

Guiding Someone as They Explore Their Story

Who Am I?

This is one of the most important questions we can ask, but it is also one of the most important questions we can help others discover for themselves. As a **guide**, helping someone take the next step in discovering their identity in Christ is a beautiful privilege.

We hear a lot about identity in our world today. However, people have always sought meaning and truth by placing their identity in something greater than themselves. One of the most common ways we see this is when people identify themselves by what they do rather than who they are in Christ. When we place our identity in anything other than Christ, our lives become disordered and confusing.

The Intersection of the Gospel Story and Our Lives

As a guide, you can help someone discover and live from their identity in Christ. Here are a few questions to help another person discern how the gospel story is intersecting with someone's life:

- When did you first encounter the message of the gospel?
- How did your understanding of God change after hearing the gospel?
- What was happening in your life when you decided to follow Jesus?
- What specific circumstances led you to put your trust in Christ?
- Can you describe the moment or season when the gospel became real to you?
- How has your life changed since coming to faith in Jesus?
- In what ways are you living out of your new identity or purpose?
- In what ways are you living out of your old identity?
- Is there a "version" of yourself you seek to display to the world?
- How is the Spirit working in your life currently?
- What does abiding in Christ look like to you? And what gets in the way of abiding in Christ?

These questions should arise organically and in the course of a conversation. From there, the Spirit can help you as you navigate future conversations and interactions. This is just the beginning. It is always a privilege to journey with someone else, so be prayerful, intentional, and patient. The Lord leads you as you guide another, and that is a rich blessing.

Further Resources

If you are looking for some more information, [here](#) is helpful teaching from Brody Jespersion on the three aspects of gospel identity: Broken, Loved, Redeemed.

We would love to talk more with you about this. Please reach out at info@newcity.us, and we can set up a time to meet!