



Why R;pple appealed to Amey

One of our wellbeing goals is to protect our people from harm, including psychological harm.

Recognising how suicide can impact the workplace and how organisations can raise awareness around suicide and suicide prevention, is critical to saving lives and preventing psychological harm.

To increase understanding, encourage the sharing of experiences and improve confidence and competence around talking about suicide, Amey has a suicide prevention and awareness programme. Our overall aim is to create a culture where people have the confidence to speak up and ask for support if they need it.

As part of our programme we've:

- produced and shared a guide with our employees to help: identify warning signs that someone may
 be having suicidal thoughts; understand why using the correct language is important; to be
 prepared if you find yourself having a conversation around suicide and to be aware of what support
 is available.
- provided training for colleagues to have these important conversations safely
- trained 200 mental health first aiders
- enabled a cohort of our wellbeing ambassadors to complete the City and Guilds accredited qualification in Suicide Prevention (endorsed by Skills for Health).

Why the R;pple idea fitted in to what Amey wants to do

R;pple provides an intervention that is aligned to our strategic aims. Our commitment to 'Ensure that everyone goes home safe and well everyday' is one of 12 commitments in our Sustainability and Social Value Strategy, 'Bolder Steps Together'. And with the heightened risk that suicide poses within the industries we work in, Amey is leading the way in our sector by deploying R;pple's life saving browser extension across our entire IT network of 8,000 machines. Put simply, we were keen to ensure we could reach as many of our employees as possible and spread the word across their immediate contacts. We were, and fully advocate an 'all in' approach.

The process to install

Any concerns raised by our IT team (in particular around infringement of data) were resolved with additional documentation provided by R;pple. After a number of discussions relating to the complexity around firewalls and support from our IT team to follow internal processes, we were able to move forward to the roll-out phase of the implementation.

We found the R;pple team proactive in engaging to support Amey in these necessary reviews and discussing the structure of their intervention tool and when we came to implement across the Amey network, the roll-out couldn't have been more straight-forward.

Looking to the future

Not only does our three-year commitment to R;pple amplify how seriously we take our obligation to keep our people safe from harm and that we recognise suicide is an issue within our sectors, this longer-term partnership brings opportunity to influence and reach a far wider population including our supply chain partners, schools and colleges as well as the families of our entire 11,000 employee community.

We look forward to supporting R;pple in the development to mobile device capability which will extend the reach even further for Amey and the industry.