

# STERI-STRIP APPLICATION

Skin Closure Strips • Quick Reference Guide



**USE ONLY FOR:** Clean, shallow cuts with straight edges that have stopped bleeding.

**NOT FOR:** Deep wounds, jagged edges, joints, actively bleeding, or contaminated wounds.

## 1. STOP BLEEDING

Apply direct pressure with clean gauze until bleeding stops completely (at least 5 min).



## 2. CLEAN & DRY

Clean wound with saline or water. Pat surrounding skin completely dry. Strips won't stick to wet skin.



## 3. APPLY BENZOIN (IF AVAILABLE)

Apply skin prep to skin on BOTH sides of wound (not inside wound). Let dry until tacky.



## 4. PLACE FIRST STRIP

Stick one end ¼" from wound edge. Gently push edges together, then secure other end.



## 5. ADD MORE STRIPS

Apply strips ACROSS the wound (perpendicular). Space ⅛" apart until wound is closed.



## 6. REINFORCE ENDS

Optional: Apply strips along wound edges (parallel) to hold down ends and prevent peeling.



### ✓ DO

- ✓ Ensure skin is completely DRY
- ✓ Apply strips ACROSS (perpendicular to) wound
- ✓ Gently approximate wound edges
- ✓ Keep dry for first 24-48 hours
- ✓ Let strips fall off naturally (5-10 days)
- ✓ Trim loose edges with scissors

### ✗ DON'T

- ✗ Apply to wet or oily skin
- ✗ Apply strips ALONG (parallel to) wound
- ✗ Pull edges tightly or overlap them
- ✗ Scrub or soak the strips
- ✗ Peel off strips early
- ✗ Wrap completely around fingers

**Signs of Infection:** Increasing redness, swelling, warmth, pus, red streaks, fever, or wound reopening → Seek medical care

Questions?  
Call OptiCare Connect



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