

ZDOROVY is a humanitarian organisation that is currently a provider of changes in the healthcare sector. We are investing in the implementation of New Medicine. We have direct contacts with hospitals all over Ukraine, and the in-depth analytics of our team's experts provide an understanding of the current needs of the sector.

In 2022-2024, ZDOROVY:

- raised \$21 million, and in 2024, as of now, another \$1 million to support healthcare;
- won first place in the Charitable Ukraine 2023 competition in the Healthcare Charity category;
- became one of the three healthcare foundations in the TOP 50 Charitable Foundations of Ukraine according to Forbes;
- ZDOROVY is recognised as critical in wartime;
- we are members of the SAG Healthcare Cluster and the National Council on Sexual and Reproductive Health;
- became members of the NGO Alliance.

2 719

requests
from hospitals,
which we satisfied thanks to the
support of our partners

1 324

tone
of aid

900+

medical
establishments

3000+

doctors who attended
trainings to support
mental health

4700+

participants trained to develop
medical management competencies

500+

organised events,
activities
(sessions and consultations)

300+

monitoring
visits

24

regions

over 1,100,000,000 UAH

current value of humanitarian/charitable assistance
provided for 2022-2024

ZDOROVY'S LARGE-SCALE HUMANITARIAN WORK IS CARRIED OUT THROUGH COOPERATION WITH INTERNATIONAL PARTNERS, INCLUDING:

- Global Giving
- American Red Cross
- USAID
- Action Against Hunger
- International Rescue Committee
- Nova Ukraine
- ISAR Ednannya
- Razom for Ukraine
- Stichting Vluchteling
- GIZ
- CMMB
- and other charitable foundations and organisations

Results of our work

ZDOROVY is a provider of change in the healthcare sector, recognised as a critically important organisation for the functioning of the economy and ensuring the continuity of life for the population in wartime.



July: a month of gratitude to medical workers and remembrance

In July, ZDOROVY joined two important events that have become symbols of honouring Ukrainian medical professionals – both those who keep medicine going every day by their own choice and those who gave their lives for it.

On 10 July, Ukraine commemorated its first Day of Remembrance for Fallen Medical Workers. As part of the «Light of Remembrance» initiative, ZDOROVY shared [the story of Tetiana Tykhonova](#), a nurse from Sumy who died at her workplace during shelling. On 27 July, Medical Workers' Day, we published a special [video project](#) about the strength and endurance of medical workers during times of pandemic, war and exhaustion.

We bow our heads to every medical worker who stays by our side when times are toughest. And we remember those who did not return.

Results of the annual project with GlobalGiving

ZDOROVY has completed a year-long collaboration with GlobalGiving, a trusted partner that supports systemic change in healthcare. Over the past year, we have implemented a number of ambitious initiatives aimed at supporting medical professionals and introducing sustainable solutions in the field of medicine. The results of this joint effort are already noticeable in Ukrainian hospitals – both for medical workers and patients.

The results are presented in a short [animated video](#) that highlights the main achievements.



150 vials of «breathing in an ampoule» for the youngest patients

As part of the First Breath programme, ZDOROVY purchased 150 vials of Curosurf, a vital surfactant for premature babies with respiratory disorders. The drug was delivered to five medical institutions in Zhytomyr, Kharkiv, Vinnytsia, Ternopil, and Chernihiv (30 vials to each). The total cost of the purchase was 1,972,500 UAH.

Grant from Global Giving

Sterilisation containers for the National Cancer Institute

ZDOROVY donated six B. Braun sterilisation containers worth a total of UAH 393,546.45 to the National Cancer Institute. The equipment allows surgical instruments to be kept sterile for up to 180 days and significantly reduces the risk of nosocomial infections.

Grant from Nova Ukraine



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Completion of another educational course for medical professionals

ZDOROVY conducted another educational tour as part of the Doctor & Veteran programme. Over four days, training sessions were held at four medical institutions in Berdychiv, Zviahel, Rivne, and Lutsk.

More than 160 medical workers who work daily with people affected by the war took part in the training. The on-site training demonstrated the main point – the demand for applied knowledge and lively exchange of experience remains extremely high.

Grant from Vastenactie

ZDOROVY at Ukraine Recovery Conference 2025: health – the focus of recovery

Rome hosted the Ukraine Recovery Conference 2025, a key international event of the year with over 4,000 participants and agreements worth billions. Amid discussions about energy and infrastructure, the ZDOROVY team emphasised that the country's recovery begins with its people.

ZDOROVY founder and CEO Natalia Tulinova emphasised the importance of investing in medicine, mental health and rehabilitation as the foundation of national resilience.

For a detailed overview and key insights, [follow the link](#).



New international connections for ZDOROVY

Two important meetings with foreign experts took place: Ms Gro Buttingrud (Norway) visited hospitals in the Kyiv region, including the National Cancer Institute, the Bucha Central Primary Health Care Centre and the Irpin Polyclinic, where she familiarised herself with the current situation and collected requests from medical institutions to be forwarded to potential partners in Norway.

Ms Ilze Vinkle (Latvia), former Minister of Health, visited the ZDOROVY office to discuss mental health and the synergy between the public and private sectors.

Both meetings are a step towards new solutions and real support for the healthcare system in Ukraine.

«First Breath» in the spotlight of national attention

Natalia Tulinova, founder and CEO of ZDOROVY, was a guest on the 1+1 telethon, where the challenges facing the neonatal care system during the war were discussed live on air. The conversation focused on the national programme «First Breath», the availability of care for newborns, the critical need for surfactant, and the results of a large-scale study.

You can watch the broadcast [here](#).



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Strengthening security preparedness in the humanitarian sphere

ZDOROVY participated in a three-day safety training organised by the International Rescue Committee (IRC). The programme combined work with real risks, scenario modelling in field conditions, and SOP development.

Together with representatives from 14 other organisations, we learned how to integrate safety into all stages of humanitarian activities – from mission planning to first aid.

Psychological support for medical professionals

In July, a series of group psychological training sessions was organised for medical workers in two regions of Ukraine – Sumy and Zhytomyr.

The participants were doctors, nurses and other medical staff who work under conditions of constant stress and exhaustion. A total of 10 meetings were held in 10 medical institutions, covering more than 600 participants.

Grant from Americares



Comprehensive aid project in the frontline region

As part of the project, ZDOROVY continues to provide psychological assistance to medical workers at the Okhtyrka Central District Hospital.

In July, 82 individual consultations and two group training sessions were held, aimed at overcoming stress, improving emotional stability and supporting mental health. In total, 191 medical workers have received psychological support since the start of the project.

Grant from IRC

New advocacy direction for the responsible use of psychotropic drugs

ZDOROVY presented the results of the study «Conscious Choice» and announced the launch of a new advocacy initiative that will promote a culture of responsible use of psychotropic drugs in Ukraine. The event brought together 43 participants, including medical professionals, researchers, representatives of the public sector, and international partners, such as Caritas Ukraine, ISAR Ednannia, and the World Bank. The discussion confirmed the need for systemic change and marked the first step towards cross-sectoral dialogue.

With the support of the Askold and Dir Foundation, administered by ISAR Ednannia, and funding from the governments of Norway and Sweden.

