

Next Steps & Long-Term Management

Tips for Working With Your Medical Provider

- Height, weight, and blood pressure is needed prior to starting medication
- Use a [medication log/symptom tracker](#) to share important information with your provider
- Attend your appointments!
- Send a message to your provider when about 5 doses are left so that a refill can be sent to the pharmacy
- Contact your provider via chat for non-urgent questions
- Ask your provider directly when you have questions (resist the temptation to look things up online, only use trusted sources)



You and your medical provider are a team!

Home Practice

Continue the [behavior log](#) for your child to track treatment progress.

Schedule an appointment to discuss ADHD medication in more detail with a medical provider. You can do so by logging in to your Clarity Pediatrics account at www.claritypediatrics.com or by sending an email to info@claritypediatrics.com to schedule.

Resources

- [ADHD Parents' Medication Guide](#), American Academy of Child and Adolescent Psychiatry