.79 ea

Vanish Napisan
Oxi Action 3kg
Big Value Pack

$24.99 ea

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