

## HOW TO STIR UP THE GIFT



Using everyday objects as a trigger to ask God what He may be saying

> STARTER WORKSHOP QUICK GUIDE

> > **SESSION 3**

## LOOK

Literally, what is the object? What is it used for? What makes it unique? What colours does it have?

#### **WHAT IS IT?**





#### IT

Hold the object, (if you can). How does it feel? How heavy is it? Any other thoughts about it? Anything unusual?

### **TURN**

Turn it around, even upside down, look at it from different perspectives. Do you notice anything more? Any details you missed?

### **IT AROUND**



# CRAFT



### **THOUGHTS**

Be still, draw your thoughts together.
Write them down.
Think about how to use them to encourage someone