



CHILDRENwith
CANCER FUND

01323 488561

Registered charity No: 1110544



E-NEWSLETTER

www.childrenwithcancerfund.org.uk



January // Issue 51

Be Our Valentine

Valentine's Day is just around the corner and in this season of love we want to send a message of love and appreciation to all our supporters. Thank you to you all, we are so grateful for all you do 

The year has only just started and we have already had so much fun! There is much more to come and if you haven't already, we would love for you to get involved. Read on for more details...

SCROLL DOWN FOR MORE

World Cancer Day



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World Cancer Day

4 February, 2025



World Cancer Day is on the 4th February ✨

This year's theme is "United by Unique", acknowledging that every person's journey with cancer is different and comes with individual challenges. This is something we see every day during our work with our children and families and is why we always tailor the support we offer to best fit the needs of the family.

Whether any of our families be in need of emotional, practical or financial support we will be there to help and care for them every step of the way with their journey through cancer and beyond. We believe that all our children and families are superheroes, but even heroes need a little help sometimes and we want our families to know they will always have somewhere to turn in times of need.

Without your help and generosity, we would be unable to offer such a comprehensive package of support so what better way to mark World Cancer Day and to honour all of our courageous children than to get involved with Children with Cancer Fund? 💖

Volunteer

We are always looking for new people to join our existing team of incredible volunteers. If you have some spare hours you would like to spend helping us, then please do get in touch with us at fundraising@childrenwithcancerfund.org.uk or 01323 488561.

Fundraise

There are so many different ways to raise money for us, the possibilities are almost endless! If you would like to undertake a challenge for us or host your own fundraising event then please get in touch. We would love to hear what incredible ways to raise money you come with next 💖

Donate

You can rest assured that any amount donated, big or small, makes a big difference to the work we are able to do. All funds go directly to support the children and families we support and who are going through some of the darkest times of their lives.

[Donate to CWCF](#)

Family Events

Lewes Pizza Making 🍕



Our family events programme couldn't have got off to a better start this year! We went pizza making at Pizza Express in Lewes on Saturday 18th January 🍕

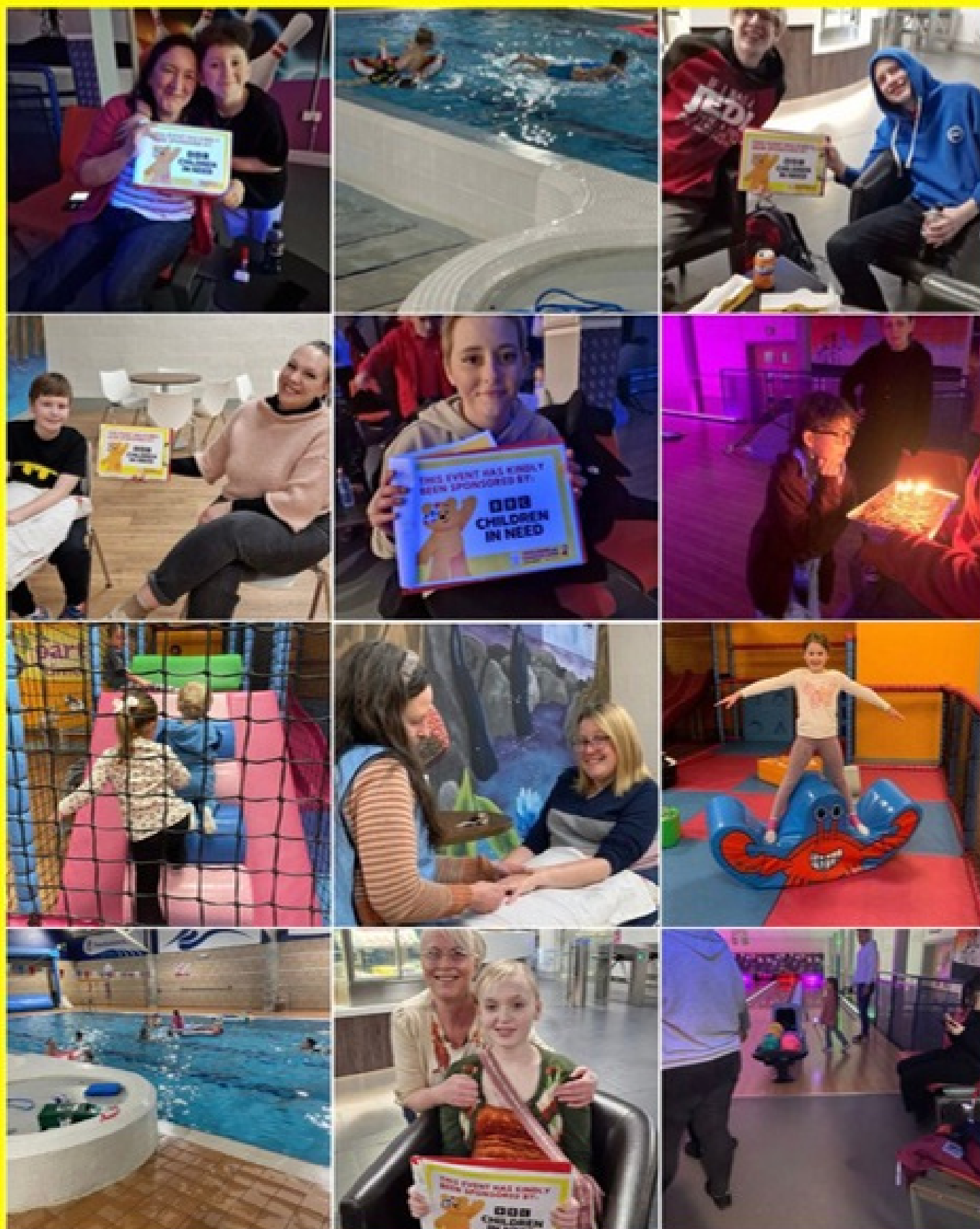
The dough was ready and waiting when we arrived, and we couldn't wait to roll up our sleeves and get stuck in! Under the watchful eye of the expert chefs, we rolled and shaped our dough by hand and then used a variety of toppings to make the pizzas of our choice. Some ambitious chefs even attempted a stuffed crust 🤩

When we had finished making our pizzas and got cleaned up (pizza making can be a messy business!) we sat together as a group to enjoy lunch. The restaurant very kindly served up mouth-watering dough balls and salad while we waited for all the pizzas to be ready. The moment we had all been waiting for arrived when we got the chance to taste our delicious pizzas and there was plenty left to take some home for later.

Our families relished the opportunity this event provided to have some fun, catch up with old friends and make some new ones. They made lasting memories of precious moments spent together as a family. As one of our families said afterwards: "These events are so important to help out the whole family and meet others going through the same thing".

This event was kindly sponsored by Lewes District Council.

 **Freedom Leisure Takeover** 



We had the most brilliant time at Freedom Leisure Hailsham on Saturday 25th January. A group of about 65 of us all had an evening of open access to the swimming pool, soft play and bowling lanes.

The bowling alley was filled with sounds of laughter, cheers and pins falling all evening. Our families enjoyed some healthy competition as everyone vied to finish at the top of the board. For our younger guests, the soft play was the place to be! Of course, there was laughter and fun in abundance as they made the most of the chance to run, climb and slide with freedom.

There was non-stop excitement and fun in the swimming pool as whoops of excitement echoed around. There was even a water slide which many of the children simply couldn't wait to try out, and judging by the smiles on the faces of those emerging at the bottom it was definitely a favourite activity. After everyone had worked up an appetite in the pool, we were provided with hotdogs and lunchboxes for the children who wanted them.

We had a fabulous lady from Touch of Gentleness who came along free of charge and generously gave relaxing hand massages to anybody who wanted them. This also offered the chance for adults in particular to take a calming moment to sit away from the noise and activity of the evening and talk to an impartial listening ear.

Our families had the most brilliant time, having fun together doing lots of different activities and we had some great feedback!

"Great bit of family fun after a difficult week of treatment for our daughter so thank you"

"We had such fun bowling. It was so special to be silly and have fun together. I can't remember when we last laughed that much."

Thank you to BBC Children in Need for kindly sponsoring this event.

Random Act of Kindness

We recently helped out one of our families who were in need of a new washing machine 🧺 When you have a child with cancer, cleanliness and the ability to have clean clothes becomes absolutely crucial due to immunosuppression brought on by treatment. The world suddenly becomes a much scarier and more dangerous place when you are constantly worried about infection from sources unseen and often unknown, so a broken washing machine can be extremely distressing indeed. We were so pleased to be able to provide this small amount of help which made a world of difference to the family involved ❤️



Movement for Good

If you can, please take a minute to nominate us for the Benefact Group Movement for Good awards. All nominations made in 2024 are no longer valid, so if you did nominate us last year, it would be great if you could do so again 🙏

Each nomination puts us in with a chance of being awarded £1000!

Please nominate us

We could receive a £1,000 donation with your help through the Movement for Good awards.

Please visit this link to nominate us:
movementforgood.com



BENEFACT GROUP

Terms & conditions apply.
Closing date 15 December 2025

Nominate Us Here

What's Coming Up 🙄

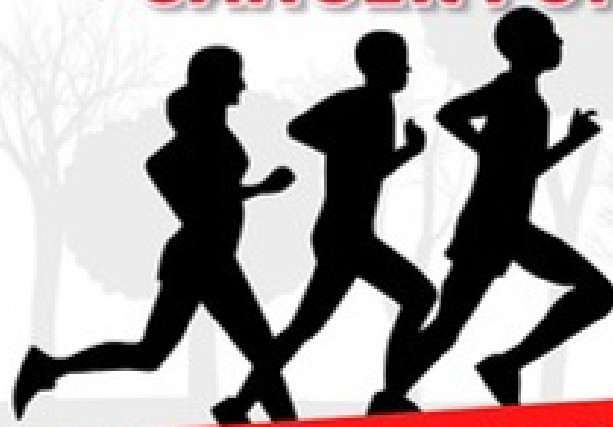
Run to Run 2025

Don't forget to sign up for your tickets for our upcoming Run to Run event!

It is taking place this year on Saturday 31st May at 10am and we would love to see as many of you there as possible. Please spread the word to friends and family or anyone else who would love to get involved 🏃.



CHILDREN with
CANCER FUND



RUN TO RUN
SATURDAY 31ST MAY 2025

SIGN UP HERE

TODAY



CUCKOO TRAIL, SCHOOL LANE ENTRANCE, POLEGATE
MINI MILE, 5K AND 10K

ENTRY STARTS AT £5

EVERYONE IS WELCOME

- WALKERS, JOGGERS, FAMILIES, PUSHCHAIRS

MEDALS FOR ALL COMPLETERS!

FOR MORE INFORMATION CALL
01323 488561

OR DROP US EMAIL TO
fundraising@childrenwithcancerfund.org.uk

[Sign Up Here](#)

Pre-Loved Fashion Show

Eastbourne Garden Nursing Home are holding a clothes swap and fashion show on Saturday 22nd February in support of Children with Cancer Fund. Simply bring along 5 items of clothing you would like to swap and come away with some new items to freshen up your wardrobe  Tickets are just £10 if you would like to get involved.



EASTBOURNE GARDENS CARE HOME

PRE-LOVED FASHION SHOW



Saturday 22 February | 2pm - 4pm

Join us for a stylish afternoon at Eastbourne Gardens with a fabulous fashion show in support of Children with Cancer UK! Enjoy a fun tombola and complimentary refreshments while making a difference.

Tickets are just £10. Don't forget to bring 3-5 items to donate and swap for something else, all for a great cause. Donations welcome.

☎ 01323 810058 averyhealthcare.co.uk

6 Upper Kings Drive | Eastbourne | East Sussex | BN20 9AN

♥ Volunteers Needed ♥

We are still looking for volunteers to help out at several of our upcoming events. Please let us know if you are able to spare some time, even if just for an hour, to assist us at the following events. Contact fundraising@childrenwithcancerfund.org.uk.

Table Sale at Coffee Morning

Where: Anchor Guardian Court Nursing Home

When: Monday 17th February 9:30am-12pm

Pre-loved Fashion Show

Where: Eastbourne Garden Nursing Home

When: Saturday 22nd February 2-4pm

East Sussex Careers Fair

Where: Eastbourne Sports Park

When: Thursday 6th March 8am-3pm

Bluebell Walk

Where: Arlington

When: Tuesday 8th April Time TBC

Easter Fete

Where: Sovereign Lodge Nursing Home

When: Saturday 12th April 2025 11-4pm

The Big Future Show

Where: Eastbourne Sports Park

When: Tuesday 29th April Time TBC

Could You Be One Of CWCF's Dream Makers?

Childhood cancer remains one of the most devastating diseases affecting children worldwide. The emotional and financial toll it takes on families is unimaginable. To become a Dream Maker, we are asking you to commit to a monthly donation of just **£25** to Children with Cancer Fund. By donating this amount, you will become an integral part of our mission to support families battling childhood cancer, from diagnosis, throughout treatment, and beyond.

 ***Make their dreams reality*** 



[Visit Our Website For More Information](#)

WE NEED YOUR HELP

We need your donations! We are collecting jewellery and beads which we can upcycle and turn into gifts for our lucky dips at our upcoming fundraising events. We are also in need of teddies, unopened bottles and chocolates for our tombolas.

Drop your donations into our office Monday - Friday 9:30 - 4:30 🕒👉👈

!! PLEASE NOTE: We can't accept used earrings for hygiene reasons !!



Celebrating
— 25 YEARS —
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