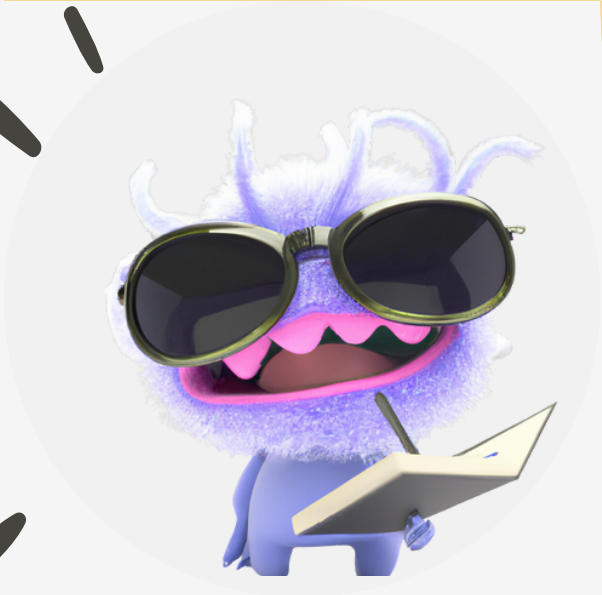


Session 4:

Everything has a home, even inside backpacks



The Lose-It Trickster

This week we are continuing to work on skills related to the Lose-It Trickster



Remember, this trickster loves to convince kids (and grown-ups) that even if they don't put things away they will have no problem finding stuff later.

We're continuing to build our skills to make sure:

Everything has a home!

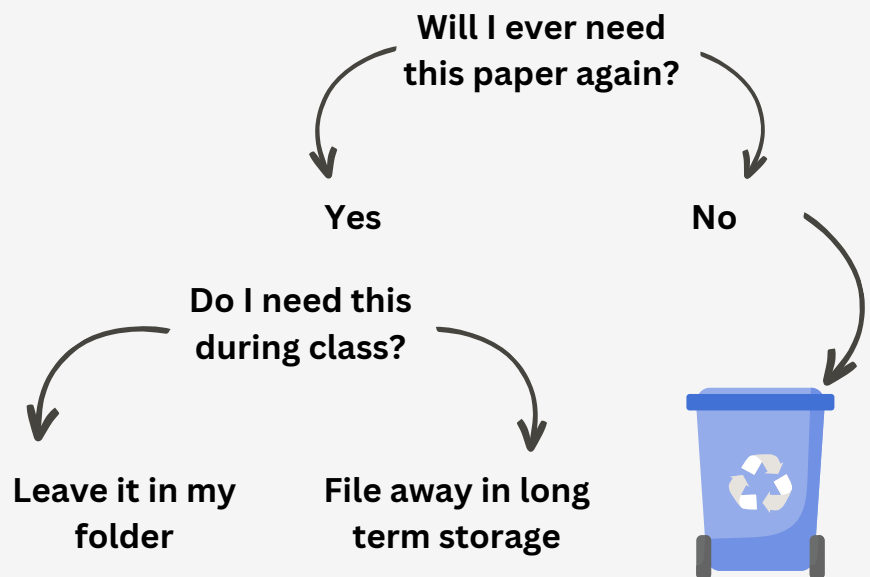
Paper Strategies

Papers in their right home

Test to see if your labeling makes it easy to find paper "homes."

- Parents, try removing one paper from folders. Remember which section it was from.
- Kids: try putting it back in its home--which section should it go in?
- If your child does not put the paper back in the same section, consider re-labeling to make it easier to find paper homes.

Weeding Out Chart



Backpack Strategies

Backpack goals:

- 1) Everything that needs to come home, comes home...and everything that needs to go to school goes to school.
- 2) Everything in your backpack has a "home."

Backpack Checklists

Backpack checklists can be a helpful tool to help increase organization, visualize what is needed, and help defeat the Lose-It Trickster when it comes to materials going where they need to go.

Although many kids (and grown-ups) can benefit from backpack checklists, kids who need extra support related to attention can especially benefit from backpack checklists.

We have found that checklists are easily found when they are stored in a luggage tag that is located inside the backpack in an easy-to-see spot. This makes it easy to remember the checklist without having to dig through the backpack.



Storing Backpack Materials

In general, the Lose-It trickster has the hardest times tricking people when materials have a "home." Besides just papers, other items in your child's backpack need to have a chosen "home."

- Choose specific pockets inside the backpack for different types of items (like one pocket for folders and one pocket for pens).
- Try using either clearly labeled or clear containers to help kids easily find objects in their homes.
- Weed out or help your child weed out your child's backpack every few days.
- Make sure objects that are used most often have the most clear and reachable "homes."

Ideas to Practice

Goals:

- Follow your homework plan
- Complete your planner every day (parents check every day)
- Transfer long-term assignments to the assignment and test calendar/long-term calendar
- Prepare your workspace before you start your work
- Create “homes” for your papers (like folders or digital folders)
- Sort/weed out papers every few days
- Use your backpack checklist to pack your backpack