

Beverage Name	Calories (kcal)	Protein (g)	Carbs (g)	Sugars (g)	Fat (g)	Sat Fat (g)	Fibre (g)	Sodium (mg)	Total Beverage Weight	BCAA (g)
Core Protein	124	24	4	0.5	1.2	0.3	3	150	280gms	5
Sugar Free Protein Milkshake	250	28.8	10.9	7.4	10.2	6	3	210	270gms	5
Sugar Free Protein Americano	126	24.3	4	0.5	1.2	0.3	3	155	300gms	5
Signature ProCaff	391	29.8	28.3	19	17.5	10.9	3	247	270gms	5
Protein Latte	252	29.1	10.9	7.4	10.2	6	3	215	300gms	5
Honey Oat Protein Shake	285	25.5	39.3	25.3	3.5	0.8	4.5	211	300gms	5
Death By Chocolate Protein Shake	473.7	31.4	46.3 g	33.4	18.3	11.6	5.1	265	300gms	5
Vanilla Protein Frappe	301	25.5	42.9	36.4	3.1	1.5	3	211	280gms	5
Kesar Badam Protein Shake	308	25.1	12.6	7	12.4	7	3.1	215	290gms	5
Vanilla Oat Protein Matcha	277	25.5	35.5	21.5	3.5	0.8	4.5	214	300gms	5
Protein Iced Matcha	250	28.8	10.9	7.4	10.2	6	3	210	300gms	5