

LOCATIONS

**Antonito**

915 and Dahlia
Antonito, CO 81120

**Monte Vista**

402 Fourth Ave.
Monte Vista, CO 81144

**Main Office Location**

8745 CR 9 South
Alamosa, CO 81101

**South Fork**

20 Lodge Dr.
South Fork, CO 81154

**San Luis**

409 Trinchera
San Luis, CO 81152

**Phone**

719-589-3671

**Del Norte**

14443 HWY 160
Del Norte, CO 81132

**Ft. Garland**

309 Beaubien Ave.
Ft. Garland, CO 81133

**La Jara**

322 Walnut St.
La Jara, CO 81140

**Center**

260 Worth St.
Center, CO 81125

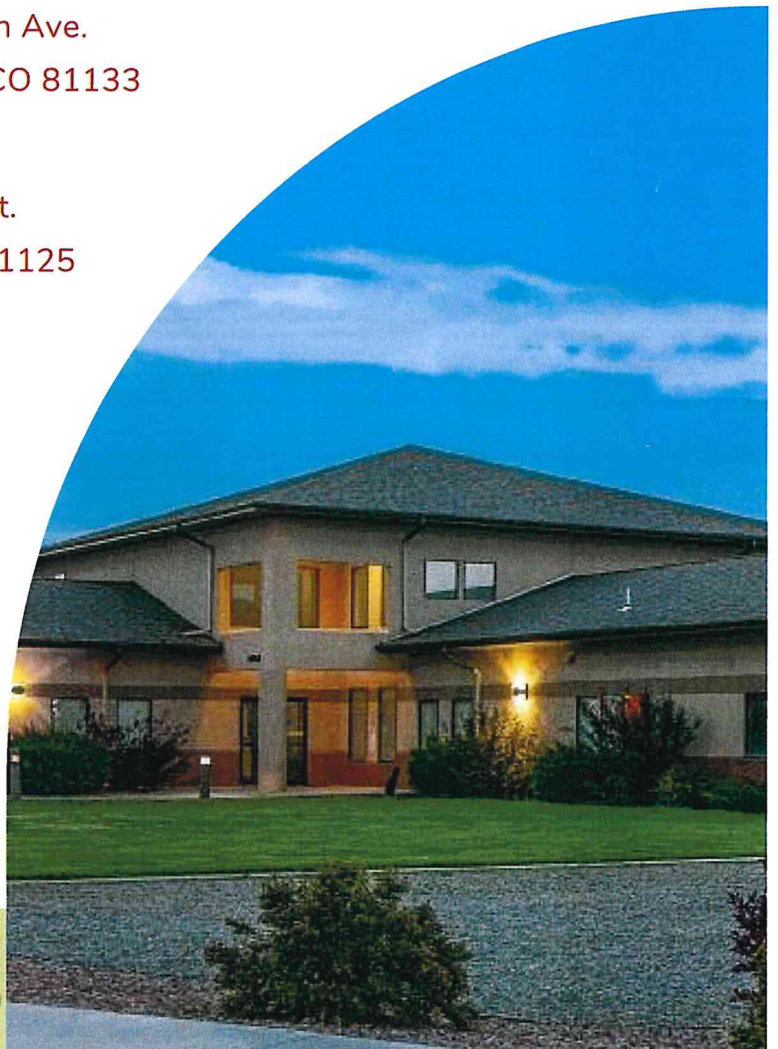
OTHER LOCATIONS

**Mi Esperanza Wellness Center**

311 San Juan
Alamosa, CO 81101

**New Beginnings Recovery & Wellness Center**

522 Alamosa Ave.
Alamosa, CO 81101



SAN LUIS VALLEY
Behavioral Health Group
Dedicated to Hope, Healing and Recovery

SLVBHG Programs

Prevention, Intervention, and Clinical Services



Hello and welcome to San Luis Valley Behavioral Health Group! We are here to help you with a range of programs and services tailored to your unique needs. Our licensed team is dedicated to providing compassionate care for mental health and substance use disorders. You can trust us to provide the guidance and support you need to start feeling better. Let us help you take the first step towards a healthier and happier you.

Program

Description

24-Hour Crisis Intervention
Crisis Walk in/Mi Esperanza

Evaluations for psychiatric hospitalization, crisis intervention, and participation on school crisis teams.

ACT/Intensive Case Management

Assertive outreach, treatment, and skills training for adults with Behavioral illness who are involved in the criminal justice system or need this level of care to avoid hospitalization.

Adolescent Case Management Services

Prevention and intervention, increase social emotional intelligence, increase life and social skills, support youth and families, increase a youths healthy functioning, strengthen families, engage in pro-social behaviors, prevent suicidal ideation, violence and substance use, increases safety, improves school attendance and performance.

Therapy

Outpatient individual, group, and family therapy for children, adolescents, and families

Consultant/Education Services

Training and education in behavioral health, addictions, substance abuse, and suicide prevention/awareness.

Consumer & Family Advocacy

Education, support & advocacy for individuals and family members. Opportunities for developing family & peer leadership to promote recovery in the Behavioral health system and reduce stigma in the community.



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SLVBHG Programs

Prevention, Intervention, and
Clinical Services, continued



Program

Description

Home Visiting Family Services

In-home services for families with children at risk of out. Education and case management and interagency collaboration. Includes services to enhance family resources, stability, and reunification after out-of-home placement or inpatient discharge.

Housing

Subsidized housing and supportive services for low-income persons or families with a disability, serious Behavioral illness, and chronic homelessness.

Mobile MAT

Medication-Assisted Treatment (MAT) uses FDA-approved medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders.

New Beginnings Wellness and Recovery

Services to help individuals regain purpose, skills, training, and confidence, with the goal of rehabilitation. The treatment at New Beginnings is meaningful work, and the relationships and socialization happen continuously within the program.

Outpatient Addictions Recovery

Substance abuse and addictions evaluation and treatment using individual, group, enhanced outpatient, Level I, and Level II protocols.

Parenting Classes

Classes teach positive skills and child development concepts to parents of children of all ages.



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SLVBHG Programs

Prevention, Intervention, and Clinical Services, continued



Program

Description

Psychiatric Services

Psychiatric consultation for adults, adolescents, children, geriatric, and developmentally disabled individuals. Ongoing medication management. These services include telepsychiatry, as well as face-to-face appointments.

Psychological Evaluation

Evaluations of intelligence and personality for children, adolescents, and adults.

School Services

In-school services for individuals, groups, and families in most school districts of the Valley.

Healing from Sexual and Physical Abuse and Domestic Violence Services

Therapy for victims of abuse and their families. Services to domestic violence victims and to children who have witnessed domestic violence.

Alternative programs, outside the mainstream of Behavioral health care, address particular social problems or community needs. Forensic treatment programs are regulated by the Department of Corrections, the Domestic Violence Treatment Board, the Sexual Offenders Treatment Board, and other regulating bodies.

Sex Offender Treatment

Structured, offense-specific treatment for persons who have committed sexual offenses.



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