

Health and Wellbeing Awareness Days 2027

January ☁

Dry January

📅 18 - 24

Cervical Cancer Prevention Week

Guide

Five Practical Actions to Support Neurodivergent Employees

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February ☁

LGBT History Month

📅 04

World Cancer Day

📅 04

Time to Talk Day

📅 06

International Day of Zero Tolerance for Female Genital Mutilation

HR policy

Gender Identity Policy Template

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March ☁

Ovarian Cancer Awareness Month

Women's History Month

Endometriosis Awareness Month

Prostate Cancer Awareness Month

📅 05

Employee Appreciation Day

📅 08

International Women's Day

📅 08 - 14

Safer sleep week

📅 15 - 19

Neurodiversity Celebration Week

📅 31

International Trans Day of Visibility

Guide

Gender Pay Gap Action Plan Guide

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April 🌸

International Caesarean Awareness Month

Testicular Cancer Awareness Month

Stress Awareness Month

📅 02

World Autism Awareness Day

📅 07

World Health Day

📅 11 - 17

Black Maternal Health Week

📅 18 - 24

National Infertility Awareness Week

HR Policy

Parental Leave Policy Template

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May 🌸

Maternal Health Month

📅 03 - 09

Maternal Mental Health Week

📅 08

World Ovarian Cancer Day

📅 10 - 15

National Weaning Week

📅 10 - 16

Mental Health Awareness Week

📅 17 - 23

Lifestyle Medicine Week

HR Guide

The Business Case for Supporting New Parents

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June 🌸

SANDS Awareness Month

PRIDE Month

📅 14 - 20

Men's Health Week

📅 18

Autistic Pride Day

HR Policy

Pregnancy Loss Policy Template

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July ☀

Fibroids Awareness Month

📅 28

World Hepatitis Day

HR Policy

Women's Health Policy Template

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August ☀

📅 01 - 07

World Breastfeeding Week

📅 22

National Rainbow Babies Day

HR Guide

Weight Management as an Employee Benefit

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September ☀

Gynaecological Cancer Awareness Month

PMOS Awareness Month

Urology Awareness Month

📅 04

World Sexual Health Day

📅 10

World Suicide Prevention Day

📅 26

World Contraception Day

📅 29

World Heart Day

October 🍂

Menopause Awareness Month

Black History Month

Breast Cancer Awareness Month

ADHD Awareness Month

📅 09 - 15

Baby Loss Awareness Week

📅 10

World Mental Health Day

📅 18

World Menopause Day

HR Policy

Menopause Policy Template

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November 🍂

Men's Health Awareness Month (Movember)

📅 13 - 19

Transgender Awareness Week

📅 14

World Diabetes Day

📅 19

International Men's Day

📅 20

National Adoption Day

Guide

Men's Health HR Handbook

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December 🍂

📅 01

World AIDs Day

📅 02 - 08

Grief Awareness Week

HR Policy

Fertility and Family-forming Policy Template

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