

**ZDOROVY** is a humanitarian organisation that is currently a provider of changes in the healthcare sector. We are investing in the implementation of New Medicine. We have direct contacts with hospitals all over Ukraine, and the in-depth analytics of our team's experts provide an understanding of the current needs of the sector.

In 2022-2024, ZDOROVY:

- raised \$21 million, and in 2024, as of now, another \$1 million to support healthcare;
- won first place in the Charitable Ukraine 2023 competition in the Healthcare Charity category;
- became one of the three healthcare foundations in the TOP 50 Charitable Foundations of Ukraine according to Forbes;
- ZDOROVY is recognised as critical in wartime;
- we are members of the SAG Healthcare Cluster and the National Council on Sexual and Reproductive Health.

2 719

requests  
from hospitals,  
which we satisfied thanks to the  
support of our partners

1 324

tone  
of aid

900+

medical  
establishments

3000+

doctors who attended  
trainings to support  
mental health

4700+

participants trained to develop  
medical management competencies

500+

organised events,  
activities  
(sessions and consultations)

300+

monitoring  
visits

24

regions

over 1,100,000,000 UAH

current value of humanitarian/charitable assistance  
provided for 2022-2024

ZDOROVY'S LARGE-SCALE HUMANITARIAN WORK IS CARRIED OUT THROUGH COOPERATION WITH INTERNATIONAL PARTNERS, INCLUDING:

- Global Giving
- American Red Cross
- USAID
- Action Against Hunger
- International Rescue Committee
- Nova Ukraine
- ISAR Ednannya
- Razom for Ukraine
- Stichting Vluchteling
- GIZ
- CMMB
- and other charitable foundations and organisations

## Results of our work

ZDOROVY is a provider of change in the healthcare sector, recognised as a critically important organisation for the functioning of the economy and ensuring the continuity of life for the population in wartime.

A thank you from Okhmatdyt – a sign of trust in ZDOROVY

The Okhmatdyt National Children's Specialised Hospital expressed its gratitude to the ZDOROVY team for their constant support and effective cooperation. For ZDOROVY, this is not only a sign of trust, but also confirmation of the importance of systematic assistance to medical institutions during wartime. Since the start of the full-scale invasion, the team has already provided assistance to more than 900 hospitals throughout Ukraine.



**ПОДЯКА**

**НАЦІОНАЛЬНА ДІТЯЧА  
СПЕЦІАЛІЗОВАНА ЛІКАРНЯ  
"ОХМАТДИТ"**

висловлює щирі вдячність

**Благодійній організації «Національна  
Агенція Гуманітарної Допомоги  
«Здорові»**

За невтомну підтримку, чуйність та небайдужість до  
здоров'я наших маленьких пацієнтів. Ваша допомога — це  
не просто внесок у медицину, це надія на одужання, світло  
для тих, хто бореться, і віра в майбутнє без болю та хвороб.

Завдяки вашій підтримці ми маємо змогу вдосконалювати  
умови лікування та дарувати дітям шанс на здорове життя.

Кожна ваша добрий вчинок залишає слід у серцях пацієнтів,  
їхніх родичів і всього нашого колективу.



### Comprehensive ACF audit completed

The international organisation Action Against Hunger has completed a comprehensive audit of ZDOROVY's activities and given our team the green light to cooperate without repeat audits until 2028.

Based on the results of the audit, ZDOROVY has been recognised as an organisation that meets international standards of transparency, efficiency and accountability. This confirms our institutional capacity and strengthens our reputation as a reliable partner ready to expand humanitarian programmes.

### Expansion of the partnership map

In June, ZDOROVY visited Sumy and Kharkiv, where it signed three strategic memoranda of cooperation in the field of healthcare. In Sumy, the document was signed jointly with the Sumy Regional State Administration and the Regional Health Department, and in Kharkiv – with the City Health Department.

The agreements provide for joint actions to improve the material and technical base of medical institutions, supply modern equipment, and strengthen treatment and rehabilitation capabilities.



### Charitable Ukraine Award: ZDOROVY as part of the expert jury

In June, Kyiv hosted the Charitable Ukraine national award ceremony, which recognises the country's best charitable projects.

ZDOROVY founder Natalia Tulinova was a member of the Expert Council, evaluating 1,760 applications, and presented the award in the Innovation in Charity category.

This year's winners in healthcare are Nova Ukraine, Neznamni, and the Israeli mission «Bnei Azrei». We congratulate the winners on their well-deserved recognition and thank them for their contribution to the development of charity in Ukraine.

## Results of our work

ZDOROVY is a provider of change in the healthcare sector, recognised as a critically important organisation for the functioning of the economy and ensuring the continuity of life for the population in wartime.

### Purchase of equipment for children's rehabilitation

With the support of Global Giving, ZDOROVY purchased and donated a set of specialised rehabilitation equipment worth 176,795 UAH to the Rehabilitation Centre for Children with Organic Nervous System Disorders. The set included treadmills, a step platform, a yoga mat, and a massage table, which help train coordination, maintain neuroplasticity, and improve the quality of therapy.

Grant from Global Giving



### All-Ukrainian ZDOROVY study: patients on medicine during wartime

ZDOROVY conducted a nationwide survey in which 754 Ukrainians shared their experiences of receiving medical care during the war. The survey revealed where the healthcare system works effectively and where it needs improvement.

Patients expressed their desire for fair, accessible, and humane medical care, and clearly articulated key areas for improvement. [The results of the study, «Barometer: The Patient's Perspective», are now available in \[video\]\(#\) and full \[report\]\(#\) formats.](#)

Grant from Global Giving

### «Conscious Choice»: Research on the Mental Health of the Nation During Wartime

ZDOROVY conducted a comprehensive study called «Conscious Choice», which revealed the extent of the psycho-emotional crisis in Ukraine during the war. The results identified the main barriers to seeking psychological support and widespread cases of self-medication with psychotropic drugs. [See the \[video\]\(#\) for more details.](#)

Based on these findings, a new advocacy initiative has been launched to promote open dialogue and support mental health. [The online presentation will take place on 17 July at 15:00. Registration is available at the \[link\]\(#\).](#)

Grant from Global Giving



### «Doctor's Reboot»: launch of psychological support for medical workers in Zhytomyr region

The Doctor's Reboot programme, which provides psychological support to Ukrainian medical professionals, has resumed its work. The first sessions took place in the Zhytomyr region, where 90 medical professionals participated in group meetings in Berdychiv and 52 specialists received support in Zhytomyr. Topics such as professional burnout, fatigue, and internal barriers were discussed. The programme continues to operate, creating a space for conversation and support for medical professionals.

Grant from AmeriCares



## Results of our work

ZDOROVY is a provider of change in the healthcare sector, recognised as a critically important organisation for the functioning of the economy and ensuring the continuity of life for the population in wartime.

### How medicine of the future works: international internships for Ukrainian medical professionals

ZDOROVY, together with the Swedish organisation Swecare, organised an international internship in Stockholm, where participants studied the advanced approaches of the Swedish healthcare system.

Natalia Tulinova spoke in detail about her internship experience on Ukrainian radio. [The broadcast is available to listen to at the link.](#)



### Strengthening systemic rehabilitation in Ukraine amid prolonged crisis

On 20 June, ZDOROVY participated in an offline meeting of the WHO-organised rehabilitation cluster working group, where key recovery priorities, challenges in communities, and coordination between partners to improve the quality of rehabilitation services were discussed.

ZDOROVY contributes to the development of this strategic direction by providing rehabilitation equipment worth UAH 1,850,000 to 13 hospitals over the past year, which improves the effectiveness of patient recovery and strengthens the institutional capacity of the rehabilitation system in Ukraine.

### On demographic challenges at the summit in Brussels

ZDOROVY participated in the European Demographics Summit in Brussels, held under the auspices of European Business Summits. The focus was on challenges related to population ageing, declining birth rates and youth migration.

The Ukrainian context of these problems is complicated by the consequences of the war. During the summit, ZDOROVY developed partnerships around perinatal issues and safe motherhood.



### Discussed the future of civil protection in Ukraine

On 11–12 June, the ZDOROVY team joined the forum «Humanitarian Architecture and Civil Protection Development in Ukraine» in Kyiv. The event served as a platform for dialogue between civil society organisations, businesses, rescue workers and international partners. Participants discussed challenges and solutions in the areas of security, humanitarian logistics, critical infrastructure resilience, and the role of the volunteer sector.

“

Our activities are not just about supporting doctors, they are about creating a foundation for qualitative changes in the Ukrainian healthcare system. We strive to be a reliable shoulder for the doctors who are holding the frontline of the nation's health today. We need your support to continue our mission. Get involved and together we will do more for the future of medicine in Ukraine.

”

Natalia Tulinova,  
founder and CEO of ZDOROVY

