



# Values Clarification

---

Your values are the beliefs that define what is most important to you. They guide each of your choices in life. For example, someone who values family might try to spend extra time at home, while someone who values success in their career may do just the opposite. Understanding your values will help you recognize areas of your life need more attention, and what to prioritize in the future.

Select the 10 most important items from the following list. Rank them from 1 - 10 with "1" being the most important item.

- |                      |                    |
|----------------------|--------------------|
| _____ Love           | _____ Honesty      |
| _____ Wealth         | _____ Humor        |
| _____ Family         | _____ Loyalty      |
| _____ Morals         | _____ Reason       |
| _____ Success        | _____ Independence |
| _____ Knowledge      | _____ Achievement  |
| _____ Power          | _____ Beauty       |
| _____ Friends        | _____ Spirituality |
| _____ Free Time      | _____ Respect      |
| _____ Adventure      | _____ Peace        |
| _____ Variety        | _____ Stability    |
| _____ Calmness       | _____ Wisdom       |
| _____ Freedom        | _____ Fairness     |
| _____ Fun            | _____ Creativity   |
| _____ Recognition    | _____ Relaxation   |
| _____ Nature         | _____ Safety       |
| _____ Popularity     | _____ _____        |
| _____ Responsibility | _____ _____        |