

MORE INFORMATION

Information:

- Call 719-589-3671, email referrals@slvbhg.org or stop by any of our office locations throughout the SLV to get enrolled.

Payment:

- All programs bill Medicaid and private insurance.

In-home visiting programs that include parenting courses:

- Promoting Safe and Stable Families (PSSF) offers Nurturing Fathers and Nurturing Families as part of their program.
- Child First offers the Circles of Security Parenting course as part of their program.

ADOLESCENT CASE

MANAGEMENT

The adolescent intensive case management program is a prevention/intervention program that provides community-based mental health and substance abuse treatment services to adolescents from 12 to 18 years of age, abused and neglected children who are at risk of being placed out of their home, and their families. Youth can be referred by any school or agency, or volunteer for services themselves.

The program is designed to increase the health of our families and communities and increase positive outcomes for our youth. We measure positive changes in increases in:

- School grades
- Attendance
- Self-esteem
- Legal disciplinary/legal issues
- Family communication
- Substance use/abuse
- Healthy relationships
- Life-skills

Services are provided to youth in the community, in their schools, and in their homes throughout the entire San Luis Valley.



In-Home Children and Adolescent Programs



**“THE SECRET OF CHANGE
IS TO FOCUS ALL OF YOUR
ENERGY, NOT ON FIGHTING
THE OLD, BUT ON BUILDING
THE NEW.”**

*~ DAN MILLMAN WAY OF THE PEACEFUL
WARRIOR*

SLVBHG
8745 County Road 9 South
Alamosa, CO 81101
719-589-3671

Counseling Interviewing
Organizations Motivational
Outreach Mental Healthcare
Crisis Therapy Work
Management Social
Psychology Nursing
Working Health Services
Community Case
Program Group Intervention
Development Nonprofit
Behavioral Psychotherapy

PROMOTING SAFE AND

STABLE FAMILIES

PSSF focuses on community-based family support services toward family preservation, family reunification and adoption. These programs support families with children from birth to 17 years old.

- To prevent child maltreatment among families at risk through the provision of supportive family services (family support services)
- To assure children's safety within the home and preserve intact families in which children have been maltreated, when the family's problems can be addressed effectively (family preservation services)
- To address the problems of families whose children have been placed in foster care so that reunification may occur in a safe and stable manner (time-limited family reunification services)
- To support adoptive families by providing support services as necessary so that they can make a lifetime commitment to their children (adoption promotion and support)

PSSF NETWORK
Promoting Safe & Stable Families

CHILD FIRST

Child First is a national, evidence-based, two-generation model that works with children birth to five years of age and their families, providing intensive, home-based services.

When young children grow up in environments where there is violence, neglect, mental illness, or substance abuse, the stress can be toxic to their developing brains. But, we can intervene to prevent this damage.

Scientific research demonstrates that we can make a difference if we:

- work to connect families to needed community-based services to decrease stress,
- build strong, loving, caregiver-child relationships that protect and heal the brain from trauma and stress.

Child First helps families, and the providers who support them, build strong, nurturing relationships that heal and protect young children from the devastating impact of trauma and chronic stress.

Each family works alongside a two-person team within the home. The team consists of a mental health clinician with experience in early childhood development, and a family support partner who works with the entire family on sources of stress, and to connect them with resources.



SAFECARE COLORADO

SafeCare® Colorado gives parents and caregivers tools, information and a trusted partner that help to make parenting easier, less stressful, and more fun.

SafeCare® Colorado providers work side-by-side with families once a week in their home or through virtual visits. The goal of SafeCare® Colorado is to help parents and caregivers build on the skills they already have and make sure they have what they need to keep children safe, healthy, and thriving.

SafeCare® Colorado is a voluntary program for parents of children birth to five years of age.

SafeCare Colorado has three topics focused on different parenting skills:

- **Home Safety:** Learn about and remove common household hazards
- **Child Health:** What to do when a child is sick or injured.
- **Parent-Child Relationship:** How to increase positive behaviors and decrease difficult behaviors