

Behavioral Observation Checklist

Individual's Name:

Observer's Name:

Relationship to Individual:

Observation Date:

Please mark the frequency that the following behaviors are displayed:

Restlessness	Almost Never	Occasionally	Frequently
Fidgets in the seat or during standing	☐	☐	☐
Shows constant, unnecessary movement	☐	☐	☐
Finds it hard to stay in one place for an extended period	☐	☐	☐
Exhibits excessive verbal outbursts or interruptions	☐	☐	☐
Engages in repetitive habits (e.g., nail-biting, tapping)	☐	☐	☐

Withdrawal	Almost Never	Occasionally	Frequently
Appears disinterested or disengaged	☐	☐	☐
Often seems unhappy or despondent	☐	☐	☐
Shows a tendency to daydream	☐	☐	☐
Is hesitant to ask for assistance or clarify doubts	☐	☐	☐
Avoids drawing attention or participating in group activities	☐	☐	☐

Concentration Challenges	Almost Never	Occasionally	Frequently
Struggles to maintain focus on tasks or conversations	☐	☐	☐
Ignores or misses visual cues or signals	☐	☐	☐
Often leaves lessons or activities incomplete	☐	☐	☐
Gets easily distracted by external stimuli	☐	☐	☐

Aggressive Tendencies	Almost Never	Occasionally	Frequently
Exhibits physical aggression (e.g., shoving, hitting)	☐	☐	☐
Engages in verbal altercations	☐	☐	☐
Displays possession-related behaviors (e.g., snatching)	☐	☐	☐
Shows impatience or frustration when faced with challenges	☐	☐	☐
Challenges or defies authoritative requests	☐	☐	☐

Disruptive Patterns	Almost Never	Occasionally	Frequently
Seeks excessive attention or validation	☐	☐	☐
Disregards set boundaries or rules	☐	☐	☐
Causes interruptions or disturbances in group settings	☐	☐	☐

Presents erratic or unpredictable stories or narratives	☐	☐	☐
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Cooperation Issues	Almost Never	Occasionally	Frequently
Often places blame on external factors or others	☐	☐	☐
Shows resistance to established routines or schedules	☐	☐	☐
Motivated primarily by external consequences	☐	☐	☐
Displays a persistent need for validation or reassurance	☐	☐	☐

Manipulative Indicators	Almost Never	Occasionally	Frequently
Exhibits avoidance behaviors (e.g., unnecessary breaks)	☐	☐	☐
Places blame on external factors for mistakes or challenges	☐	☐	☐
Exhibits self-deprecating behaviors for attention	☐	☐	☐
Frequently diverges from the topic at hand	☐	☐	☐

Social Interaction Concerns	Almost Never	Occasionally	Frequently
Comments on feeling isolated or excluded	☐	☐	☐
Seems to struggle with establishing peer relationships	☐	☐	☐
Shows reluctance in group or social activities	☐	☐	☐

Fails to initiate or engage in group discussions	☐	☐	☐
Demonstrates behaviors deemed inappropriate in public settings	☐	☐	☐

Positive Behavioral Traits Observed:

Additional Observations or Comments: