

HIGH SCHOOL  
EDUCATIONAL SPECIFICATIONS

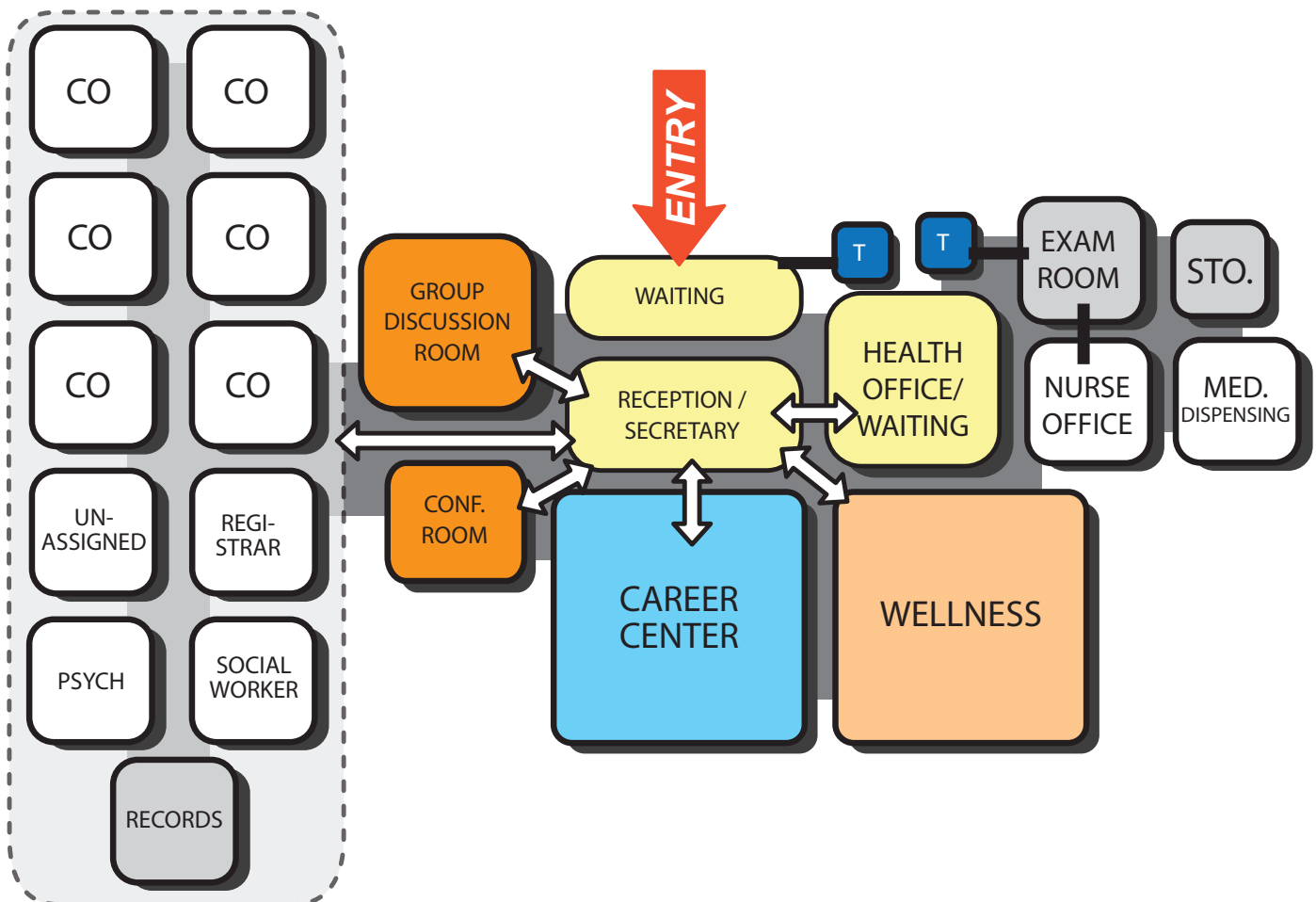
HEALTH & WELLNESS



## DESCRIPTION/GOALS

- The Health and Wellness Component serves as a center for students to gain both physical healthy living and emotional guidance and education beyond the core curriculum. This is a safe space providing a calming welcoming atmosphere where a student can find a relief from the academic surrounding when needed.
- A collaborative flex space is at the center of several functions to Health and Wellness. The nurses office, counselors and the career center, a health studio for instruction and a juice bar. All to help the student lead a balanced life.
- Comforting and soothing aesthetic
- Non-clinical

## ADJACENCY DIAGRAM



ROOM TYPE:

## COUNSELOR OFFICE

SIZE: 150 sf

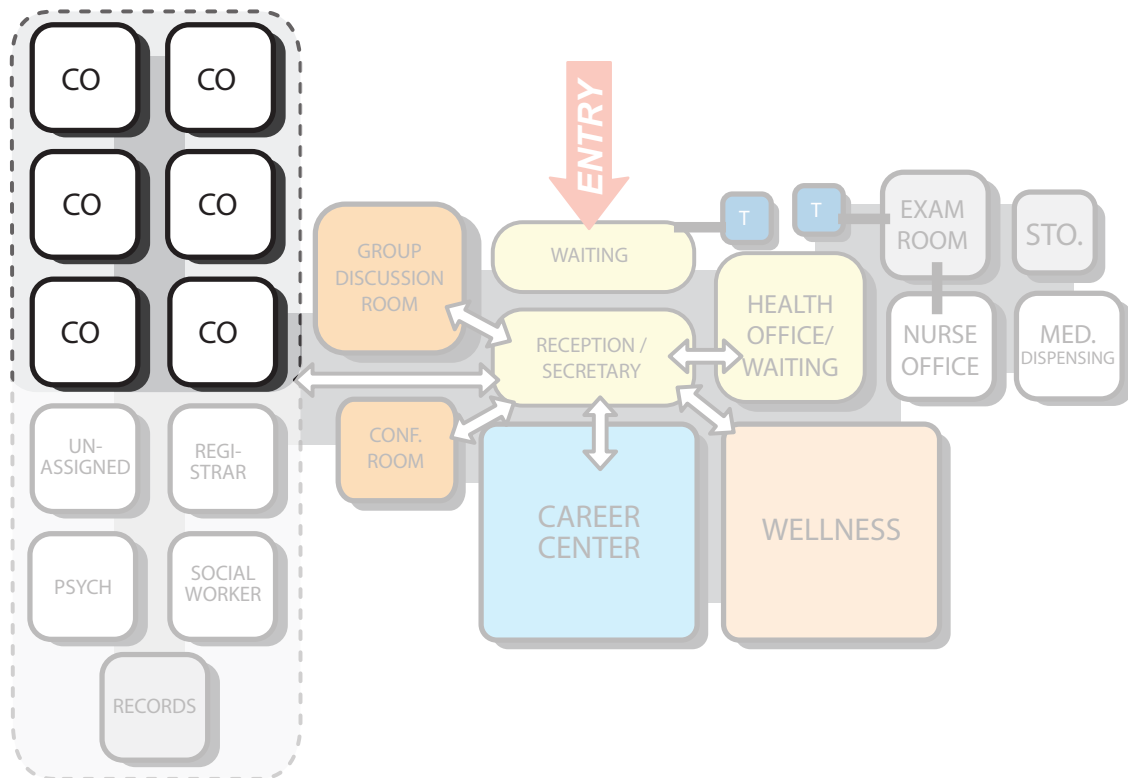
OCCUPANTS: 1 primary occupant, 1-3 guests

### ACTIVITIES AND USES

Office space to prepare materials and conduct administrative activities to include individual and small group informal and formal conferences and consultations with colleagues, staff, students and community members.

### SUPPORT SPACES

- Counselor waiting: 100 sf



## SPECIAL CONSIDERATIONS

- Ceiling material: painted gypsum board or acoustic ceiling panel
- Ceiling height: 9'-0" min.
- Wall material: gypsum board
- One wall tackable surface
- Floor material: carpet tile
- Acoustics: per ANSI/ASA S12.60-2010/ Part 1 "American National Standard Acoustical Performance Criteria, Design Requirements and Guidelines for Schools,"
  - Part 1: Permanent Schools
- Min. 55 STC rating between adjacent rooms

## DOORS / WINDOWS

- Door with view panel
- Energy efficient windows with blinds
- Skylights acceptable
- Large windows to exterior - natural light desirable
- Ability to lock down door

## FURNITURE / EQUIPMENT/ MILLWORK

- (1) Administrative office workstation
- (1) Computer workstation
- Storage cabinets i.e. credenza and 4-drawer file (with locks)
- Tackboard: (1) 4' x 4'
- Clock
- Conference table where required
- Guest chairs

## BUILDING SYSTEM REQUIREMENTS

### MECHANICAL

- Independent temperature control of area within flexible range set by district's EMS system
- Room temperature sensor connected to campus EMS
- Fire alarm/suppression as required

### PLUMBING

- N/A

### ELECTRICAL / LIGHTING

- Outlets for general room and workstation use
- Clean, segregated power distribution with surge suppression
- Glare reducing lenses
- Lighting: per IES Lighting Handbook guidelines

### TECHNOLOGY

- Telephone / intercom handset, VoIP
- Intercom speaker with outlet
- Data outlets at office workstation for local area network connection
- Wireless access capable for most computer communications/applications
- Access to file server, printer, and scanner

ROOM TYPE:

## OFFICE

SIZE: 120 sf

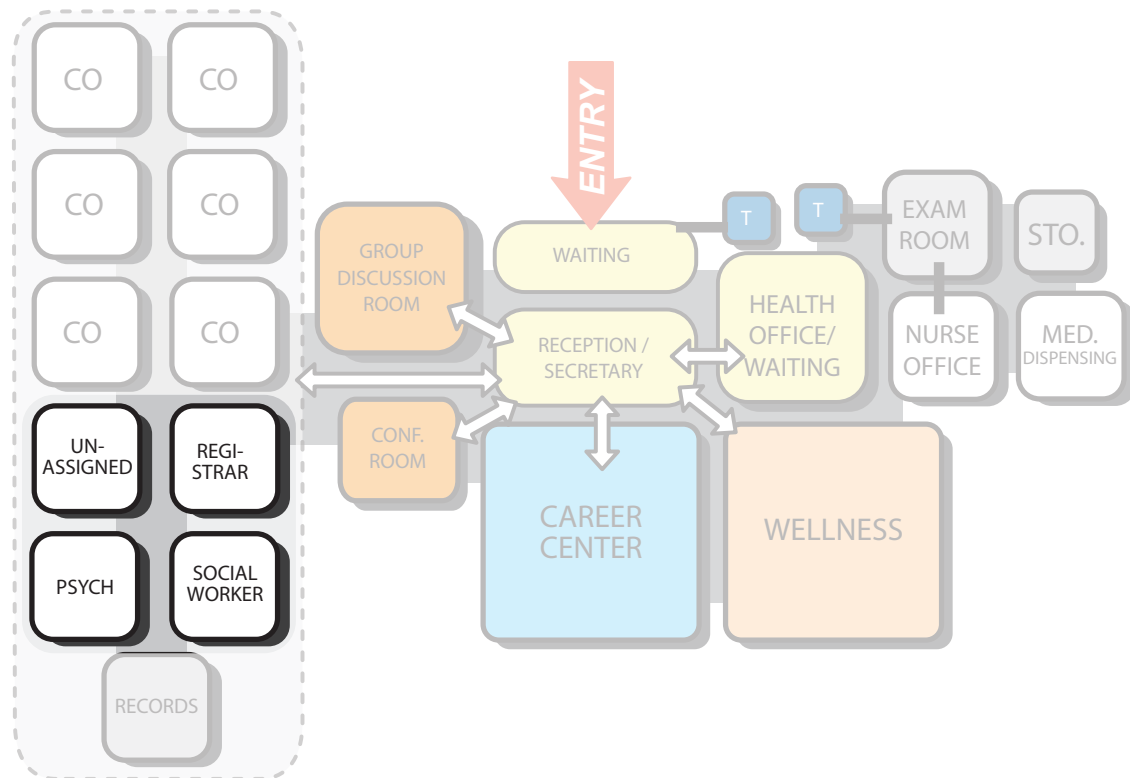
OCCUPANTS: 1 primary occupant, 1-3 guests

### ACTIVITIES AND USES

Office space to prepare materials and conduct administrative activities to include individual and small group informal and formal conferences and consultations with colleagues, staff, students and community members.

### SUPPORT SPACES

- None



## SPECIAL CONSIDERATIONS

- Ceiling material: acoustic ceiling tile
- Ceiling height: 9'-0" min.
- Wall material: painted gypsum board
- Floor material: vinyl composition tile or carpet tile
- Acoustics: per ANSI/ASA S12.60-2010/ Part 1 "American National Standard Acoustical Performance Criteria, Design Requirements and Guidelines for Schools,"
  - Part 1: Permanent Schools

## DOORS / WINDOWS

- Natural light desirable
- Sidelight at door
- Window coverings as required for sun/glare control and privacy
- Keyless electronic lock access
- Ability to lock down doors

## FURNITURE / EQUIPMENT/ MILLWORK

- (1) Administrative office workstation
- Credenzas
- Guest chairs
- Conference table where requested

## BUILDING SYSTEM REQUIREMENTS

### MECHANICAL

- Independent temperature control of area within flexible range set by district's EMS system
- Room temperature sensor connected to campus EMS
- Fire alarm/suppression as required

### PLUMBING

- N/A

### ELECTRICAL / LIGHTING

- Outlets for general room and workstation use
- Clean, segregated power distribution with surge suppression
- Glare reducing lenses
- Lighting: per IES Lighting Handbook guidelines

### TECHNOLOGY

- Telephone/intercom handset, VoIP
- Wired data outlets at office workstations for local area network connectivity
- Access to file server, printer and scanner
- Wireless access capable for most computer communications/applications

ROOM TYPE:

## GROUP DISCUSSION ROOM

SIZE: 200 sf

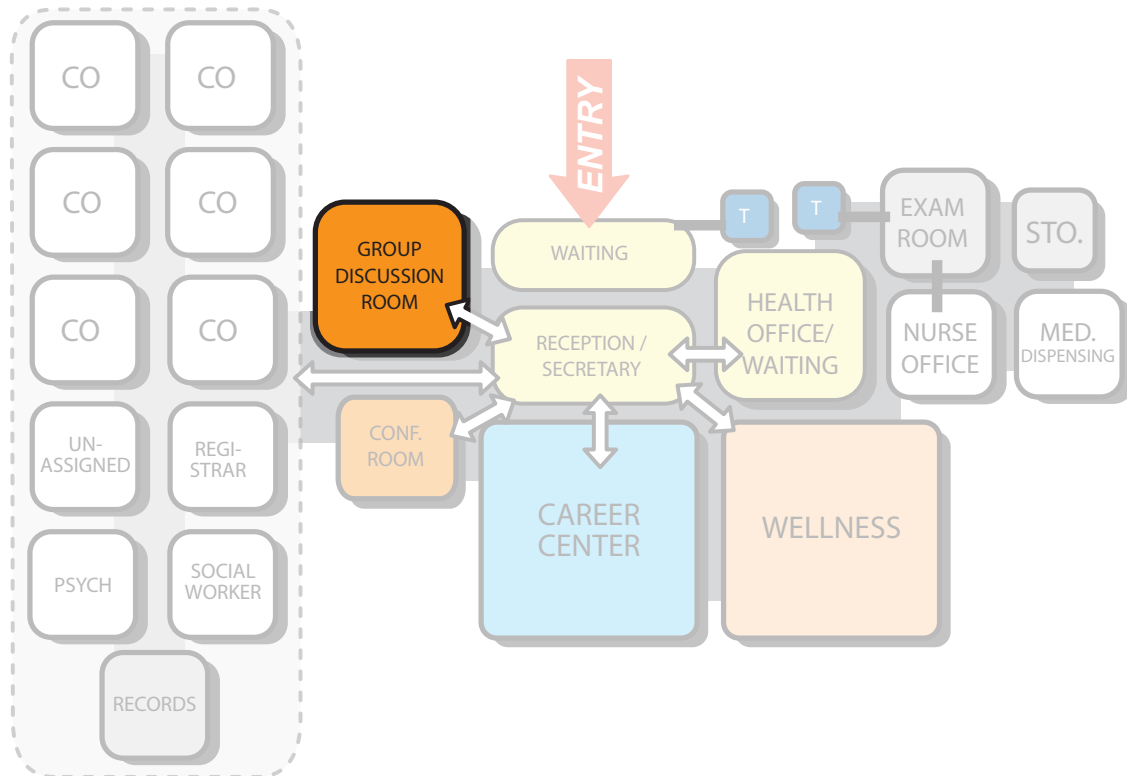
OCCUPANTS: 10-12

### ACTIVITIES AND USES

Large group meetings/conferences for a variety of informal and formal student, faculty, and staff uses.

### SUPPORT SPACES

- None



## SPECIAL CONSIDERATIONS

- Ceiling material: acoustic ceiling tile
- Ceiling height: 9'-0" min.
- Wall material: painted gypsum board
- Floor material: vinyl composition tile, carpet tile or linoleum product
- Acoustics: per ANSI/ASA S12.60-2010/ Part 1 "American National Standard Acoustical Performance Criteria, Design Requirements and Guidelines for Schools,"
  - Part 1: Permanent Schools

## DOORS / WINDOWS

- Natural light desirable
- Sidelight at door
- Window coverings as required for sun/glare control and privacy
- Skylights acceptable
- Windows for visual connection to open office area (maximum transparency desired)
- Keyless electronic lock access

## FURNITURE / EQUIPMENT/ MILLWORK

- Conference table(s) and chairs for flexible seating configurations
- TV monitor display w/ wall-mount bracket
- Clock
- (1) 4' x 8' markerboard or marker wall
- (1) 4' x 4' tackboard

## BUILDING SYSTEM REQUIREMENTS

### MECHANICAL

- Independent temperature control of area within flexible range set by district's EMS system
- Room temperature sensor connected to campus EMS
- Fire alarm/suppression as required

### PLUMBING

- N/A

### ELECTRICAL / LIGHTING

- Outlets for general room and TV monitor display location
- Clean, segregated power distribution with surge suppression
- Glare reducing lenses
- Lighting: per IES Lighting Handbook guidelines

### TECHNOLOGY

- Telephone/intercom handset, VoIP
- Hardwired outlet to receive transmission from on-campus distribution system at TV monitor display and three additional hardwired drops for Apple TV and Mac Mini
- Wireless access capable for most computer communications/applications
- Apple TV available for various network devices to connect to TV monitor display via iPad, Mac and Windows mirroring



## SPECIAL CONSIDERATIONS

- Ceiling material: acoustic ceiling tile
- Ceiling height: 9'-0" min.
- Wall material: painted gypsum board
- Floor material: vinyl composition tile, carpet tile or linoleum product
- Acoustics: per ANSI/ASA S12.60-2010/ Part 1 "American National Standard Acoustical Performance Criteria, Design Requirements and Guidelines for Schools,"
  - Part 1: Permanent Schools

## DOORS / WINDOWS

- Natural light desirable
- Sidelight at door
- Window coverings as required for sun/glare control and privacy
- Skylights acceptable
- Windows for visual connection to open office area (maximum transparency desired)
- Keyless electronic lock access

## FURNITURE / EQUIPMENT/ MILLWORK

- Conference table and chairs
- Clock
- (1) 4' x 8' markerboard or marker wall
- (1) 4' x 4' tackboard

## BUILDING SYSTEM REQUIREMENTS

### MECHANICAL

- Independent temperature control of area within flexible range set by district's EMS system
- Room temperature sensor connected to campus EMS
- Fire alarm/suppression as required

### PLUMBING

- N/A

### ELECTRICAL / LIGHTING

- Outlets for general room and TV monitor display location
- Clean, segregated power distribution with surge suppression
- Glare reducing lenses
- Lighting: per IES Lighting Handbook guidelines

### TECHNOLOGY

- Telephone/intercom handset, VoIP
- Hardwired outlet to receive transmission from on-campus distribution system at TV monitor display and three additional hardwired drops for Apple TV and Mac Mini
- Wireless access capable for most computer communications/applications
- Apple TV available for various network devices to connect to TV monitor display via iPad, Mac and Windows mirroring

ROOM TYPE:

## WELLNESS CENTER

SIZE: 600 sf

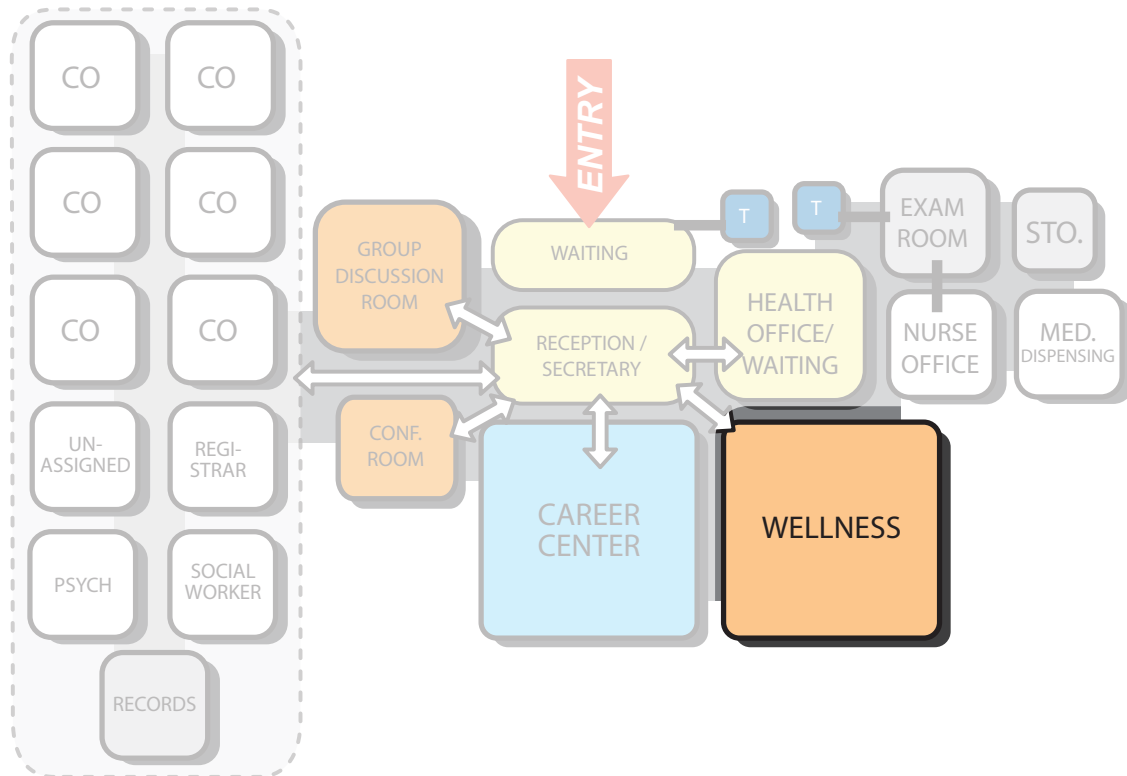
OCCUPANTS: 1 staff, up to 12 students

### ACTIVITIES AND USES

A flexible, small group meeting/activity room, with flexible or soft furniture to support student discussion, restorative justice circles, informal discussions, student cool/chill out space, yoga classes, etc.

### SUPPORT SPACES

- NONE



## SPECIAL CONSIDERATIONS

- Ceiling material: acoustic ceiling tile
- Ceiling height: 9'-0" min.
- Wall material: painted gypsum board, calming colors or textile wall coverings
- One wall tackable surface
- Floor material: carpet tile
- Acoustics: per ANSI/ASA S12.60-2010/ Part 1 "American National Standard Acoustical Performance Criteria, Design Requirements and Guidelines for Schools,"
  - Part 1: Permanent Schools

## DOORS / WINDOWS

- Sidelight at door
- Energy efficient windows with blinds
- Skylights acceptable
- Natural light desirable
- Ability to lock down door
- Window coverings as required for sun/glare control and security

## FURNITURE / EQUIPMENT/ MILLWORK

- (1) 80" TV monitor display
- TV monitor wall bracket
- Flexible (stacking / nesting) seating
- Soft furniture student for cool-down / relaxation
- Markerboard: (1) 4' x 12' or marker wall
- Tackboard: (2) 4' x 4'
- Clock

## BUILDING SYSTEM REQUIREMENTS

### MECHANICAL

- Independent temperature control of area within flexible range set by district's EMS system
- Room temperature sensor connected to campus EMS
- Fire alarm/suppression as required

### PLUMBING

- N/A

### ELECTRICAL / LIGHTING

- Outlets for general room use and TV monitor display at front of room
- Segregated power with transient voltage surge suppression
- Lighting: per IES Lighting Handbook guidelines
- Ability to dim room in response to video projection

### TECHNOLOGY

- Telephone / intercom handset, VoIP
- Intercom speaker with outlet
- Hardwired data outlet for local area network connectivity
- Wireless access capable for most computer communications/applications
- Apple TV available for various network devices to connect to TV monitor display

ROOM TYPE:

## CAREER CENTER

SIZE: 1200 sf

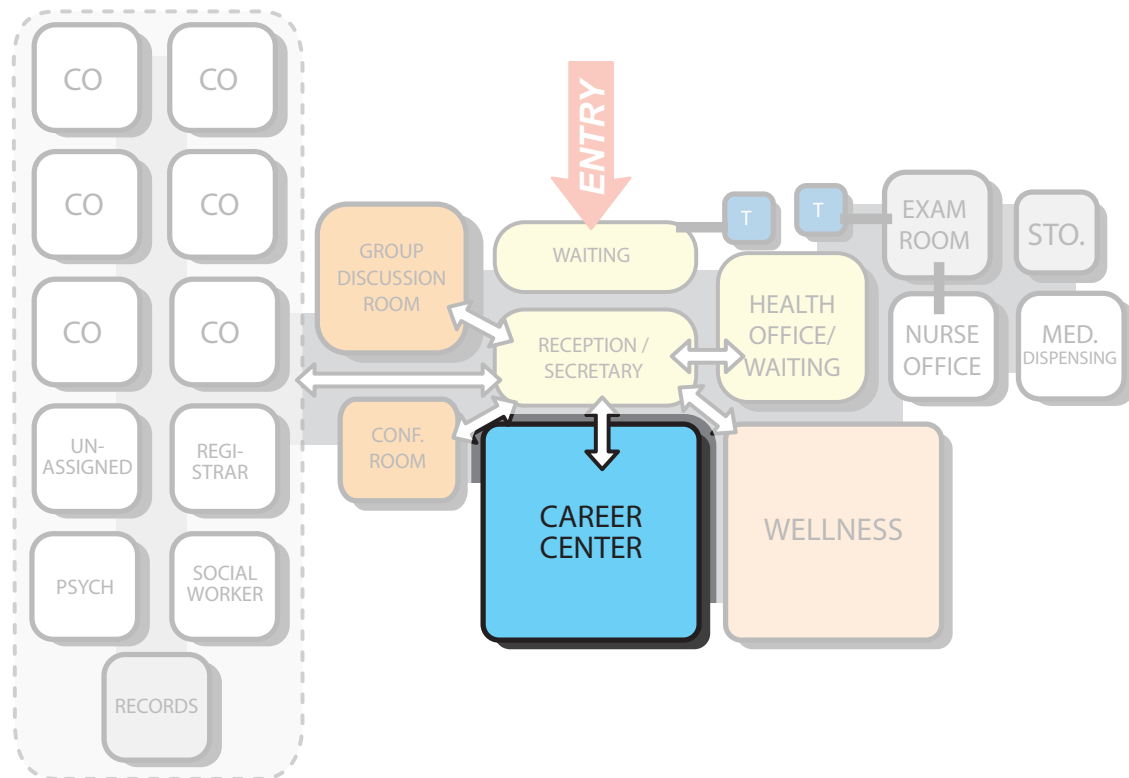
OCCUPANTS: 2-3 staff, up to 35 students

### ACTIVITIES AND USES

A flexible, central location for career guidance, student research, small group meeting and informational display including a large group meeting space for workshops and tutorials.

### SUPPORT SPACES

- Office: 80 sf



## SPECIAL CONSIDERATIONS

- Ceiling material: acoustic ceiling tile
- Ceiling height: 9'-0" min.
- Wall material: painted gypsum board
- One wall tackable surface
- Floor material: carpet tile
- Acoustics: per ANSI/ASA S12.60-2010/ Part 1 "American National Standard Acoustical Performance Criteria, Design Requirements and Guidelines for Schools,"
  - Part 1: Permanent Schools

## DOORS / WINDOWS

- Sidelight at door
- Energy efficient windows with blinds
- Skylights acceptable
- Large windows to exterior - natural light desirable
- Ability to lock down door
- Window coverings as required for sun/glare control and security

## FURNITURE / EQUIPMENT/ MILLWORK

- (1) Instructor workstation
- (3-5) Student workstations
- (1) 80" TV monitor display
- TV monitor wall bracket
- Flexible (stacking / nesting) seating for large groups
- Special systems / technology console
- Display cabinetry (with locks)
- Storage cabinets (with locks)
- Mobile training tables for 35 students
- Markerboard: (1) 4' x 12' or marker wall
- Tackboard: (2) 4' x 4'
- Clock

## BUILDING SYSTEM REQUIREMENTS

### MECHANICAL

- Independent temperature control of area within flexible range set by district's EMS system
- Room temperature sensor connected to campus EMS
- Fire alarm/suppression as required

### PLUMBING

- N/A

### ELECTRICAL / LIGHTING

- Outlets for general room use and TV monitor display at front of room
- Segregated power with transient voltage surge suppression
- Lighting: per IES Lighting Handbook guidelines
- Ability to dim room in response to video projection

### TECHNOLOGY

- Telephone / intercom handset, VoIP
- Intercom speaker with outlet
- Hardwired video outlet to receive video transmission from on-campus distribution system to the TV monitor display at instructor workstation & 4-6 drops in room
- Hardwired data outlet for local area network connectivity
- Wireless access capable for most computer communications/applications
- Apple TV available for various network devices to connect to TV monitor display

ROOM TYPE:

## HEALTH OFFICE / WAITING

SIZE: 100 sf

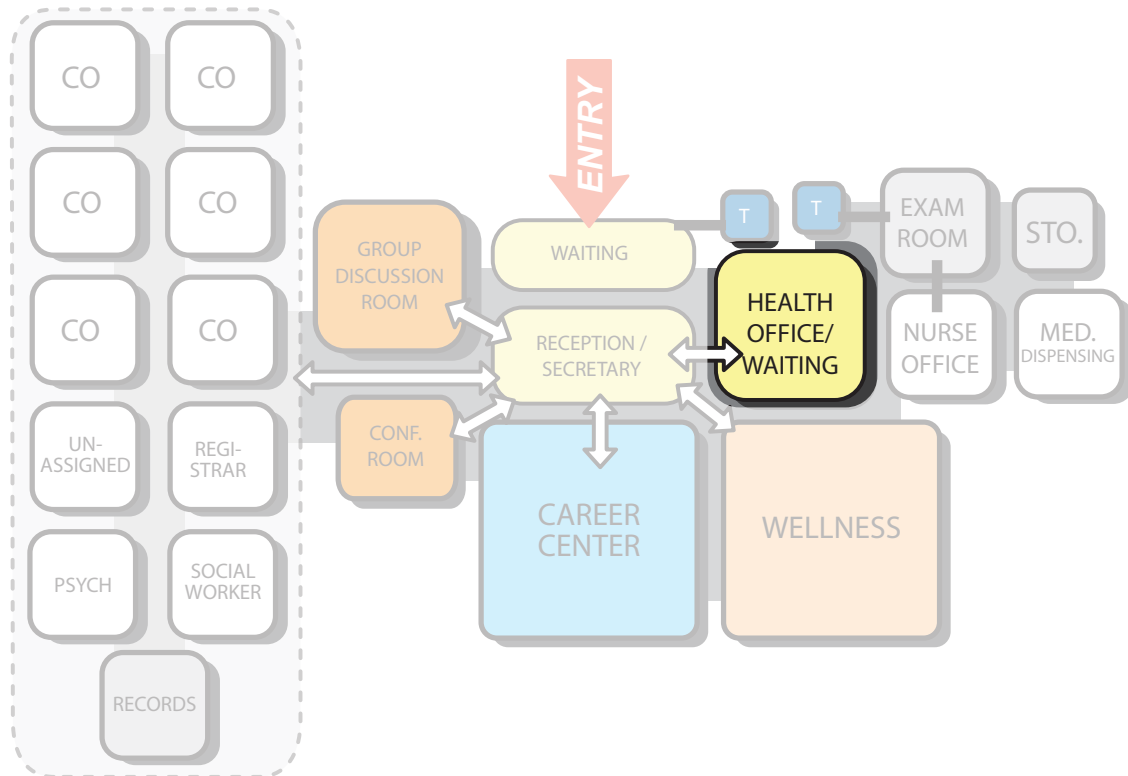
OCCUPANTS: 1 primary occupant, (+1-4 visitors)

### ACTIVITIES AND USES

Office space for school nurse. Administrative activities to include individual and small group conferences and consultations with colleagues, staff, students, and parents. Reception/waiting/seating area for students awaiting medical care or discharge. Cot area available for students to lay down, rest and receive examination. Vision and hearing testing and isolation.

### SUPPORT SPACES

- Nurse office: 120 sf
- Exam room: 100 sf
- Restroom: 60 sf
- Storage: 60 sf



## SPECIAL CONSIDERATIONS

- Ceiling material: acoustic ceiling tile
- Ceiling height: 9'-0"
- Wall material: painted gypsum board
- Floor material: vinyl composition tile or linoleum product
- Acoustics: per ANSI/ASA S12.60-2010/ Part 1 "American National Standard Acoustical Performance Criteria, Design Requirements and Guidelines for Schools,"
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## DOORS / WINDOWS

- Natural light desirable
- Window desirable for supervision from reception area
- Window coverings as required for sun/glare control and privacy
- Skylights acceptable
- Ability to lock down doors

## FURNITURE / EQUIPMENT/ MILLWORK

- (1) administrative office workstation
- (1-2) guest chairs
- 4-drawer file cabinets for records storage
- Medications storage cabinet
- Examination table and equipment
- (2) cots
- Curtain system to subdivide/isolate cot areas
- Clock
- Base cabinets with drawers, adjustable shelves and hinged doors, drawers, countertop sink, work station
- Overhead cabinets with adjustable shelving and hinged doors
- (1) 4' x 4' tackboard

## BUILDING SYSTEM REQUIREMENTS

### MECHANICAL

- Independent temperature control of area within flexible range set by district's EMS system
- Room temperature sensor connected to campus EMS
- Fire alarm/suppression as required

### PLUMBING

- Countertop sink with hot and cold water

### ELECTRICAL / LIGHTING

- Outlets for general room and workstation use
- Clean, segregated power distribution with surge suppression
- Glare reducing lenses
- Lighting: per IES Lighting Handbook guidelines

### TECHNOLOGY

- Telephone/intercom handset at workstation, VoIP
- Wired data outlets at workstation for local area network connectivity
- Access to file server, printer and scanner
- Wireless access capable for most computer communications/applications