## Autumn 1 – All About Me MTP

## Key Question – What makes me, me?

## Completing the Reception Baseline Assessment (RBA) throughout the half term

NB: These themes may be adapted at any point to allow children's interests to flow through the provision

Theme	Week 1 (Training days, home visits and staggered starts) & Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
	Starting School, Making Friends and School Routines and rules	Families	Families	Likes and Dislikes	Dealing with Emotions	Health Week - healthy eating, exercise and teeth (Maybe start Nativity/Christmas Performance Practice)
Key Texts Focus F1	Reading stories to settle in - stories about school PSED stories about sharing, manners etc	Hug by Jez Alborough	Hug by Jez Alborough	The Way I feel by Janan Cain	The Way I feel by Janan Cain	Get up and Go by Nancy Carlson
Key texts Focus F2	Reading stories to settle in - stories about	Monkey Puzzle	Monkey Puzzle	Colour Monster	Colour Monster	How to Brush Your Teeth
T4W	school  Harry and the	Imitate	Innovate	Imitate	Innovate	Imitate/Innovate
	dinosaurs go to school  The Worrysaurus	Story	Story	Non-Fiction - Explanation (Expressing Emotions)	Non-Fiction - Explanation (Expressing Emotions)	Instructions
	When a dragon goes to school					
Knowled ge	Children will know that  • When we are	Children will know that:  • What is a	Children will know that:  • Exploring our	Children will know that:  • All people	Children will know that:  • It is normal to feel different	Children will know that:  • Exercise is good for your health and be able
(What do we want the children	at school we follow the class and school rules.	family  Our families  are all  different	senses  Some animals look like their	enjoy different things.  They are able to express	emotions  They can use different strategies to help them	to give 3 examples of exercise.  • We need to brush our teeth twice a day for 2 minutes.

to retain? Key	We use HALLS and STARS to remind us how to behave in school.  HALLS, STARS, good	family, mum, dad,	parents, some don't sense, taste, feel,	their opinions (likes/dislikes) opinions, likes, dislikes,	control their emotions (zones of regulations)	<ul> <li>Some foods are healthy and should be eaten regularly</li> <li>Some foods are unhealthy and we have them as a treat</li> <li>health, exercise, sport, muscles,</li> </ul>				
Vocabula ry	listening, routine, rules,	brother, sister, sibling, children, similar, different,	touch, smell, sight, vision, hearing, texture	favourites, because,	anxious, scared, nervous, jealous, disappointed, overwhelmed, express, regulate, calm.	stretch, strong, dentist, dental, toothpaste, toothbrush, floss, fruit, vegetables, carbohydrates, protein.				
Links to the wider EYFS Curriculu m	C&L PSED Understanding the World - People, Culture and Communities	C&L PSED Understanding the World - People, Culture and Communities	C&L PSED Understanding the World - People, Culture and Communities	Understanding the World - People, Culture and Communities C&L PSED	PSED - Self regulation EAD - colour mixing	Maths - timing brushing our teeth with timers.  PSED - managing self				
Possible Experien ces	Photography - First day at school pictures	Sending in family pictures on Dojo	Feely bag activities Role play - home corner	Tasting/preparing different foods	Colour mixing Making colour monster puppets	Dentist/Doctors Role Play Role play leading a PE lesson/setting up their own games Preparing healthy snacks				
End of unit writing assessm ent for F2	- Draw their family and label it - Pick/draw pictures of their favourites e.g. food or hobbies and label them									
Other books to support learning	Big Book of Families Puppy Learns to say Please Bear learns to Share									