

RYTHMIA



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Join us on a life-changing transformational journey

Rythmia Life Advancement Center is the #1 customer-rated all-inclusive, medically-licensed Ayahuasca center for personal growth, transformation, and healing. Guests enjoy a breathtaking setting, gourmet farm-to-table meals, and luxury amenities while embarking on the Rythmia Way program, a highly effective proven system fusing the best in ancient wisdom and modern psychology.



Since 2016, over 17,000 guests have completed the program, with 98% reporting a life-changing miracle - defined as a profound shift or transformative event that dramatically improves an individual's life.



Medically licensed, Rythmia provides the highest standards of safety and care within its stunning setting, complete with luxury accommodations and amenities.



Rythmia is the #1 customer-rated transformational center and has garnered over 2,700 five-star reviews on TripAdvisor.

15% of guests return to Rythmia for continued expansion and growth.

- * Rythmia is the world's first and only medically licensed all-inclusive holistic plant medicine healing center, located in the gated community of Hacienda Pinilla Guanacaste, Costa Rica.
- * Downtown Tamarindo is a 10-minute drive away from Rythmia.
- * The resort is about an hour and a half from the Liberia airport.
- * Rythmia is surrounded by beaches such as the Playa Langosta, Playa Tamarindo, Playa Avellanas, and more.
- * Rythmia is located in one of the Earth's five Blue Zones, an area where people are believed to live happier, healthier, and longer lives.





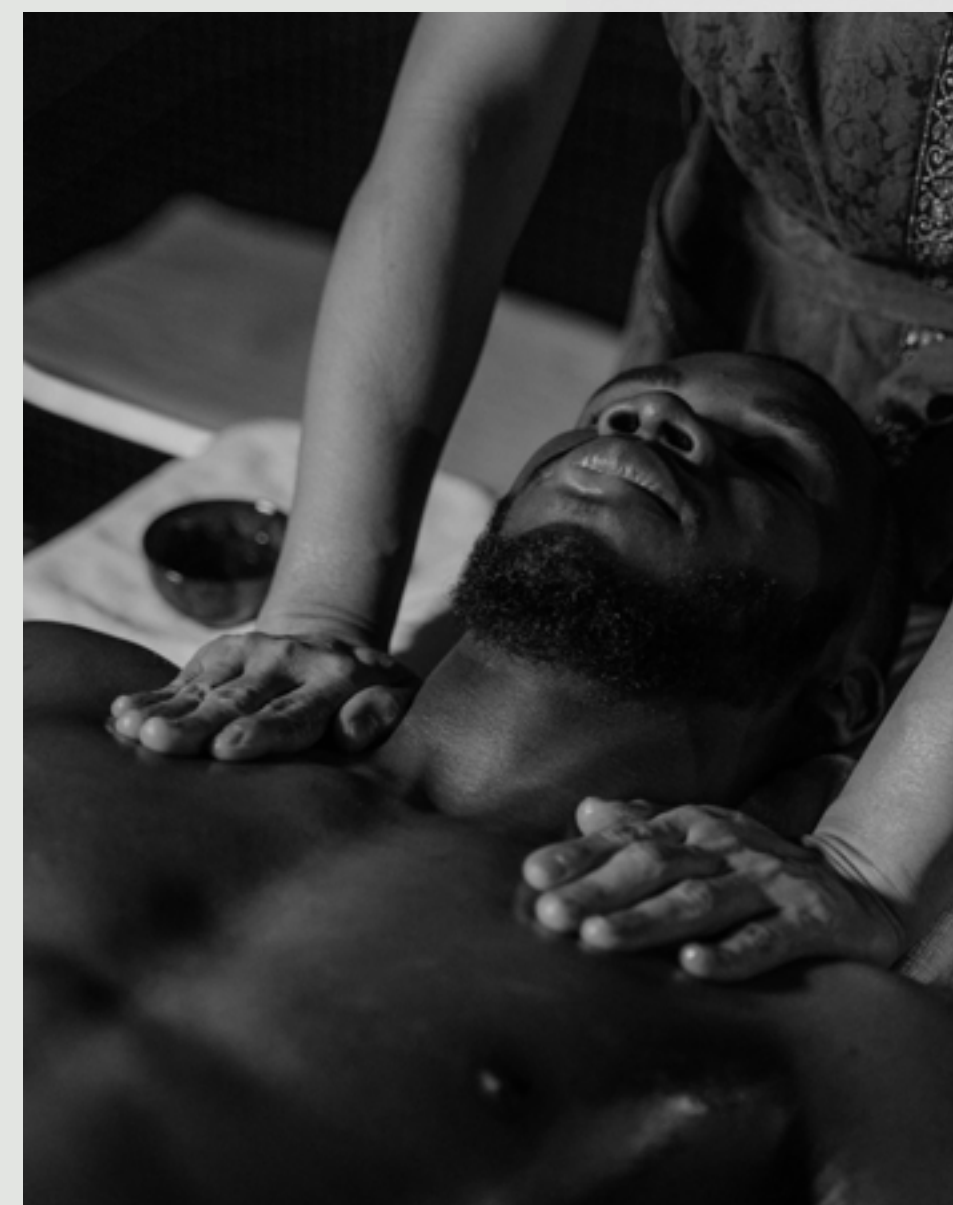
Rythmia Life Advancement Center aims to help each and every guest achieve life-changing, lasting healing and transformation.

Rythmia's mission is to create the largest community of people seeking growth and change, empowering them to make the world a better place through hand-crafted transformative and consciousness-rising experiences and communication channels.

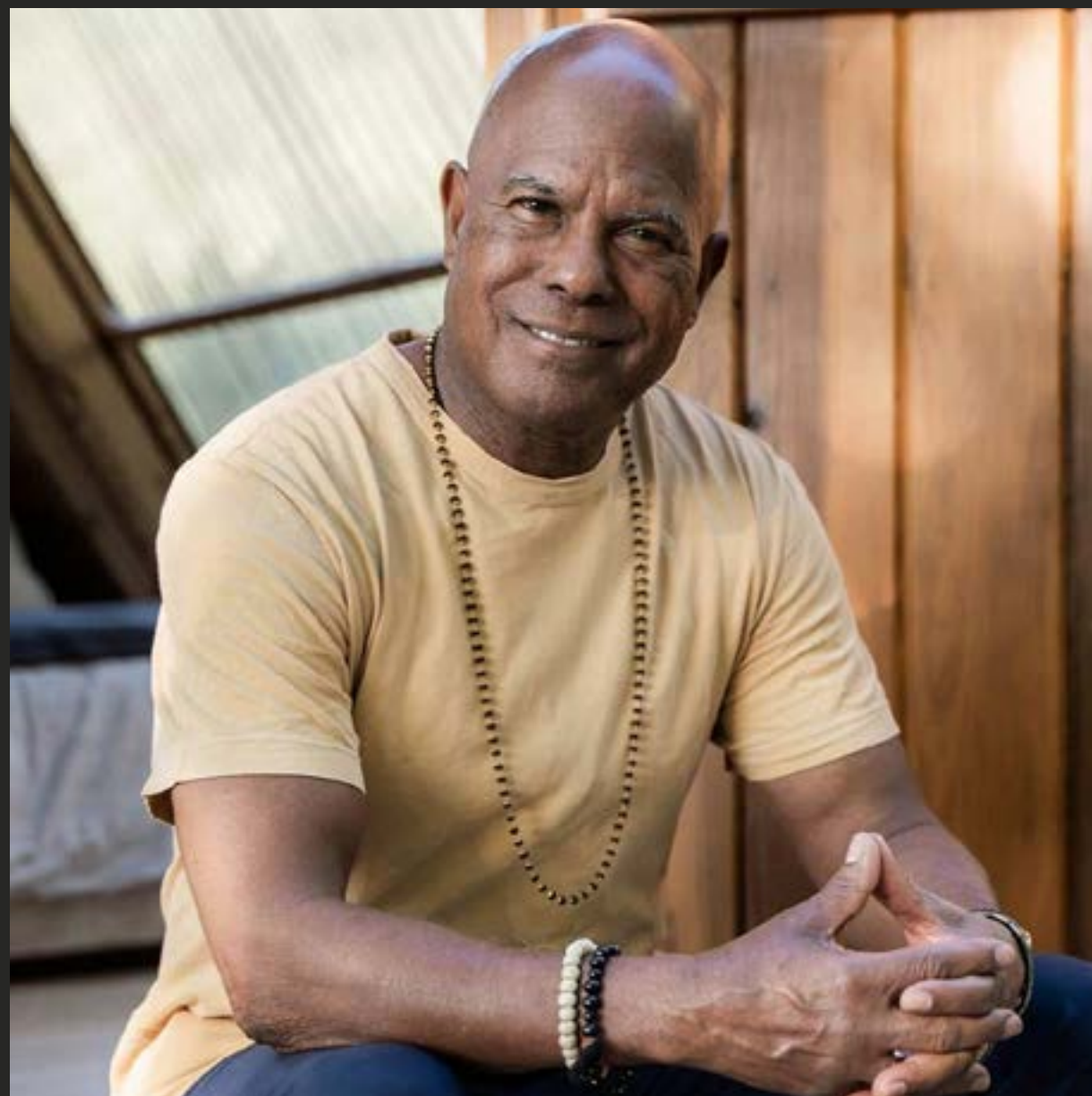
Through the Rythmia Way program, guests have the opportunity to experience Ayahuasca ceremonies, yoga, metaphysics classes, volcanic mud baths, life coaching, hydrocolonic cleanses, Rythmic breathwork, massage and farm-to-table organic food.

Committed to the absolute satisfaction and safety of its guests, Rythmia boasts a 2:1 staff-to-guest ratio, including a large and highly skilled plant medicine ceremony team, renowned instructional class leaders, and an on-site medical team of doctors, nurses and Emergency Medical Technicians.

Included free of charge with the Rythmia Way program, the RLife app is a one-of-a-kind integration program that provides guests TK (prep module blurb), and TK ongoing access to ceremony music and live webinars, metaphysics classes taught by today's top thought leaders, and breathwork, meditation and yoga for continued healing and growth, plus optional 1:1 coaching.



Rythmia's workshops enable guests to simultaneously learn from world-renowned speakers and participate in a collective healing journey.



Michael Bernard Beckwith



Mitra Politi



César Millán

At no extra cost, the guest speaker series is open to all Rythmia guests who attend the seven-night, all-inclusive transformational program. Occupancy is limited, and speaking series often sell out many weeks in advance.

TRAVEL

Rythmia's team works with each guest to figure out the retreat logistics.

The best airport to fly into is Liberia (LIR). San Jose is a second option but requires a transfer flight (Sansa Airlines) and extra travel.

Rythmia offers a shuttle service for pick up and drop off, as well as arriving and departing from the airport.



AMENITIES

- * Maloka: a healing space where ceremonies, breathwork and yoga take place.
- * Health club.
- * Gym.
- * Spa, massages, mud bath, steam sauna, hot & cold baths.
- * Saltwater pool.
- * Several outdoor ranchos.
- * 24/7 staffed security and concierge at the gate.
- * Property groundskeeping.
- * Medical building with a doctor, holistic doctor, nurses, and massage therapist.

Ayahuasca

Guests have the opportunity to experience four plant medicine ceremonies throughout their stay.

The ayahuasca ceremonies are led by experienced shamans and healers who have been trained in the Colombian tradition by Taita Juanito and other respected shamans

To date, Rythmia has performed over 52,000 individual ceremony experiences.



Roots Restaurant

The food at Roots is fresh, organic, and locally sourced, giving guests a nourishing and delicious experience with every meal.

Some of the menu items include juices, smoothies, appetizers, savory bites and guilt-free sweets.



Gerry Powell

Gerard Powell is a conscious entrepreneur whose mission is to transform lives. He is the founder and CEO of Rythmia Life Advancement Center in Costa Rica, the “go-to” program for spiritual awakening and personal transformation, where over 97% of guests have reported that they have received their miracle.

Mr. Powell was the founder of My Choice Medical Inc., which he started in 2000 and sold to a public company in 2004; the sale concluded in 2007 and had a dollar value of over \$80 million. Through a personal crisis after the sale of My Choice Medical Inc., he was initiated into a journey of self-transformation where he was inspired to create Rythmia through a powerful encounter with plant medicine that transformed and liberated his life.





Jeff McNairy

Dr. Jeff McNairy, Psy.D., M.P.H. has been working in the health care field for 25 years. He has worked in a variety of medical environments and seen the struggle individuals have when actually trying to heal. The current Western system of health care is deficient in healing the population. It is more concerned with managing symptoms and using external sources for “change.” Through Dr. McNairy’s intense experience with the most desperate patient populations (addiction, acute mental health, and trauma), he has seen that the only real healing can come from within.



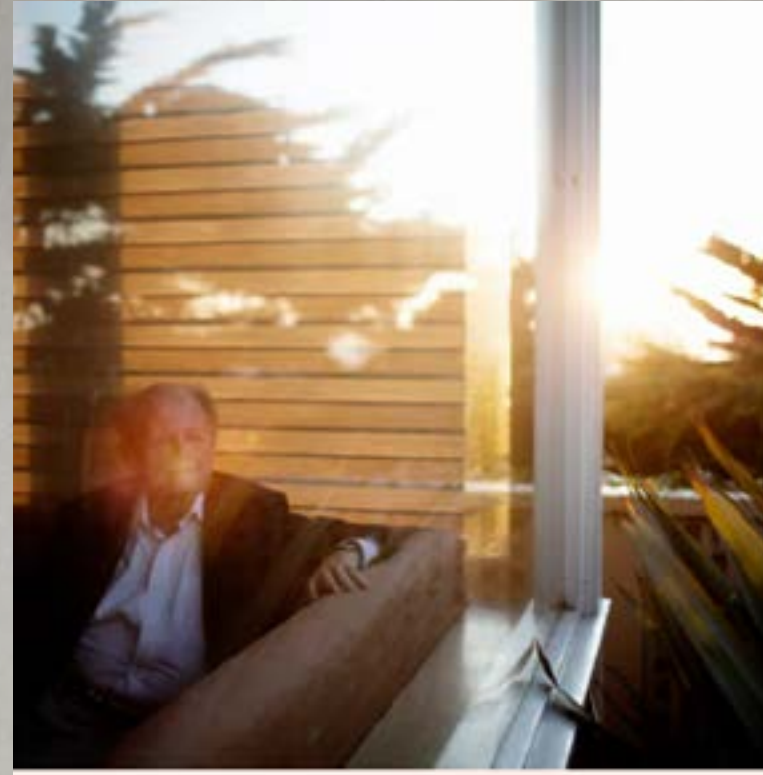
Earl Koskie

Earl Koskie is a self-made entrepreneur and investor renowned for his adeptness in building and scaling companies. Raised in Texas by two exceptional parents in a nurturing household, he says his leadership ability developed in childhood as the oldest of 6 siblings. Determined to chart his own course, he founded his inaugural business at the age of 23, embarking on a journey of invaluable lessons and profound experiences over the past 19 years.

As a CEO and founder, Earl has steered enterprises to surpass \$500m in revenues while spearheading viral marketing campaigns that amassed hundreds of millions of online views and billions of Facebook impressions. He and his longtime business partner Mark Sullivan take pride in their ethos of self-reliance, having bootstrapped every venture without external loans or venture capital. While Earl’s passion lies in problem-solving and business creation, his heart finds solace in family. He and Jayna are the proud parents of 4 amazing boys. They reside in Spanish Fork, Utah, and their family loves going on adventures, reveling in travel, exploration, sports, and celebrating the journey of life together.



Stylist Micaela Erlanger finds peace at an ayahuasca retreat



The New York Times

Taking Ayahuasca When You're a Senior Citizen



Vox

The brutal mirror: What ayahuasca showed me about my life.



Integrating After Peak Experiences



My Practical Guide to Miracles



Forbes

Reclaim Your Voice With Micaela Erlanger



Forbes

What Is Ayahuasca? Benefits, Side Effects And Retreats



marie claire

Rythmia: El lujo en la transformación espiritual



Deontay Wilder claims he is 'reborn'



Noteable Celebrity Visits

Kelly Slater

Cesar Millan

Deontay Wilder

Ron White

Andre3000

Mack Maine

Audrina Patridge (MTV's The Hills)

Shep Rose (Bravo's Southern Charm)

Francis Biden

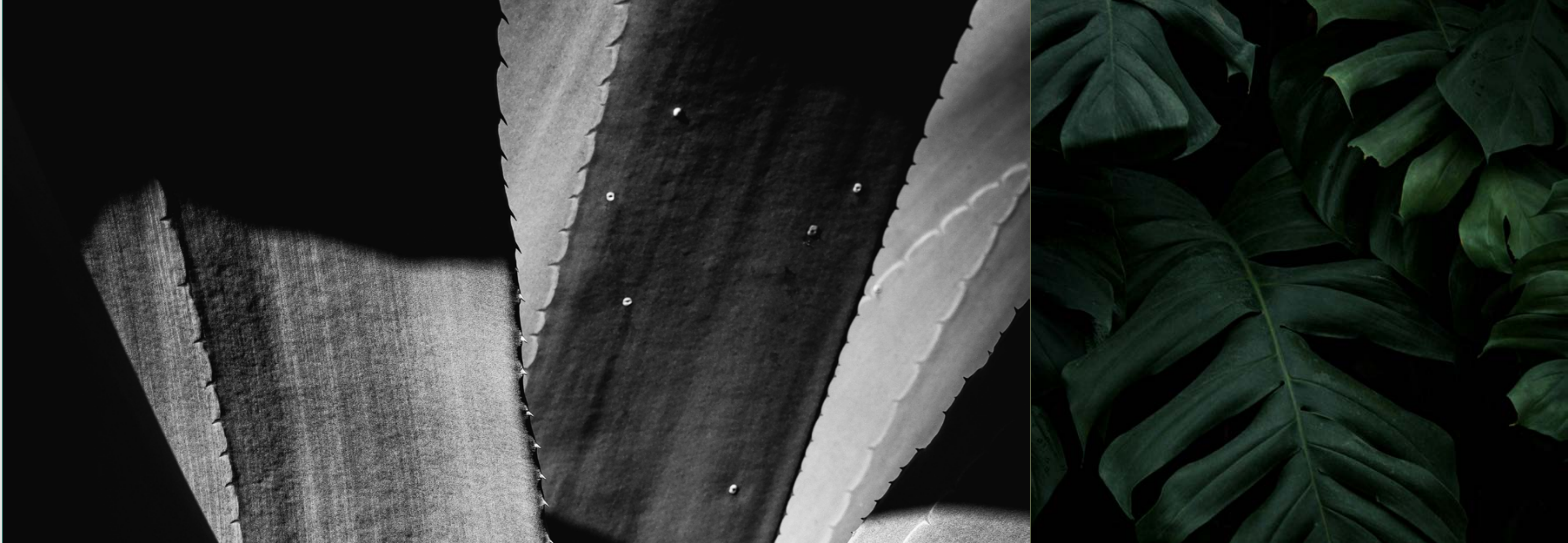
Iyanla VanZant

Terrence Howard

Sterling K. Brown

Bobby Brown

Johnny Messner



BOOKING INFO

Rythmia Life Advancement Center is a medically licensed luxury retreat in Costa Rica that specializes in healing mind, body, and spirit through ayahuasca ceremonies, metaphysical workshops, yoga, breathwork, and more - all under world-class medical supervision. With thousands of success stories and one of the highest guest satisfaction rates in the industry, Rythmia is redefining what it means to heal. For further information and/or reservations, call (888) 443-5566 or visit <https://rythmia.link/press>

