

BRAIN HEALTH NAVIGATOR MODEL TOOLKIT OVERVIEW

The Brain Health Navigator (BHN) toolkit provides downloadable resources for you to use in your local healthcare system. These tools are prototypes and are intended to be used in conjunction with one another. These tools vary in utility depending on where you are in the BHN journey and can be used iteratively throughout the implementation process. Since all healthcare systems are unique, these resources can be adapted to various clinical approaches and serve as a starting point for developing your own BHN program.

Creating Workflows

- **Jobs To Be Done Checklist**
 - This systematic checklist of jobs to be done can be used to help support the creation of a Brain Health Navigator job description.
 - This list is comprehensive by design and is not intended to have every row completed. This checklist is intended to be used in conjunction with the other Brain Health Navigator Model tools.

- **Workflow Overview Template**
 - This is an adaptable template for you to customize as you see fit based on your own clinical practice. It was developed based on recommendations from 6 healthcare systems as part of the Davos Alzheimer's Collaborative Brain Health Navigator program (see Workflow Examples to learn more about the care pathways from each of the program sites).
 - This template should be used as an example and as a starting point for developing your own care pathways, but ultimate decision making for patient care and workflows should be done by local clinical experts and it may not be suitable for every patient. Not every step is suitable for every credential that may be staffed as a Brain Health Navigator.
 - This template can also be used to articulate your local clinical workflow plans for internal and external key stakeholders. It is possible that you will iterate on this workflow based on your learnings from local billing practices.

- **Workflow Examples**
 - This resource includes 6 examples of care pathways from the healthcare systems that were part of the Davos Alzheimer's Collaborative Brain Health Navigator program.
 - These case studies were developed through real-world experience and continue to evolve as the practices develop and refine their care pathways.
 - To create your own workflow, please see the Workflow Overview Template.

Billing and Business Case

- **Business Model Archetypes:**
 - Based on our work with healthcare systems to-date, there appeared to be four archetypes representing different business models for care navigation.
 - These are potential archetypes for the development of a sustainable brain navigation/care management program.
 - Additionally, this resource includes guidance for neuropsychologists reimbursement related to brain health, specifically for e-consults.

- **Billing Code Resource Guide**
 - This billing code resource guide provides comprehensive details for possible Brain Health Navigator reimbursement models.
 - It includes possible billing codes relevant to early detection and care coordination, that should be implemented in partnership with local billing experts when creating new boundary spanning roles in your healthcare system.
 - A helpful Frequently Asked Questions (FAQ) is provided within to answer some common questions about general staffing, workflows, and cost-sharing.

- **Executive Summary of Billing Code Categories**
 - This high-level summary compares the 5 different billing code categories including: 1) Principal Illness Navigation (PIN); 2) Community Health Integration (CHI); 3) Principal Care Management (PCM); 4) Chronic Care Management (CCM); and 5) Cognitive Assessment and Care Planning (CACAP).
 - This summary can be used with your local healthcare system leadership and key stakeholders when discussing the different billing code options in your local healthcare system. Please confer with your local billing experts for categories most applicable to your healthcare system.
 - For a more in-depth guide about billing codes, please see the Billing Code Resource Guide.

- **Code Selection Flowchart**
 - This flowchart is a billing decision tree for healthcare services that helps determine the appropriate billing codes in your local healthcare system. This resource should be used in partnership with local billing experts.
 - This flowchart should be used as an example and as a starting point, but ultimate decision making for billing and coding should be done by local reimbursement experts.
 - For a more in-depth guide about billing codes, please see the Billing Code Resource Guide.

Training and Education

- **Lexicon**
 - The lexicon provides contemporary nomenclature, terminology, and education for topics relevant to a Brain Health Navigator (BHN) model.
 - There are 5 sections of the lexicon that include: 1) roles and responsibilities of BHNs; 2) types of cognitive impairment; 3) factors contributing to cognitive impairment; 4) cognitive assessments; and 5) therapy options for cognitive impairment.

- This resource may be helpful to healthcare systems developing training resources for onboarding a brain health navigator.
- **Training Resources Guide**
 - This educational resource provides a high-level overview of key concepts about dementia, Alzheimer's disease, and common steps along the diagnostic pathway. The summary and resources provided should be leveraged when developing training resources for brain health navigators or other frontline providers.
 - This tool is intended to be used by brain health navigators and/or primary care providers managing care for patients at risk, or with symptoms of, Alzheimer's disease or related dementias.
 - This guide should be used as a starting point for understanding key concepts about Alzheimer's disease and the diagnostic pathway. This resource and supplemental real-world clinical examples may be useful to other healthcare systems implementing early detection or care navigator programs that are interested in developing their own training resources and education tools.