

Low Blood Sugar Levels Chart

Patient Name: Date:

Blood Sugar Measurement	Result (mg/dL)	Interpretation
Fasting		☐ Within Target Range (70-99) ☐ Below Target Range (<70)
Before Meals		☐ Below Target Range (<70)
2 Hours After Meals		☐ Within Target Range (70-140) ☐ Below Target Range (<70)
Bedtime		☐ Within Target Range (70-130) ☐ Below Target Range (<70)

Symptoms

- ☐ Shakiness
- ☐ Sweating
- ☐ Dizziness
- ☐ Confusion
- ☐ Weakness
- ☐ Rapid Heartbeat
- ☐ Blurred Vision
- ☐ Irritability
- ☐ Others (specify): _____

Action Plan

Notes and Recommendations: