

Welcome

We look forward to meeting with you!

Before we meet, please:

- Review the below group guidelines to help you get the most out of our meetings.
- Please check out this short self-guided session on [“Why do kids with ADHD need advanced parenting strategies”](#)
- If you would like to add another caregiver/family member to view your child's account, please log in to your [Clarity Pediatrics account](#) and navigate to “Family” on the left hand panel. There you will be able to add additional caregivers. Caregivers will receive an invite to create a Healthie account in order to access your child's information and any upcoming visits. If you have any difficulty adding an additional caregiver, please contact info@claritypediatrics.com who will be able to help you.

Group Guidelines

Participation

- Please connect with both audio and video and have your camera turned on during the entire session.
- All family members involved in the session should be visible on camera during the group.
- Parents/family members are welcome to join from different computers.
- Participants need to be physically located in the state of California. This is because our providers are licensed to practice only in the state of California. They are not legally allowed to provide care to a family if they are not physically in the state at the time of the visit.
- You should not be driving in a car or riding a bike during group – if you are running late, please connect after you have safely parked. Participants should be in a private location – please do not call from a public space.
- To protect your and others' privacy, do not take any screenshots of video sessions and/or community chat conversations.
- Please complete any forms sent to you in advance of your group session. For some groups, there are short weekly questionnaires. Your group leader can help if you are not receiving this information.
- In order to keep this group a comfortable place to share your parenting successes and challenges, we ask that everything said in this group stays confidential. Be kind and supportive. No mean comments will be tolerated.

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Group Guidelines

Participation, continued

- Please remember that advice from other parents is not considered medical advice. Parents are not obligated to exchange personal information with any other members; if you do, please do so at your own discretion.
- The same exceptions to clinician confidentiality discussed in your intake session apply to group sessions.
- Please contact us with any questions.

Tips

- If possible, please prop up your device and stay in one area.
- If possible, use headphones to enhance audio quality and to ensure your and others' privacy.
- In Zoom, change your name to your first name only. We invite you to include your pronouns if you would like, for example: "Steph (she/her)."
- Please avoid cooking or any other distracting activities during group. We understand that interruptions may occur – please mute and take care of the issue, and then rejoin the discussion.

Missed Sessions

Each weekly group has planned skills that are important to learn. If you miss more than 2 sessions, you will be politely removed from the remainder of your current group session and added to the waitlist for a future group.

If you plan to miss a session, please message us in Healthie or call us at (415) 599-0988 to let us know that you will not be in attendance.