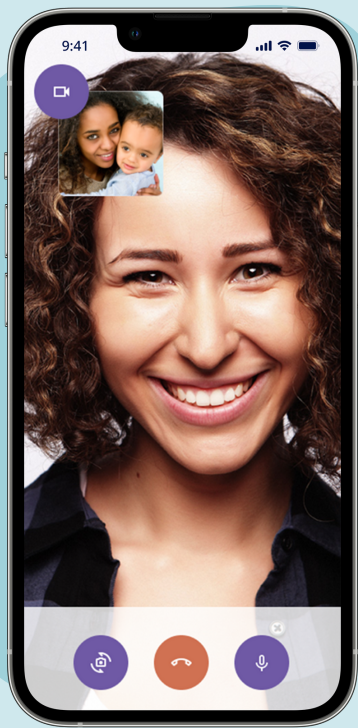


New or expecting parent?

Pacify is here for you!



Pacify membership brought to you
by **Aetna Better Health of
Louisiana!**

Connect with doulas and lactation
consultants at no cost to you!

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ENGLISH: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card or 1-800-385-4104 (TTY: 711) – Hours: M-F 7 AM – 7 PM.

SPANISH: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en el reverso de su tarjeta de identificación o al 1-800-385-4104 (TTY: 711) – Horas: L-V 7 AM – 7 PM.

FRENCH: ATTENTION: si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le numéro indiqué au verso de votre carte d'identité ou le 1-800-385-4104 (ATS :711) – Heures: L-V 7 h – 19 h.



Pacify

Your care partner from
pregnancy through parenthood



Get access to Pacify in three easy steps

1 Download the app

Available to download at no cost on the **App Store** and **Google Play**. Point your phone's camera at the QR code and tap the link to open.



2 Create an account

Fill out your profile information and use the code below to sign up.

ALAM1



3 Schedule a call

Once confirmed, simply touch the button for the type of expert you'd like to talk to and schedule a call! It's that easy.

Pacify providers love meeting new and expecting parents like you!

