

Start your ADHD+ASD learning journey with



RUBI Parent Training

Who: families with children ages 5 - 12 with ADHD and Autism Spectrum Disorder Level 1

Looking for: tools and techniques to strengthen parent-child relationships and bring back family fun

What: an 11 week virtual group training for parents/caregivers

You'll learn: practical strategies for addressing ADHD and ASD-specific behavioral concerns, reducing parenting stress, and improving family dynamics

Session topics include:

- Why problem behaviors occur
- How to encourage positive replacement behaviors
- How to use praise, routines, and rewards
- Parenting consistency



The Details

- Your group meets for 11 weeks at the same day and time each week
- The same dedicated facilitator is with you for all sessions
- Maximum of 8 families per group

RUBI Parent Training is not a substitute for intensive early intervention such as ABA therapy or early childhood special education. However, many families find RUBI Parent Training to be a helpful resource for integrating behavioral strategies into their home routines.

New groups start each month!
Head to https://bit.ly/clarity_rubi
or scan the QR code to sign up!

